

The Man who tries, and falls, succeeds.

The Acadian.

The man who succeeds without trying, fails.

HONEST, INDEPENDENT, FEARLESS.

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THE ACADIAN.

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It costs more to put the "pick of the wheat" into

PURITY



But it makes "MORE BREAD AND BETTER BREAD".

CASTORIA
For Infants and Children.
Mothers Know That Genuine Castoria Always Bears the Signature of *Dr. J. C. Williams* in Use For Over Thirty Years **CASTORIA**

900 DROPS
The Proprietary Food Medication. Available Preparation for Infants and Children. Promotes Digestion, Cleanses and Restores Health. NOT NARCOTIC.

35 Doses - 35 CENTS

Exact Copy of Wrapper. THE BENTLEY COMPANY, NEW YORK CITY.

A Slice of Bread.

A slice of bread is not much, people think. A great many such are wasted every day in many American families. Collectors of garbage tell of great quantities of dried bread collected from the backdoors of American homes. The bread is thrown to one side with utter thoughtlessness, amounts to nothing. And yet it amounts to a great deal. The following from a recent bulletin of the Department of Agriculture is well worth reading:

"If every one of the country's 30,000,000 homes wastes on the average of only one slice of bread a day the country is throwing away daily over 14,000,000 ounces of flour—over 875,000 pounds, or enough flour for over 1,000,000 one-pound loaves a day. For a full year at this rate there would be a waste of over 319,000,000 pounds of flour—1,500,000 barrels of flour—enough to make 365,000,000 loaves. As it takes four and one-half bushels of wheat to make a barrel of ordinary flour, this waste would represent the flour from over 7,000,000 bushels of wheat. Fourteen and nine-tenths bushels of wheat on the average are raised to an acre. It would take the fruit of some 470,000 acres just to provide a single slice of bread to be wasted in every home."

Putting the results of seemingly minor food waste in this fashion helps us to visualize the matter. We are exceedingly careless of little things. We cannot be so careless when we are shown how large it really is. Wasting a slice of bread becomes almost a crime to any person who will seriously meditate upon the statement put forth from Washington.

All the agitation in favor of raising more and ever more grain is good. But equally good is the agitation looking to the saving of what we have. When needs are great, waste is criminal. We need not only to produce more, but also to utilize to the greatest advantage all that we raise.

Many women, we suspect, have taken this campaign for economy in rather a joking fashion. It is no joke. What the women can do at home is as important as that the men may accomplish in increasing production to the maximum. If all waste, all will come to waste. When nobody wastes, all will have plenty. — Gloucester Times.

Eczeema on Baby's Ear.

Mrs. F. Clark, Belmont, Mass., writes: "My baby had eczeema on her ear. The sore was very bad and nothing seemed to do her much good. Hearing of the remarkable cure Dr. Chase's Ointment was making, we sent for some, and after the third application the sore began to heal. I am glad to say that it is quite well now and we give the credit to Dr. Chase's Ointment. We cannot recommend this medicine too highly."

Pastors of Germany Are All Preachers of Hatred.

Writing in England from knowledge gleaned in Germany, Mr. D. Thomas Curtis says: "The unpleasant part played by the clergy, and especially the Lutheran pastors, needs to be explained to those who regard clerics as necessarily men of peace. The claim that the Almighty is on the side of Germany is not a new one. It was made as far back as the time of Frederick the Great. It found strong voice at the time of the Boer war, when the pastors issued a united manifesto virulently attacking England. These pastors are in communion with the German American Lutherans in the United States, who exerted their influence to the utmost against the election of President Wilson, taking their instructions directly from the German Foreign Office."

While I was in Germany, I read a lengthy and solicited letter from Pastor Winter, of Bruch, addressed to Admiral Von Tirpitz, who was then said to be well, but whose illness was really only a diplomatic one. The good pastor expressed the hope that his early recovery would permit the admiral to continue his noble work of obliterating England. The clergy are instructed not to attack France or Russia, and so it comes about that, as I have previously pointed out, in Prussia, Hanover, Schleswig-Holstein, Saxony and Brandenburg, the pastors of the Protestant State Churches, Reformed and Lutheran alike, preached of England as violently in their pulpits as in their pastoral visit. Among the bitterest of the preachers are returned missionaries from British possessions."

A fond mother of a smart boy on a Maine farm was making a lot of preserves one day, and as she sealed them she labelled them thus: "Gooseberry jam, but up by Mrs. Mason. Johnnie soon discovered the shelf on which they were deposited, and (fel) to work. Having emptied one of the jars, he took his school pencil and wrote underneath the label: "Put down by Johnny Mason."

Office counter for sale. Apply to THE ACADIAN.

Perfect Health Due to the Blood.

NO GIRL OR WOMAN NEED BE CONSTANTLY AILING AND UNHAPPY. Nature intended every girl and every woman to be happy, attractive, active and healthy. Yet too many of them find their lives saddened by suffering nearly always because their blood is to blame. All those unhappy girls and women with colorless cheeks and faded and sunken, listless eyes, are those at home proportionate to one's thoughts he would be writing continuously. As for myself the continual passage and explosion of shells, etc., stir within a certain restlessness and perhaps accounts for my lack in writing. Your regular weekly writings with magazines and papers are some of the things which keep body and soul together in this forsaken strip of country.

It was only yesterday that one of our chaps was hit badly. I bandaged quickly and directed his immediate removal to a Red Cross dugout but the noble chap went under—sacrificing his most precious gift, life—in the perseverance of duty.

If I could only describe a few days' events—the millions of shells we are sending across with utmost destructive effect, the hearing whistle of those in return, groups of men plying their labors in many different ways to make the success more complete and overlooking all the whirring of not one aeroplane but dozens, hundreds, and the ever watchful eye of the kite balloons which both enemy and friend place at various intervals back of their front line which mark out the dangerous zone much as the poles along both sides of a railroad.

The war today is an immense and terrific affair. If Fritz doesn't take off his hat by the end of summer and admit himself severely beaten I will be much surprised. If we could only make him stand up and face our artillery we could hasten that downfall but the Hun though downed still have military brains.

What I am looking for is a revolution of some kind in Germany. If a revolution were to break out, it would be a relief to the millions of suffering people who are undergoing great hardships with patience they make formidable enemies. You remember what the Fritz did when they were practically beaten, economically and in every other way, but they were at the height of military power not many years ago.

The Canaanian Indian.

It is stated that Canada's Indian population, so long considered a burden on the white population of the country, is now almost supporting itself. Not ten per cent. of the Indians of Canada now remain to be supported by the rest of the population. In Ontario and Quebec the Indians are completely self-supporting, the most of them, like those in Coughawaga Reserve, being of very good type citizen and furnishing many skilled workers. The Department of Indian Affairs contributes nothing towards their maintenance except perhaps to help a few of the old people in the reserves. In 1910 the Blackfoot Reserve Indians sold a part of their reserve, and with the money thus obtained went into farming. They have adopted modern methods using traction engines and plows.

Trajan, perhaps the greatest of all Rome's emperors, was the son of a common soldier and began his career in the ranks.

WIFE TOO ILL TO WORK IN BED MOST OF TIME

Her Health Restored by Lydia E. Pinkham's Vegetable Compound.

Indianapolis, Indiana. — "My health was so poor and my constitution so run down that I could not work. I was thin, pale and weak, weighed but 100 pounds and was in bed most of the time. I began taking Lydia E. Pinkham's Vegetable Compound and five months later I weighed 135 pounds. I do all the housework and washing for eleven and I can truthfully say Lydia E. Pinkham's Vegetable Compound has been a godsend to me for I would have been in my grave today but for it. I would tell all women suffering as I was to try your valuable remedy." — Mrs. W. M. GREEN, 322 S. Addison Street, Indianapolis, Indiana.

There is hardly a neighborhood in this country wherein some woman has not found health by using this good old-fashioned root and herb remedy. If there is anything about which you would like special advice, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

Office counter for sale. Apply to THE ACADIAN.

Soldier's Letter.

The following letter received by Mr. W. C. Archibald, from his son William, now serving in the army in France, will be of interest to our readers:

France. Easter Sunday, 1917. My Dear Father: I wonder how often my intentions to write amount to nothing. When we are active and busy and perhaps a bit tired we put off an opportunity for writing until

those at home proportionate to one's thoughts he would be writing continuously. As for myself the continual passage and explosion of shells, etc., stir within a certain restlessness and perhaps accounts for my lack in writing. Your regular weekly writings with magazines and papers are some of the things which keep body and soul together in this forsaken strip of country.

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Our Glorious Flag.

The Middletown Outlook says: We have received a rather lengthy communication in reference to the absence of our national flag from many places where it should be flying. The writer suggests that not only our public buildings and business places should our Empire's flag be seen, but private residences and farm houses should have this pole from which the grand old Union Jack flies to the breeze. As our correspondent says our flag made glorious tenfold more sacred to Canadians as the champion of the weak against the strong oppressor and through the blood of our noblest sons now being shed for the cause of liberty.

A Patriotic Merchant.

Rodman Wassmaker, who has offered an armed aerial cruiser and a fully equipped coast patrol station to the United States government, is a man of much wealth, derived from one of the most famous retail businesses of the United States. A native of Philadelphia, he has been more of a cosmopolitan since he grew up, spending much of his time in Europe. Of late years he has had two special hobbies, doing justice and paying tribute to the American Red Indian, and experimenting in aviation. His ambition has been to be the first aviator to fly across the Atlantic, and on the problem of construction of a suitable machine he has spent a small fortune and much time and thought.

Our fisheries rank among the valuable in the world, and each year we gather \$7,000,000 from the sea.

For one man who is laying up treasures in heaven there are a thousand who want the earth.

It pays to buy at home.

Rich AND Mellow



You'll Like the Flavor

Must close as I have been interrupted several times. I trust you are feeling better and are taking best care of yourself. 'Fight for England', an excellent motto. Will write again soon. WILL

Whooping Cough.

Mr. Arthur Haingo, Ashton Farm, Peiley, Sask., writes: "Two years ago whooping cough was very bad in this part of the country. Our eight months old boy caught it and had a very severe attack. A neighbor advised the use of Dr. Chase's Syrup of Marshmallows and Turpentine and we gave it and nothing else with splendid results. When the older brother took the whooping cough we used this medicine promptly and prevented serious trouble as the cough passed off in two or three days."

Cleaning Hints.

Few housewives enjoy cleaning wall paper but it is a task that can be made easy and the work done with good results. Surface dust may be removed with a cloth, a long handled brush or a broom covered with a cotton flannel bag. Take only downward strokes in going over the wall. In giving a thorough cleaning a very stiff flour and water dough may be rubbed over the paper, turning so that a fresh surface is always ready for the paper. Grease spots that do not yield to this treatment are removed by applying fuller's earth with a soft cloth rubbing well. Brush off after a few hours and repeat if necessary.

Minard's Lintiment Co., Ltd. Gents.—I have used your Minard's Lintiment in my family and also in my stable for years and consider it the best medicine obtainable. Yours truly, ALFRED ROCHAV, Proprietor R-ston Pond Hotel and Livery Stables.

Believes She Was Saved From Stroke of Paralysis

All One Side Was Cold and Powerless When She Began Using Dr. Chase's Nerve Food.

A dead nerve cell can never be replaced. In this way it is different to other cells of the human body. But feeble, wasted nerve cells can be restored, and herein lies hope. In this fact is also a warning. Take note of such symptoms as sleeplessness and loss of energy and ambition, and restore the vitality to the nervous system before some form of helplessness results. Nervous prostration, locomotor ataxia and paralysis are the natural results of neglecting to keep the use of Dr. Chase's Nerve Food when you suspect there is anything wrong. Will soon restore vitality to the nervous system, and thereby prevent permanent developments.

Mrs. M. M. Nichols, R. R. No. 2, Donahue, Ont., writes: "I take pleasure in writing to tell you the great benefit I have derived from the use of Dr. Chase's Nerve Food. I was so nervous I could not sleep, and found it hard to get my work done at all, but having no help at the time, had to do the best I could. Finally my left arm became powerless and cold, and this continued to get worse until my whole side was affected, head and all. I decided to try Dr. Chase's Nerve Food, and the first box helped me so much that I used several, and believe that this treatment saved me from having a paralytic stroke. It has built me up wonderfully, and I can recommend it most heartily, believing that if more Nerve Food were used there would be much less sickness."

Dr. Chase's Nerve Food cures in nature's way by nourishing the feeble, wasted nerves back to health and vigor. Fifty cents a box, all dealers of Edmondson, Bates & Co., Limited, Toronto.

JOB PRINTING

Neatly and Promptly Executed at

THE ACADIAN

We print Wedding Invitations, Calling Cards, Letter Heads, Note Heads, Statements, Bill Heads, Envelopes, Shipping Tass, Business Cards, Receipt Forms in all the latest styles of type.

CANADIANS WANTED FOR THE ROYAL NAVY

Canadians wanted for the Royal Naval Canadian Volunteer Reserve for immediate overseas service. Only men of good character and good physique accepted.

Pay \$1.10 Minimum per day — Free Kit. \$20.00 per Month Separation Allowance.

Experienced men from 35 to 45, and boys from 15 to 18 accepted for service in the CANADIAN NAVAL PATROL for defense of the Coast.

Apply to the nearest Naval Recruiting Station, or to the

Office of the Naval Service OTTAWA

COAL!

Aonia Lump, Albion Nut, Springhill, Inverness. A. M. WHEATON