

CHATS WITH YOUNG MEN

"YE HAVE DONE IT UNTO ME"

It was only a hearty handclasp, But it gripped the soul of a man With the courage for fresh endeavor...

It was only a smile in passing, But it flooded a gloomy heart With the sunshine of hope for the future...

It was only a cup of cold water Held aloft that were parched with pain, But by means of that Christlike service...

"It was only" we say, forgetting, That high in the courts above The friendly word and the cooling draft...

"Father," said a convert, "do you know that I and my family are Catholic because once I met a manly Catholic?"

"He smiled at me good-naturedly and that was all. I heard him slip quietly to Mass, and instead of enjoying an hour and a half of extra sleep..."

"Behold the Heart which so loved men," He said to the saint whom He had chosen as the Apostle of the Devotion to the Sacred Heart...

"To put me at my ease, he told me that he himself didn't believe in a God, but did believe in religion as a substitute!"

"I had brought with me a singer to make things more attractive, and all the patients listened with attention while she rendered Catholic hymns..."

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at all times that there are greater things in life than the material.—The Echo.

READ THIS FREQUENTLY

The following paradoxes will serve to reassure those who complain that their prayers are never answered.

He asked for health that he might achieve; God made him weak that he might obey.

He asked for riches that he might be happy; God gave him poverty that he might be wise.

He asked for strength that he might do greater things; God gave him infirmity that he might do better things.

He asked for power that he might have the praise of men; God sent him weakness that he might feel the need of God.

He asked for all things that he might enjoy life; God gave him life eternal that he might enjoy all things.

He received nothing that he asked for; Yet much more than he hoped for.

His prayers were answered, he was most blessed.

People who are suffering from constipation, biliousness or sick headache are sometimes at a loss to know what remedy to take to correct these ailments.

Mr. Arthur Couzens of Smith Township, Ont., said that he tried several doctors and various remedies but got no relief until he was advised by a friend to take Dr. Norvall's Stomach and Tonic Tablets.

Mr. H. V. Mercer, Druggist of Lindsay, Ont., recommends Dr. Norvall's Stomach and Tonic Tablets because he considers he owes it to the public to recommend what will give the best results.

THE ARAB PROTEST The Arabs of Palestine have been bitterly opposed to this National Home policy saying that it reduces them to the position of mere lodgers in their own home.

take a special delight in spreading abundantly the influence of Its Divine love on all who render this honor or who labor to have it honored.

This is the reason why the Feast of the Sacred Heart is today honored with such fervent devotion throughout the world.

The Feast of the Sacred Heart therefore on June 19, will take on added significance and increased fervor from the happy anniversary that it commemorates.

MAKE SURE YOU GET THE RIGHT MEDICINE People who are suffering from constipation, biliousness or sick headache are sometimes at a loss to know what remedy to take to correct these ailments.

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IT'S THE MASS THAT MATTERS I used to say Mass for a little crowd in a railroad town. Where, of all places, was my sanctuary located?

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Always Buy "SALADA" GREEN TEA

The little leaves and tips from high mountain tea gardens, that are used in SALADA are much finer in flavor than any Gunpowder or Japan. Try it.

I never had a chance to say Mass there again, but it has been repeated every month since.

The doctor died years after. I was told the little Mass book was found under his pillow after his death.

ZIONIST MOVEMENT ITS TROUBLES AND DIFFICULTIES

By Dr. Alexander Mombelli Jerusalem Correspondent, N. C. W. U. News Service

Jerusalem.—The opening of the new Hebrew University on Mount Scopus here; the presence of the Earl of Balfour, author of the famous "Balfour Declaration" and the impending departure of Sir Herbert Samuel, British High Commissioner, have served to focus attention upon the real status of the Zionist movement and organization in Palestine.

It will be recalled that the original "Balfour Declaration" was contained in a letter written by the then Foreign Minister of England to Lord Rothschild in November, 1917, in which it was said that:

"His Majesty's Government view with favor the establishment in Palestine of a National Home for the Jewish people, and will use their best endeavors to facilitate the achievement of this object, it being clearly understood that nothing shall be done which may prejudice the civil and religious rights of existing non-Jewish communities in Palestine or the rights and political status enjoyed by Jews in any other country."

THE ARAB PROTEST The Arabs of Palestine have been bitterly opposed to this National Home policy saying that it reduces them to the position of mere lodgers in their own home.

They say bluntly that under the British Commissionariat they have been sold by the Mandatory Power to the Zionists.

It is the contention of the Arabs that the British Mandate for Palestine is being so administered that all non-Jewish elements will ultimately be eliminated notwithstanding the pledges contained in the "Balfour Declaration."

ARABS ARE DIVIDED; JEWS ALSO A serious obstacle in the way of the Arab efforts to combat Zionist activities here is the discord which divides their own ranks.

At present they are split up into the Moslem-Christian Association, the Arab National Party, and the Peasant Party.

What effect Zionist dominance will have on the religious life of Palestine is a matter for conjecture. There is a disposition on the part of some of the Orthodox Jews to regard Zionism as tainted with atheism and Rationalism.

College Days Ahead A GOOD education is becoming more and more necessary to success in life. Provide by will for the education of your children...

ITCHY RASH IN SPOTS ON HANDS Could Not Put Hands In Water, Cuticura Heals. "A red rash broke out in spots on my hands. I did not pay much attention to it at first, but later the eruptions grew larger and caused so much itching and burning that I could not put my hands in water..."

FRENCH ORGANDIE Writing Paper Don't forget to write Absence makes the heart grow fonder—when you write.

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