receive Thy Sacred Body and Blood; and be Thou to us the Food of our souls, and make us to hunger and thirst more and more for thee, Who livest and reignest with the Father and the Holy Ghost, One God, world without end. Amen.

¶ Cultivate the spirit of loving fear, as the Service proceeds. Listen to

## THE INVITATION.

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

## THE GENERAL CONFESSION.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time,