

PARALYSIS COMPLETELY CURED

"Fruit-a-tives" Performs Another Miracle

Bristol, N. B., July 25th, 1911. "I had a stroke of Paralysis in March, 1910, and this left me unable to walk or help myself, and the Constipation of the Bowels was terrible. Nothing did me any good and I was stretched in every way. I then took "Fruit-a-tives" for the Constipation and it not only cured me of this terrible trouble, but gradually this fruit medicine toned up the nerves and actualy cured the Paralysis. By the use of "Fruit-a-tives," I grew stronger and stronger until all the Paralysis and weakness left me. I am now well again and attend my store every day. I say "Thank God for Fruit-a-tives."

ALVA PHILLIPS. "Fruit-a-tives" not only cured the terrible Constipation, but so toned up the nervous system and brought my health as to completely overcome the palsy. Truly "Fruit-a-tives" is a wonderful medicine. 50c. a box, 6 for \$2.50, trial size 25c. Dealers or sent on receipt of price by Fruit-a-tives, Limited, Ottawa.

WHAT ANNE BIVENHOUSE SAYS

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It is to be a silk year. The looms have been busy since last summer turning out weaves with new designs and new colorings. Plain surfaces seem to have disappeared from the face of the earth and whatever has a figure or a kind or least gains attention from those who regard those who sell.

It is claimed that the reason for this extensive manufacture of costly fabrics is due to the fact that the dressmakers insist upon using such short lengths of material for a gown that the manufacturer is in danger of losing their incomes. More important than this, the working girl was in danger of losing her position. In fact she did lose it—thousands of her kind in France and in some of the American mills—after the fashion was established for slim and scanty skirts. The girls who made petticoats suffered more than any when the modish skirts were banished from the wardrobe. After the silk petticoats came into fashion—silk, scanty affairs as they are—the petticoat industry was renewed on another base, but there is no longer the demand of women for short lengths for gowns.

It is easy to see what a difference it makes when thousands of persons buy only four yards to make a gown, whereas they used to buy twelve yards. To offset this decrease in the amount of material the manufacturers invented novelty fabrics and made each one as expensive as they could. The velvet de laine, which has been so popular all winter, was costly and intricate, which was invented, or rather revived, last summer, was costly and intricate. The average woman, however, could not afford to buy such expensive and heavy satin-embossed velvet flowers and so it went through the list of materials. Of course there remained many fabrics that were more expensive and that had plain surfaces, for it is not possible to withdraw from the shops the clothes needed by the majority of women and there were comparatively few who indulged in the costly weaves. They left those to the women who must have novelty and who are willing to pay a good price for the mere privilege of being different from their neighbors.

The new silks show no tendency to decrease the cost of novelty fabrics, but they are exceedingly lovely, which is a verdict that one can give concerning any of the weaves of the day, with the exception probably of plain cotton ratine, which may be serviceable but is not exactly artistic. It would be difficult to class the new materials under any particular name. The words "old fashioned" are more often applied to them than any others, but these are elastic words that mean anything and include what is ugly and undesirable as well as what is lovely and to be desired.

The new silks are in the latter category. Their coloring is rather wonderful and is another tribute to the skill of the modern dyer, who has far too little credit given him in this period of frenzied fashion. He has mastered the art of dyeing in a way that puts him in a high class, and it would not be possible for the dressmakers of the day to bring the glory upon themselves that they do if it was not for the aid of these dyes of color.

Enough color has been used in the formation of the design in the new silks to give them a brilliancy that is not generally appreciated. It is especially true when it is not so much of a woman could wear. There are whole gowns made of some of these silks, but unless the fabric is handled by a supreme artist its effect will be deplorable. This is especially true when plainness and severity have departed and when intricate convolutions, caused by tucks and shawls, have become the most fashionable method of making clothes.

The idea of putting a plain colored set of gowns on these various silks is acceptable to the women, because it saves them from the trouble of thinking out another means of making any from the necessity of buying trimming; both of these are economies in time and money. The French have understood this value of a serge of the same color as well as in a different color better than the Americans. One of the best gowns turned out by Worth, built of black and white satin, had the selvages of both fabrics used as the only finishing touch to all the edges. The result was delightful and had real artistic value.

Now that colored selvages are put on the silks, women are bound to use them in lieu of the trimming, which is often a dangerous thing to leave in the hands of an amateur. The third color and the third fabric, like the third rail, are something to beware of.

The return of gray to fashion has given the dyer a chance to incorporate wonderful pink roses or designs in old blue against a speckled or striped background. There are also touches of yellow flickering through the gray and a gray selvage. There are cream silks which are speckled over with a fine dot of fresh pink and almost covered with a design of blown Cherokee roses with green leaves. A gown of this coloring has been made up without the introduction of anything except white tulle for the half bodice. The skirts are narrow and the panner is reminiscent of Watteau. It is drawn down over the hips in good lines and bunched at the neck below the spine and falls in a flowing box

plait to the hem. The bodice of white is caught high at the back and is well opened in front and the edges finished with a fluff of maling lace. Because of the fashion for sashes it should come into favor and the new shades offered by the shops are exceedingly attractive; they are an exact imitation of the new silks, except that the flowers in many cases are of velvet raised on a silk or satin ground. These are used for girdles that wrap around the figure and form themselves into panels that hang down the side and are finished with silk or bead fringe. They can also be used as a shoulder drape, for one sees labels appearing here and there, and they are best when made of handsome floral ribbon. The becoming way of hanging double panels or a long pointed cape from the shoulders at the back brings into play the new ribbon, as they can be used under lace or alone. They are very effective under lace, as you may imagine, as well as under the figured net that will play a large role in the season's fashions. Such ribbon gives character to the shimmering drapery of lace, especially when it extends beyond the lace and is weighted with a tassel, more or less simple, according to the gown. Crepe de chine also shows these wonderful flowers raised on its surface, some in velvet, some in satin. There is a great deal of broad crepe de chine the kind which has a stamped satin figure on it, and it is more becoming than the plain weaves. As long as its surface remains in one tone it can be used for the simplest kind of one-piece frocks. When the design is made in another color from the foundation then the fabric must be reserved for an ultra smart frock, only to be worn on special occasions.

It's Strength That Counts. If you were buying a watch you would look for excellence, not size or weight. It is the same with your clothes. White Swan Yarns contain more "virtue" than any other, no matter what the size. Send for free sample. White Swan Spices & Cereal Co., Ltd., Toronto.

That was raised the prices of things in general truth; but there are exceptions. In a west London chemist's shop window appears this placard above a lot of soap tablets: "Owing to the Disturbed War Area this Soap, originally intended for Athens and priced at 4 1/2d. is now reduced to 3d."

Little Beauty Chats

By BLANCHE BEACON

Novel Skin Whiteners. I DO not need to ask if you long to possess a milk-white skin, as I know, without being told, that you do. Every woman worthy of the name cherishes a bitter enemy to a brown skin and would rid herself of the unbecoming tints if she could. This is just as it should be.

Here is a bleach that is as simple and inexpensive as it is effective. Make a friend of it, I beseech you, if you wish to be not as white as you would wish to be.

Tonight after you have given your pretty face its night bath in hot, soapy water, dabble it over with a lotion made by adding three teaspoonfuls of salt to a glass of sweet milk. When this salty liquid has dried on the face, run off to bed to sleep the sleep of the just. When morning dawns and you have yawned yourself out of your snowy cot, wash off the salt which still adheres to the skin with lukewarm water, then massage face for a few minutes with some good skin cream.

Several such treatments will make your skin as white as cotton and as soft as the cheek of a babe. You will not need to resort to powder once you become acquainted with this skin fader, hey! that good news?

Now let me tell you of a bleach which, so an old chronicler tells me, was a favorite with the belles of Washington's time. You would like to know of it, I am sure.

When ready to prepare this bleach, beat the white of an egg until it can stand alone, so to speak, then add the juice of one large lemon and put the cup containing this mixture into a pan of hot water, but be careful not to scorch or cook the egg compound. As the pomade heats, stir it with a spoon until it is as smooth as cream, then remove cup from the stove and pour its contents into a jar.

This pomade will not keep long, so do not make up a large quantity at any one time. It is meant to be rubbed into the skin at night just as if it were a cream. When the egg begins to dry, rub the skin gently with a silk handkerchief until all the egg mixture has been smoothed into oblivion.

If the lover of a white skin will use this beautifier regularly, she will soon have as pretty a skin as she could wish to own.

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CRUBBING is well begun and half done when you start it with -

Old Dutch Cleanser

Daily Hints For the Cook

CHICKEN STEW. Let the chicken boil white in clear water, not even salt, until a whole is cooked out, then set toward back of stove and skim off grease, and put everything in kettle, then that makes the stew.

STUFFED POTATO CROQUETTES. Season 2 cups of mashed potatoes with 1 tablespoon of butter, 1 teaspoon of minced parsley, 10 drops of onion juice, 1/2 teaspoon of celery salt, a dash of cayenne and pepper and salt to taste. Add the beaten yolks of 2 eggs and 3 table spoons of cream and stir over the fire until you have the sides of the pan. When cold, spread the mixture out thin in the hand, fill with minced meat, shape into croquettes, dip them in beaten eggs then in fine crumbs and fry in deep hot fat.

SHIPPING ALMANAC FOR ST. JOHN, JAN. 15. A.M. High Tide..... 4.44 Low Tide..... 12.03 Sun Rises..... 8.04 Sun Sets..... 5.03 Time used is Atlantic standard.

PORT OF ST. JOHN. Sailed Yesterday. Stmr Oromo, Coffin, West Indies via Halifax, West Thompson Co. Schr Ennis, Miller, Lynn, J. & Moore Co.

BRITISH PORTS. Glasgow, Jan 15-Ard, star Sicilian, Home, Jan 15-Ard, star Canada, Southampton, Jan 15-Ard, star Oceanic, New York. Arrived, Jan 15-Ard, star Sellaia, Hatfield, from Antwerp. Bermuda, Jan 15-Sch, stmr Oruro, Bale, West Indies, etc.

FOREIGN PORTS. Portland, Jan 15-Ard, stmr Canada, Liverpool. New York, Jan 15-Ard, schrs James Williams, Lunenburg (N.S.); Pearl Nelson, Lunenburg (N.S.); Sarah A. Reed, Lunenburg (N.S.); St. Lawrence, Lunenburg (N.S.); L. A. Plummer, Lunenburg (N.S.); Annie R. Lewis, do; Oliver Ames, Boothbay Harbor.

Vineyard Haven, Jan 15-Sch, silvr Silvr Leaf, St. John; Grace Darling, Halifax; Hazel Le Ritour, Le Havre (N.S.); Boston, Jan 15-Sch, Virginia, Windor.

MARINE NOTES. The wreck of the schooner William T. Donnell, ashore at Moore's Bay, has been sold by the owners. The schooner has been stripped and the deck cargo landed and an attempt will be made next Tuesday at the high tide by the tug Reliable to tow the hull to Lepreau's harbor.

Nova Scotia schooner, Michael B. Richards, bound from St. Martins, West Indies, for Lunenburg, with salt, foundered. Captain and crew were saved and landed at St. Kitts. The cargo of salt was for W. C. Smith & Co. of Lunenburg. The vessel registered 99 tons, and was owned at La Have.

Running short of fuel, the new oil tank steamer Methuen put into Halifax yesterday to bunk up. Captain Davidson said the weather had been the worst he had experienced in thirty-five years. The steamer is bound to New York.

VESSELS IN PORT. Steamers. Grampian, 6439, Wm Thomson, Liverpool (Glasgow), 2903, Stars, Sydney. Mount Temple, 6681, C.P.R., London. Saturnia, 3494, Robert Eford, Glasgow.

Barkentine. Hector, 438, A W Adams, discharging.

Schooners. Abbie Keast, 98, J W Smith. Anne Lord, 246, C M Kerrison, discharging. Amy Louise Lockwood, 266, A W Adams, discharging. Arthur J Parker, 114, J W McAlary. Arthur M Gibson, 286, J W Smith, discharging. Cora May, 111, C N Scott, laid up. Charles C Lister, 286, A W Adams. Domain, 91, C M Kerrison, in for harbor. Ezilda, 349, A W Adams, Boston. Hattie H Harbour, 266, A W Adams, dis. Helen G King, 128, A W Adams, laid up. Henry H Chamberlain, 303, A W Adams. Hunter, 187, D J Purdy, laid up. Harry, 422, C M Kerrison.

Arthur Lord, 189, A W Adams, laid up. Jennie A Stubbs, 159, A W Adams, dis. Jeremia Smith, 336, C M Kerrison, New York. Leonard Parker, 240, R C Elkin, dis. McClure, 191, C M Kerrison, dis. Nellie Eaton, 89, A W Adams. Orozimbo, 121, A W Adams, laid up. Orinda, 124, J Spilane. Otis Miller, 98, in for harbor. Priscilla, 102, A W Adams, laid up. Rebecca M Walls, 516, C M Kerrison. Reva, 122, D J Purdy, laid up. Roger Drury, 307, R C Elkin. Ruth Robinson, 432, A W Adams, Boston. Sallie E Laddan, 199, D J Purdy. Scotia Queen, 107, C M Kerrison, laid up. T. W. Cooper, 132, A W Adams, laid up. Vineyard, 176, C M Kerrison. W E & W L Tuck, 385, Gregory.

Lenten Mass at Noon. New York, Jan. 15—The Pope has granted special permission for noontday Lenten mass at St. Andrew's Catholic church in Dunns street. Rev. J. L. Kever, pastor. The privilege was obtained through the efforts of Cardinal Farley. This service will be held for business men and women in the downtown district.

J. Marcus' Dependable Furniture

Do not think that it is necessary to pay extravagant prices in order to furnish your parlor in an attractive and up-to-date style.

Drop in and let us show you how reasonably it can be done.

Parlor Suite, 3 pieces, loose cushions, upholstered in Velour, Mahogany finish frame, \$19.75.

This 3-piece Suite, in Silk, Mahogany finish frame, \$29.75

J. MARCUS, - 30 Dock St.

BRITAIN'S PLANS FOR VESSELS IN THE AIR

Great Airship Station, 200 Officials and Men, 15 or 20 Airships

London, Jan 15—Work has begun on the construction, in the neighborhood of Cuckney of a great airship station to cost \$400,000.

The building, which will include large movable airship hangars to accommodate two Zeppelins, is to be opened about the middle of this year.

As a nucleus of the naval aerial section 200 officers and men are asked for in the estimates. It is hoped that the army and navy will have a fleet of between fifteen and twenty airships at their disposal before the end of this year.

Both departments seem to have satisfied themselves as to the aggressive value of airships, and to favor the rigid type, because it is possible to mount machine guns on top of the hull of vessels of this class. It is said that the naval Zeppelin now manufacturing has a ship-like lifting power of three tons for armament and bombs, and is likely to become a standard type.

Confirmation is now to hand of the report published many days ago that the

WANT SHOES AND SKATES

Playgrounds Commission of Winnipeg Would Help Poor Children to Enjoy Skating

At a regular meeting of the Winnipeg Playgrounds commission the financial report for the year was submitted and approved. In the matter of the two large public skating rinks, it was reported that these rinks are adequately lighted with are lamps, and have a shelter 34x12, divided into two parts, one for boys and the other for girls, erected at an approximate cost of \$100 each.

As a number of children are unable to avail themselves of the rinks an appeal is made for skates and shoes by Mr. Morrison, playgrounds commissioner for the city.

Customers who put a penny in the slot can now, it is said, obtain their daily supply of milk in England from an apparatus devised by a Wolverhampton milkman.

Only One "BROMO GUININE," that is Laxative Bromo Guinine. Cures a Cold in One Day, Cures in 2 Days.

Little missionaries to your stomach— Little drops of digestion-aiding mint leaf juice— Every stick is full of it. No wonder your digestion grows stronger—your appetite keener.

Like all greens, Spearmint juice is wonderfully beneficial. It purifies breath and preserves teeth besides.

Made in Canada Wm. Wrigley Jr. Co., Ltd. 7 Scott Street Toronto, Ont.

WRIGLEY'S SPEARMINT PEPSIN GUM

BUY IT BY THE BOX

—of any dealer. It costs little by the package but less by the box.

Look for the spear The flavor lasts

Interesting Words

A prominent New York food expert recently said:

Statistics show that of 20 million school children in this country, 15 millions are more or less defective in eyes, teeth, glands, bony structure or otherwise.

This is largely due to their being fed upon substances in which the twelve minerals in the human body, and necessary to renew that body, are deficient in the food. Chief among these twelve minerals are Phosphorus, Iron, Magnesium, Calcium and Fluorine.

Common flour, rice, corn meal and some breakfast cereals have been robbed of 75% of their mineral elements, largely by being prepared to look "white and nice."

Grape-Nuts FOOD

Made of whole wheat and barley, contains all the valuable mineral elements necessary to the building of sound bodies and keen brains. This food is particularly rich in organic Phosphates, the essential mineral element necessary to brain building and brain development.

A regular morning dish of Grape-Nuts and cream is the daily, healthy habit of thousands of families, who for years have found by actual test that this food has properly won the title of "King of Breakfast Foods."

Made by Canadian Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.