



What Soup Do You Like Best?

In the home any one good soup pleases the whole family. Clark's Concentrated Soups are family soups. Add hot water and you have an excellent soup, rightly seasoned and ready to serve.

Ask your grocer for

Clark's Chateau Brand

Wm. Clark - - Montreal
Manufacturer of High Grade Food Specialties



You Need This Book



AFTER you use it awhile, you'll wonder how you ever got along without it. Everything is so simple and clear and practical it's just like having some wise old cook at your elbow. And with so many dishes to choose from, both old and new, there's no need of cooking the same old things time after time.

Even if you have a fairly good one already, you need the Blue Ribbon Cook Book.

It is specially prepared for everyday use in Western homes and is practical and up-to-date. For instance, all ingredients are given by measure instead of weight, so you do not need scales.

Not a cheap advertising booklet, but a complete, reliable cook book, strongly bound, clean, white, washable oilcloth. And here's your chance to get it.

Send 75c. for Western Home Monthly for one year and we will send you a copy of Blue Ribbon Cook Book, FREE.

MONEY TO LOAN

On Improved Farm Lands in Manitoba, Saskatchewan and Alberta.

Sherwin & Vincent, Notaries Public and Estate Agents
317 Portage Avenue, Winnipeg

In the Alder Valley of British Columbia.

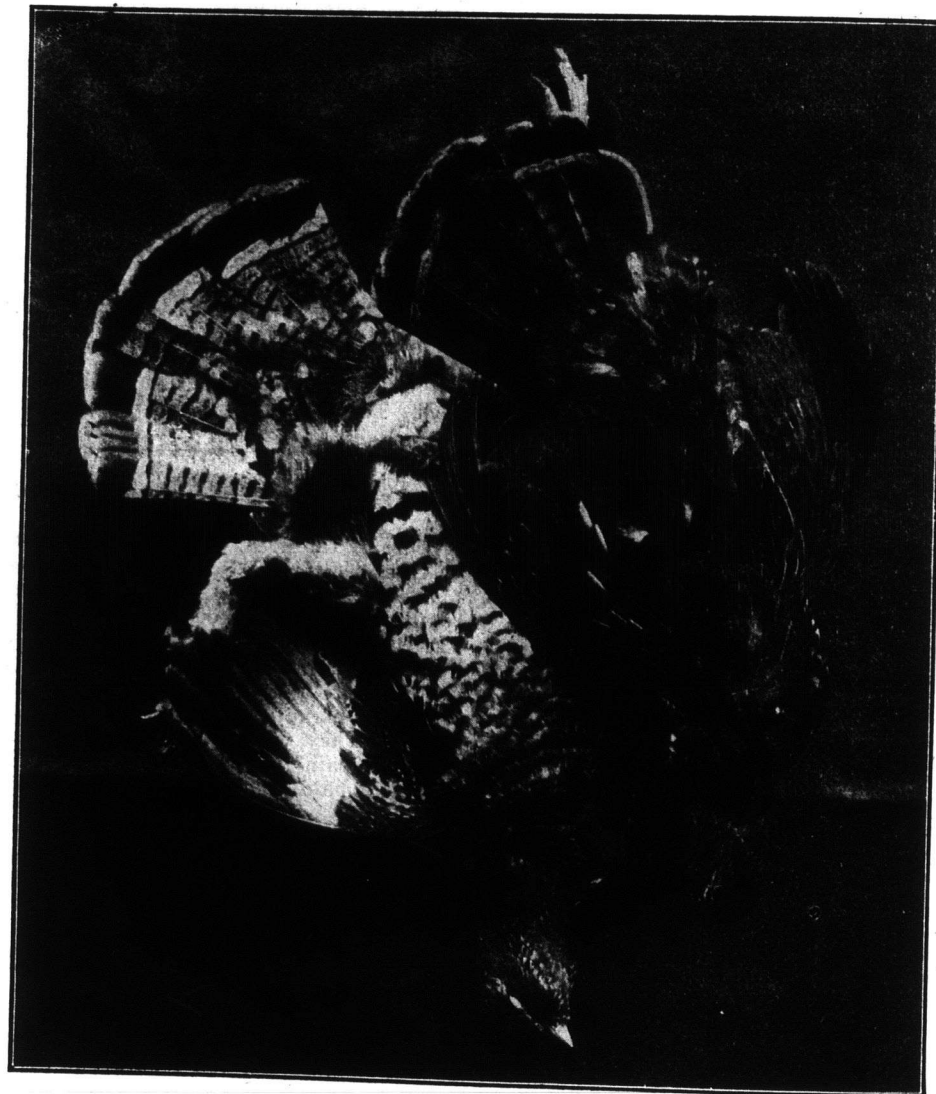
By Bonnycastle Dale.

It might be well to locate this huge hunting and shooting field of which I write. Especially in view of the fact that a prominent London daily in writing about the Canadians winning at Henley spoke of the Winnipeg team of Toronto—these two places lie further apart than do the ends of the British Isles. So you will have to cross over the entire continent of America, right though the Dominion of Canada with its nine great provinces, up over the huge backbone of the continent, the Rocky Mountains and adown the slopes and benchlands to this sea-girt shore of British Columbia, the furthest western bit of the Empire, fully six thousand miles from London—of this the Atlantic ocean that you cross figures out some three thousand miles.

Here you will find a climate something similar to that of the west coast of England. Eight months of extremely good weather, with a few fogs and rare showers and four months of the intermittent winter or wet season. Under these

exudes some four thousand eggs that she too in course of time may give back two fully grown salmon to take the place of herself and her mate that die in the act of spawning.

During all these ages before the white man set foot upon this coast it was inhabited for fully one thousand years, as the skulls of the natives found beneath the roots of the giant firs teach, by fishing and hunting tribes. These people lived by the chase, yet, when we arrived, all the fauna was well represented. They took to preserve their own lives. We kill from wanton love of slaughter. And it is very hard to eradicate this blood lust. Personally I have written praying for mercy for the creatures of the flood and field for years. Ever, as I grow older, I have used the camera more and more and the old favourite gun the less—yet I was out on a lonely spot not long since and the lad assisting me turned over a log and out ran a fine big male mink. Well! what did I do? Tell the lad to be merciful and



Ruffed Grouse.

genial skies Nature sends forth the best specimens of the fauna.

It is about a century ago that we white men entered into this island studded, mountain range covered land. We found the ruffed grouse and the blue grouse (*umbellus subini* and *Dengragapus obscurus*) in possession. All the lower valleys and benches held the former and the upper levels and valleys the latter. There is no doubt these excellent game birds were in quantities everywhere, as the "old folk," as they now call the ancient pure breeds took them with snares and arrows. One thing I must note here. Everywhere, wherever we have taken the lands of these widely different native races of this continent we have found the game birds and animals thriving. If you will closely study the acts of that genial old Dame Nature you will find that she allows ample room for fair killing and thinning out, both by man; he was seemingly not calculated for in this wonderful recreation, and by each and all others above. The nesting bird lays ten eggs that she may produce two that will give in process of time two fully grown adults to perpetuate the race. The salmon

not injure the sleek bounding creature. No! and again, No! I seized a stick and tried my hardest to kill the lithe furbearer and after I had, luckily, missed a crack at his head as he ran over a log at my feet, I sat down, remembered, was properly ashamed of myself and then told the lad "not to injure the sleek bounding creature"—a case of sour grapes and also showing how close to the surface the old barbaric nature is in the modern man.

Thus you may account for the passing of various species. We have for years cut millions of trees annually. We have each year brought under cultivation hundreds of thousands of acres. We have, in the outlying settlements and by boys and lawbreakers in the more populous places killed each year more than enough of the surplus production of our birds and animals to allow the natural enemies of these races to further decimate them while taking their right and natural food. Now there is a scare cry and a flurry and Congresses are being set aside for the protection of the fauna. It is nothing more than one of our provinces setting up a natural park a mighty domain