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## Pandas smooth stroking meant swimming success

The U of A swimming Pandas swam to victory over their rivals in the CIAU Championships this past weekend in Sudbury, Ontario. They accumulated 248 points over the three day meet to outdistance the Toronto girls, the runner-up team, by 96 points. Coach Sandy Drever, who had predicted a win for her women before the meet, was exceptionally pleased to see them take first place by such a convincing margin.

The men did not fare quite so well as the women. They tied for third with the UBC men at 193 points. Toronto took the CIAU title with 440 points, followed by Waterloo with 218 points. U of A unfortunately lost 67 points due to a scratch by one swimmer. An archaic rule concerning such scratches robbed the men of points for that swimmer's performances and for the two relays he had previously swum. The rule was amended right after the meet, but too late for the Bears.

In the conferences, Ontario Athletic Union took first in both men's and women's with 902 and 571 points respectively. The Western Conference came second in both men's and women's competition with 505 and 430 points respectively.

U of A came second overall,

at the meet, with a combined point total of 441 to Toronto's 592. The award for the Outstanding Female Swimmer in the meet went to Janice Mattson of Acadia University. She took the first place in the 50, 100 and 200 freestyles in times of 25.75, 55.47, and 2:02.61. Her times were all near to the standing CIAU records; in the case of 100 free 0.37 seconds off the record held by Sandra Smith of Edmonton.

The Outstanding Male Swimmer was made as a joint award to Jim Adams of Toronto and to George Smith of UBC. Adams swam to a Canadian Record Time in the 50 free, clocking a 21.49. He also took the 100 free in a 46.81 (Canadian Record 46.2), and the 200 free 1:43.53 (Canadian Record 1:43.3). George Smith swam to CIAU records in the 200 I.M. and 400 I.M., and took first in the 100 fly. His record time of 1:59.28 in the 200 I.M. eclipsed Doug Jamison's (U of A) old record of 2:00.3. Jamison pushed Smith all the way in this race and clocked a 1:59.87. The 400 I.M. time of 4:16.77 downed Mike Morrow's (of Edmonton) record of 4:24.1 by 7 seconds. George still holds the Canadian Record at 4:11.7.

The Outstanding Female Diver Award went to Janet

Nutter of Manitoba, and the Outstanding Male Diver was Lester Mewby of Waterloo.

While the men might be disappointed with their point total, both the men and women were highly pleased with the quality of the meet, and many Personal Best Performances recorded by the swimmers. Outstanding among the women was Lynn Purdy, who came from the meet with two gold medals in 50 and 100 fly and a bronze handshake in the 200 I.M. (Possibly this lack of medals, ribbons and trophies for women will be rectified by next year). Her times were all personal bests, with her 50 and 100 fly just missing Sue Smith's records.

Karen Nelson was also a top performer with one first in the 400 Free and two seconds in the 400 I.M. and 200 I.M. Her time in the 400 Free was 4:16.24, a few seconds off Sandra Smith's CWUAA record of 4:12.7. Among the men, coach Larry Maloney felt that Doug Ross's performances were outstanding. Doug took 7th in the 1650 free by taking an amazing 47 seconds off his best time for a 17:59.50. He came tenth in the 200 Free in a personal best time of 1:52.28 and tenth in the 200 fly in another personal best of 2:08.89.

John Starratt swam personal bests in the 200 fly and the 200 free to take first in the fly with a 1:58.34 and seventh in the free at a 1:46.84. Although his 200 free time was second only to Jim Adams, John only made the consolation finals due to a slow swim in the heats. Next year we will be expecting CIAU record times from John.

Diving Coach Cathy Aitkens was happy with her divers' performances, especially that of Joan Strain. Cathy felt that Joan has been improving consistently throughout the year, and had a very good set of dives on the 3 meter board at this meet to capture 5th place. Cathy was happy with the diving meet in that it gave her divers a chance to see good competition and to be beaten soundly.

Finally a few words of thanks must be in order. Firstly a thank-you to Laurentian University for putting on a fine and enjoyable meet. Secondly to the coaches: Larry Maloney, Sandy Drever and Cathy Aitkens for putting up with our antics through the year. And last but not least to those two long suffering managers Sandra Smith and Mike Morrow, who managed to get us to where we were supposed to be with more success than conceivably possible.

## Ski Bears victorious

Last weekend saw the Alberta cross-country ski championships at Devon with the Bears capturing a first and 6th in Sr. B (Men's) and placing 8th and 10th in the tough Sr A competition over 15 km. In the Sr. Women's, Faye McLeod placed 7th over 7.5 km. The competition was very stiff against some national team members.

The team won the team title at the U of A Invitational; at the Banff Invitational. P. Klavor, Savage and Heron placed 1st, 2nd & 5th in Sr B competition over a tough and confusing 15 km. course.

It has been a successful season for the X-country team. Three members of the team (Savage, Klavora [coach-comptitor] and Heron) graduated from Sr B to Sr A competition through hard work and practice. Joyce Clarke

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