#### CHATS WITH YOUNG MEN

KEEP OUT OF RUTS

We hear a great deal about the dis-advantage of falling into a rut. We are told that in order to keep up our interest in a study or to carry forward interest in a study or to carry forward an enterprise vigorously we must constantly make an endeavor to secure variety. To fall into a jog trot on the road, doing the same thing in the same way, day in and day out, is supposed to be most unfortunate, and we are warned against it as if routine in itself were fatal to advancement.

Yet there is something to be said in favor of a rut.

Yet there is something to be said in favor of a rut.

Not long ago a thoughtful teacher was discussing the talents and attainments of several lads in her class. "Richard," she said, "has remarkable facility. He learns with the repidity of a bird on the wing, but the treuble is that he does not stay in one place long enough to retain much of what he acquires. He has no concentration. He is continually in search of a new impression. Harold, who is his opposite in temperament, marches steadily along and loses nothing that he has once gained. With him habits of accuracy and attention have become established. By and by Harold will surpass Richard. It will be as if a freight train were attached to an express when Harold is ready for action, but he will go forward by straight lines and according to a

by straight lines and according to a right of way."

Habits either good or bad are said to become ruts in the brain by imperceptible degrees. The formation of a bad habit is therefore to be dreaded, because there is something deeply fixed and permanent about a rut once made. We may as well be warned on this score, if we letting ourselves drop into a habit, of fooliah self-indulgence, of using language of which we are ashamed, or of neglecting plain duties. Ruts of this kind are clearly out of the question if we would lead honorable lives.

lives.

The advantage of the rut is perhaps best shown by illustration. Observe the plowman who crosses the field with a deep, straight furrow. Watch the engineer who never takes a needless risk on the road, but with eye and hand directing and controlling his marvelous machine carries passengers safely in the same way over the same course year after year. There may be monotony in a rut, but there is sometimes safety.

#### POWDER - MILL PIETY

There is an old sdage to the effect that "he who works in a powder-mill should be pious." The thought behind this semi-facetious counsel is that one

this semi-facetious counsel is that one who is in hourly danger of being translated to the other world should be on good terms with his Maker.

Many a man displays a faith of this powder-mill variety. In positions of extreme difficulty or danger he becomes conscious, apparently for the first time, that there is a God. When he is desperately sick, or his ship is sinking, he calls on the Almighty for help. When the steamship "Spree" broke her shaft in mid-ocean, practically the whole ship's company, including the most frivolous, fell to praying. Before some of the battles of the Civil War, whole regiments were as monster prayer whole regiments were as monster prayer meetings. We feel, and rightly, that God is our help in our direct extrem-ities. He is a "very present help in trouble." He loves to save us out of

But it is the part of cowardice to acknowledge Him only in the hours of darkness and terror. The Almighty is not to be regarded merely as a court of last appeal. Religion is not a sort of safety appliance to be used only in case of danger. Rather, we who know not what the most sheltered hour may bring

beautiful morning. It seemed glorious to live. I made up my mind to leave a cheerful greeting with each man I met. The following was my experi-

A man of wealth was coming out of his fine residence. I called out to

He replied:

He replied:

"Yes, pretty fair, but yesterday was a horrible day."

The next greeting was to a man sitting on his veranda taking his morning smoke. He was a man of assured income, fine home, and every advantage of life. I greated him with much the same words, calling attention to the splendid morning.

"Yes, pretty good, but it is a weather breeder; we will not have good weather very long."

The next one I saluted was a gentleman walking along the street taking a leisurely smoke.

"What a splendid morning," I said as we passed.

"What a splendid morning," I said as we passed.

He removed his pipe from his mouth, and stared me out of countenance without a word of response. We had not met in our "swallowtails" at some social function, and I therefore had no right to remark upon the beauty of the weather to him.

Soon there came into my view a working man. He was perhaps fifty-five years old, bent wrinkled, worn with the hard toil of a lifetime. He looked just a little hungry as he approached me. I risked the morning greeting, however, saying to him: ever, saying to him:

"What a beautiful morning we

"Sure, sir," he said, "It is a beautiful

"Sure, sir," he said, "It is a beautiful morning. I have been thanking God ever since I left home at the beautiful day He is givin' us."

Which life was valuable? Which life was honest? Which life was Christian? And so I say, the subjective and not objective, largely determines the value of life. If hardships and privations and primaryus trails come to one. value of life. It hardships and priva-tions and numerous trails come to one, there are also the sunshine and the bright sky and the hills and tossing waters which may bring cheer and satis-faction.—Catholic Sun.

#### A BLIND SENATOR

When a young man has won for him-self high political honor we applaud, him, but when he has done the same thing in spite of serious physical handi-caps we more than admire, we are in-spired by him. For this reason it is a remarkable thing that the youngest man in the United States Senate, Sena-tor Gore of Orlahoma, has been blind

The misfortune which condemi The misfortune which condemned him to walk forever in darkness did not break his courage. He went right on with his school work, getting friends to read his lessons to him, and grasping them with his alert mind in a single reading. The manly spirit that neither refuses to take the aid it requires nor yet makes weak demands for a sentimental nity cannot he too greatly adyet makes weak demands for a sentimental pity cannot be too greatly admired. For every step of his advance
he has had to depend on his friends,
latterly on his wife, for the loan of
eyes. Yet he never obtrudes his misfortune. "Glad to see you," is his invariable greeting to friends and strangers, as if the sight of them were his.
"Glad to see you!" How often we use
the expression carelessly when we have
felt nothing but the most languld interest in meeting a casual acquaintance. terest in meeting a casual acquain Suppose the next time we say it we think of the darkness in which the blind must live. Perhaps then we may get keen enjoyment out of the ability to see even the most common-place and uninteresting face.

# HOW TO BE POPULAR

what the most sheltered hour may bring forth, are called into hourly companionship with the great Friend whose power and whose love are allike perfect.

A YOUTH'S GOOD MORNING

I started out the other morning to walk about a mile to the street car by which I come to my duties. It was a

Is Your Purse Full?

YOUR farm is the purse from which you take the necessities and luxuries of life. What provision are you making to keep your purse full—to insure a constant supply of food, clothing, heat, light, protection, and worldly wealth?

tection, and worldly wealth?

No purse can stand a steady drain—no soil can produce constant yearly crops—without an adequate income. The purse must be supplied with money, the soil with plant food. It is easier, and far cheaper, to maintain a fertile condition of the soil than it is to build it up after it is once exhausted. Be wise—begin now to use faithfully an

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things which repel others and which in-evitably tend to make us unpopular.

We have to take infinite pains to succeed in our vocations or any ac-complishment worth while, and should we expect to gain the air of arts, the

charm of personality, the power to please, to attract, to interest, without making great efforts? Selfahness in all its forms is always and everywhere despised. No one likes a person who is bound up in himself, who is constantly thinking how he can advance his own interests and promoted

his own comfort.

The secret of popularity is to make everybody you meet feel that you are especially interested in him. If you really feel kindly towards others, if you sincerely wish to please, you will have no difficulty in doing so. But if you are co d indifferent, retiring, silent, selfish; if you are all wrapped up in yourself and think only of what may advance your own interests or increase your own comfort, you never can become popular.—Catholic Columbian. his own comfort.

# OUR BOYS AND GIRLS

TO YOUR GUARDIAN ANGEL Boys and girls who may fancy them-selves too grown-up to repeat the "Dear Angel" prayer of their early childhood should know that the greatest men of our faith are as little children in their devotion to the invisible Guardian Angel. Father Russell, now past seventy-five years of age, thus addresses his lifelong comrade:

Still with me, still with me, my Guard ian more, dear! But oh! I have wearied your patience

I fear.
You have watched over me since my
first feeble breath,
You will watch till mine eyes close for-

ever in death.
But your care and your peril must now soon be past; near is the day God has fixed as

my last?
Be with me, be with me, dear Angel,
till then—
And oh! how I'll thank you in heaven.

THE POTENCY OF KINDNESS OR THE BOY APOSTLE

THE BOY APOSTLE

There was intense excitement in the sleepy Southern town. The whole population was filled with ill-suppressed anger. Crowds of men and boys thronged the streets, particularly around the court house and jail.

Women gathered in groups on their verandas and in the shops to discuss the fearful crime that had been committed in their midst. It was a brotal murder, and the murderer was a negro. Only strict surveillance kept the poor wretch from being dragged from custody and hanged to the nearest tree.

hanged to the nearest tree.

The murdered man was his master The murdered man was his master. What matter if the slayer was gooded to madness by cruel treatment and insulting words! Was he not a despised negro? The murder was committed in a moment of frenzy and there was no defense. The conviction of the poor wrotch was a foregone conclusion. wretch was a foregone conclusion.

The learned court made haste to have

the trial, and the jury to a man pro-nounced the fatal word, "Guilty." Public opinion was satisfied, and the excitement cooled down.

In his death cell the slayer sat alone

with a terrible fear of death and the world beyond the death chair.

They asked him did he want religious aid. No! He never knew religious him the terrible feature in him the him the terrible feature in him the him

aid. No! He never knew religion in life; it was an unknown factor in his thoughts, and as he sat and brooded with sullen brow and muttered oath, in the dark and in the light of the few ity, people came and looked curiously into the barred window of his little

cell. But no one pitted him.

Among the throng that passed through the jall were two lads, who, like small boys, were curious to see a condemned man before execution. One of them heartlessly called him to the window, and the poor wretch came.

immediately a spirit of wicked unkind-ness prompted the lad to call at him: "You scoundrel! You murderer! The country does well to turn you over to the gallows!"

The negro, who expected a kind word, turned away with a bitter oath on his line. "Shame on you, Tom!" said the other

Use your I H C spreader to distribute stable manure and saturated bedding while it is still fresh. Spread in light coats so that the plant food elements of the manure may combine quickly and thoroughly with the soil and become available for the use of growing plants. Spread quick-decaying straw to increase the moisture holding capacity of the soil.

If you would have the spreading well done, do it with an I H C manure spreader. Make the quantity of manure usually spread by the fork do twice the amount of good by distributing it properly with an I H C spreader, leaving the ground more evenly fertilized. The driving mechanism of the I H C spreader is strong and thoroughly protected. The aprons, both endless and return, run onlarge rollers. The feed is positive. The manure is spread evenly, light or heavy as may be necessary, the quantity spread never changing until the feed is changed.

See the I H C local agent and have him show you the spreader best suited to your needs. Get catalogues and full information from him, or write the nearest branch house.

CANADIAN BRANCH HOUSES:

nodded approvingly, and the boy disappeared.

This was a Catholic lad of fourteen, whose faith commanded him to be charitable to the unfortunate and treat his neighbor with consideration. His Catholic faith taught him also that this black man had an immortal soul that could be made as white as snow if he repented of his sins and became reconciled with God. The kind words he uttered brought God's grace, and the boy determined he would go on the morrow and see if he could do something towards saving that negro's soul.

He said nothing at home, but his promise never left his mind. At the hour appointed he went alone to the jail to keep his word. As he passed the guard, the man said to him:

"I'm glad you came; that nigger has



More For Your Money

By Rev. Vincent M'Nabb, O. P.

being welcomed once more to home by the fair and beloved Mother of men.

I knelt down for Compline in the stern grey church of the Trappist monks. Everything I could see within

monks. Everything I could see within its walls was a vio ent anathems to all that Nature was weaving, and singing as she weaved, outside the walls.

The monks began their office deliberately in deep, long-drawn notes like a measured scourging or crucifixion of song. The brown habits of the laybethren and even the white woollen cowls of the choir monks were more like shrouds of the dead than garments

of the living. Through the narrow lancet widows light filtered through apologetically, as Saul came amongst

the prophets.

Over the high alter of painful sombre-

gged" in the travail-heats of dy

alone could their dark green leaves and

darker red be seen against the almost ebony panelling of the reredos.

The white figure of the Dying One

was no relief to my eye or heart. It was but a burden added to the death-like

flower.

ombreness of stone and wood and

Suddenly, with no inward eye but with this dear eye of flesh, I caught sight of a little shrine which the stern monks had fashioned as a May offering to the Maiden Mother of God. They

deep waves of green. From this splendid illumination of colour the statue of the gentle Maiden seemed to sour heavenwards as a white bird, engirdled gally with a wind-caught belt of blue.

The solemn plain-song had come to

The solemn plain-song had come to rest in deep-tones that echoed like

the condemned man. The negro lett on his knees before him.

"Young massa," he sobbed. "I'se goin' for to die, and I'se a posh black nigger wid murder on my soul. Dey want me to git religion, but I doan' see dat any 'ligion counts dat ain't got no kindness is it. You took up fosh me 'gainst dat gemplin dat cum 'long wid you, an' you said dat de Loard would take my part, an' all night I bin thinkin' dat your 'ligion must be de kurrect one, for you gib me comfort. If I die in any 'ligion, it's yours, young massa; so gib me you'rn way ob thinkin', an' maybe I'll see de Loard!"

The boy feit his heart swell with

me you'rn way ob thinkin', an' maybe
I'll see de Loard!"

The boy feit his heart swell with
pity. He determined to save the poor
fellow. He made him sit down on his
poor bed and gave him the fundamentals
of faith, in the words of the cateohism.
He taught him one or two little aspirations, and finally told him he would
bring him his pastor if he desired it.
The negro was all anxiety to follow the
boy's instructions, and sent for the
warden, who promised the priest should
come. The lad departed and went immediately to his pastor, who listened in
astonishment. A formal request soon
came for his presence in the jail. He
went accompanied by the lad, who became the idol of the negro's heart, who came for his presence in the last. He went accompanied by the lad, who became the idol of the negro's heart, who looked upon him with the blind adoration of his race. The priest found his sincerity was not to be doubted. He instructed him for baptism and taught him the faith. The fellow had been sulky, untractable, dangerous; now he became gentle, resigned and penitent. The lad was his sponsor, in baptism, and before his execution had the satisfacbefore his execution had the satisfac-tion of seeing him make his First Com-munion. Every day he spent an hour with him, and on the eve of the fatal day stayed as long as was per citted.

day stayed as long as was per citted.

At the last moment the negro held the boy's hands close in his, and in a choking voice said: "Goodby, young massa: you have opened de doosh ob hebben to dis posh nigger. When he is a white angel befosh de Loard, he will match her young footstons and you will watch ober youah footsteps and you will hab luck and the Loard's blessing therebber you go. Let me hold dese hands tight in mine foah just a minute, an' den nobedy else shall touch dem. Goodby!"

The black, blood-stained hands held the boy's tightly. The lad could not

The black, blood-stained hands held the boy's tightly. The lad could not speak, but his face told all the poor fellow wanted of sympathy and kindness and pity. The boy left hurriedly. When all was over they told him that the Negro went to his doom with clasped hands and praying audibly. He refused, gently, to shake hands with any one, saying, "My young massa must be the last! His white hands kept me from destruction, an' I'se goin' to take from destruction, an' I'se goin' to take his shake-hands to the Loard!"

And so he died, paying the awful penalty of his crime on the gallows, humbly reconciled to God, deeply peni-

tent.

The lad still lives, a man deeply imbued with the spirit of faith, and he tells his own boys now what a privilege it was to help one immortal soul.

ness hung a white ivory figure of the Crucified outstretched, bowed, and, to use the word of Juliana of Norwich, How many souls might be won if the houghtless cruelty of unkindness were eliminated from our lives! — Rev. Richard W. Alexander in Catholic Standard and Times. A few deep red peonies were the only flowers on the altar. On second looks

#### "GOOD-NIGHT" There is a tender sweetness about

some of our common phrases of affectionate greeting, simple and unobstrusive as they are, which falls like dew upon the heart. Good night! The little some of our common phrases of affectionate lips.

"Shame on you, Tom!" said the other lad. "How dare you talk that way to a poor condemzed fellow! Watch out that the Lord doesn't take his part, since nobody else does."

"Pshaw!" said the first boy; "he deserves his fate. I have no pity for him, the black devil!"

"Stop!" said his companion. "We didn't come here to act the judge. He has my deepest pity." And calling to the poor black wretch, he said some kindly words.

The darkey's eyes filled with tears.

"Young massa," he whispered, "if you done cum heah by yourself, I'se got sumpin' to ast you. Kin you cum tomorrer—all alone?"

"Sure!" whispered the boy, somewhat startled, as he made off down the corridor after his companion, who had turned disgustedly away.

The guard who was standing by, and who had heard the whole conversation, nodded approvingly, and the boy disappeared.

This was a Catholic lad of fourteen, whose faith commanded him to be charitable to the unfortunate and treat his neighbor with consideration. His Catholic faith taught him also that this black man had an immortal soul that could be made as white as snow if he repented of his sins and became reconciled with God. The kind words he

to the Maiden Mother of God. They had reared it against one of the heavy, uncarved stone pillars of the nave. To hide the bareness and sterntess of the axe-hewn stone they had fastened a banner behind the statue. All around the delicate feet of the statue the monks had set their brightest hot-house flowers; a sea of pink, scarlet and her own maiden blue breaking everywhere into a brilliant fosm of colour against deep waves of green. From this splen-

# To Make America Catholic

The Guardians of Bigotry are raising a great clamor over the enthusiastic words of Archbishop Ireland that we must make America Catholic. They represent us as plotting to destroy the republic, as forming military organiza-tions, as drilling by night, as intending to slay our Protestant neighbors, etc.,

man said to him:

"I'm glad you came; that nigger has been raving about you ever since yesterday. Took a wonderful fancy to you. You are the first one he's ever talked about !"

They opened the cell door, and the boy, with certain tremors easily socounted for, found himself alone with

voices from a tomb. There was a swift, tense moment of silence. Tapers white and slender were lighted amidst the sea of leaf and flower at the Lady's feet. Two monks moved from their stalls with deep curtsey to the Maid, and began that masterpiece of joy, the "Litany of Loretto," in a swift, mirthful chant. The bearded monks in their stalls knelt as a regiment reviewed by

their Queen, and gave back verse for verse.

Suddenly my eyes and heart were opened. It was not a choir of the Church's sternest monks I saw. It was a troop of children welcoming a beloved mother home again, crowding round her, clinging to her garments, and saying again and again those childlike nothings that are everything to those that love and are beloved.

The white figure of the young Maiden Mother with upcast eyes seemed to be conscious that some new lightsomeness had been sent of God into the chastened and regged hearts of these veterans in the choir-stalls. Upon the altar still shone the agonising white of the Cruci-fied with head bowed and body sagging, colourless, livid, and alone. — London Tablet.

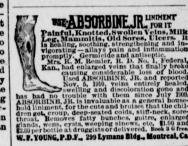
The heart of the people at large is still old-fashioned in its adherence t still old-fashioned in its adherence to the idea that every man is responsible to a higher moral and spiritual power—that duty is more than pleasure—that life cannot be translated in terms of the five senses, and that the attempt to do so lowers and degrades the man who makes it—that religion alone can give an adequate interpretation of life and that morality alone can make it worthy of respect and admiration. This is the characteristic American way of looking at the complicated and interested business of living which we men and women have upon our hands.—Henry Van Dyke. Kellogg's Toasted Corn Flakes costs n more than ordinary cereals, yet there is a big difference in the quality and flavor. Order Kellogg's now. SEEN IN THE HILL COUNTRY

Among the poor most of what is called class hatred arises from ignorance on both sides, from loosely-held tradition,



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# Better Dinners

"Is dinner ready, Mary?"

"Yes, Madam-it is ready, and, I think, a great success."

"Your cooking is improving."

"Well perhaps it is, and I hope so, but really, Mrs. Housewife, I think our new Gurney-Oxford is partly responsible for the success I have had lately. I was never able to cook roasts and fowl so well on our old stove, and as for bread and biscuits, I used to tremble when I went to take them from the oven-they were so often soggy and heavy. Now they are always light and beautifully brown, and, if I do say it myself, something to be proud of."

"That's true, Mary, my husband has said almost the same thing. I'm awfully glad you approve of my choice of a Gurney-Oxford. He approves because of the saving in coal since we got it, also because of the better meals he is getting."

"Indeed he's right, Madam—and it requires so little attention."

"That's fine, Mary. Will you serve dinner in a few minutes please."

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