# POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., TUESDAY, OCTOBER 15, 1916

# GET 100% FOR YOUR MONEY.

If you paid \$1 for a can of milk and proved it to be three-quarters water, would you be

If you paid the price for a silk sweater coat and found it nine-tenths cotton, wouldn't

The makers of Zam-Buk believe you should buy your medicine as critically and carefully as you buy food and clothing. When you buy Zam-Buk you get a remedy that is 100% medicine—not a small proportion medicine and the balance animal fat! See the advantage?

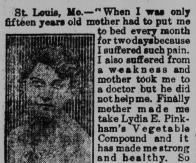
Again, animal fats won't keep for very long; yet how often do you need to use a whole box of ointment right away? Zam-Buk's absolute freedom from animal fat prevents its turning rancid. It will keep for months and yet retain all its medicinal powers.

These are but two of the many reasons why Zam-Buk is the most widely used balm. It has been proved best for all sores, eczema, bad legs, ulcers, abscesses, scalp sores, boils, pimples, ringworm, bloodpoisoning, piles, burns, scalds, cuts, stiff neck and rheumatism. 50c. box, 3 for \$1.25. All dealers or Zam-Buk Co., Toronto. Send this advertisement and 1c. stamp (for return postage) and FREE TRIAL BOX



## GIRLS' PAINS AND WEAKNESS

Yield to Lydia E. Pinkham's Vegetable Compound. Thousands of Girls Benefited



has made me strong and healthy. So when mother or I hear any woman complaining we tell them about Lydia E. Pinkham's Vegetable Compound and what it did for me."—Mrs. John Frame, it21 N. 18th St., St. Louis, Mo.

Girls who suffer as Mrs. Frame did should not hesitate to give this famond root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial, as the suitages that is a trial, as

Sloan's

SATISFYING RELIEF FROM LUMBAGO

which pensioners have apparently been under the impression that the board is able to make changes in the existing regulations. It must not, however, be forgotten that the board of pension commissioners is an administrative body operating by virtue of the powers vested in it by the government, as expressed ham's Vegetable Compound, a trial, as the evidence that is constantly being published proves beyond question that this grand old remedy has relieved more suffering among women than any other medicine.

For confidential advice write Lydin E. Finkham Medicine Co., Lynn, Mass. The result of their forty years experience is at your service.

ECZEMA

for 15 years the standard remedy for all skin diseases. A liquid used externally. Instant relief from itch. Your money back if the first bottle does not bring you relief. Ask also about D. D. D. Soap. E. Clinton Brown, Druggist, St. John.

ed in it by the government, as expressed by orders in council. These are embodied in the pension regulations and it is only by adhering to these and endeavoring to secure their just application that the board of pension commissioners can satisfactorily perform its duties in the best interests not only of the returned soldiers and sailors but of the general public.

## Local Soldiers Give Their Lives

Edward Conway, James Mulhern, DeWitt Duffy and Victor Nickson Have Made Supreme Sacri-

Edward Conway of Lancaster avenue, Lancaster Heights, received word from Ottawa, Sunday, that his son, Private Charles Bernard Conway had been killed in action on September 28. Private Conway crossed overseas with the Forestry battalion and after spending almost a year in Scotland, he then enlisted with a well known N. B. battalion and only recently crossed to France. He was only seventeen when he enlisted and was a bright lad, popular and well liked and his early death will bring sorrow not only to immediate members of his family but to his many friends as well. The brave young soldier leaves his parents, five brothers, Thomas with the American army, James, William, Robert and Gordon; and three sisters, May, Kathleen and Josephine, all at home. Edward Conway of Lancaster avenue, James Mullhern Killed.

Charles Rogers of Milford, received official notification yesterday stating that James Mullhern had been listed as "killed in action," September 20. The late soldier was a native of Glasgow, Scotland, where his parents still reside, but had been in this country for many years being well known especially in West St. John. He was employed as a baker with Dwyer brothers, Milford, for a considerable period. He was about twenty-nine years of age and went overseas with the 140th battalion, later being transferred to the Princess Pats. He ing transferred to the Princess Pats. He was wounded on a previous occasion at Vimy Ridge. He was sent to hospital but recovered and returned to the front again. A sister, Miss Margaret Mullrn, resides at Truro (N. S.) Private Duffy Dead.

on Sunday that her brother, Private DeWitt Duffy had died of wounds on October 9 at Orpington, England.

Alfred A. Garland of Elgin and Miss Ada Hanselpacker of Moncton were united in marriage last Saturday at the home of the groom's parents. The ceremony was performed by Rev. R. A.

FROM LUMBAGO

Sloan's Liniment has the punch that relieves rheumatic twinges

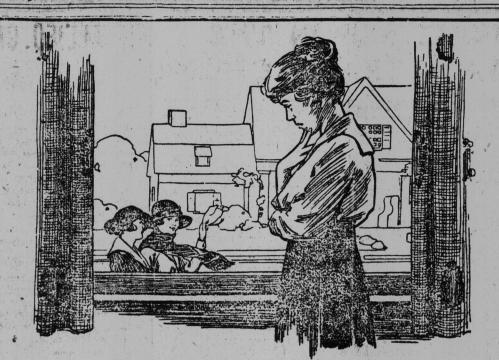
This warmth-giving, congestion-scattering circulation-stimulating remedy penctrates without rubbing right to the aching spot and brings quick relief, surely, cleanly. A wonderful help for external pains, sprains, strains, stiffness, headache, lumbago, bruises.

Get your bottle today—costs little, Get your bottle today—costs little, means much. Ask your druggist for it by name. Keep it handy for the whole family. Made in Canada. The big bottle is economy.

The big bottle is economy.

With regard to remedial legislation many cases have come to the notice of the board of pension commissioners is powerless to make an award in such cases, but under the proposed new legislation relief will probably be available.

With regard to remedial legislation many cases have come to the notice of



### "If I Could Only Be Strong and Healthy Like Other Girls."

HIS is the longing of the girl who is pale, weak and anaemic. She is lacking in energy and strength, and is so easily tired out that she does not feel like taking outdoor exer-

cise or joining others in social gather-

The healthy, happy outdoor girls get in the way of leaving her to herself, and she gets lonely, discouraged and des-pondent. The source of trouble is in the condition of the blood, which has become thin

and watery, and utterly lacking in nutri-

The anaemic condition is shown in the pallor of the lips, the gums and the eyelids, as well as in the pale face and angular

The digestive system has failed, and your health must go naturally downhill until you can find some means of restora-

Fortunately, Dr. Chase's Nerve Food furnishes the vital substances needed for regenerating the entire organism when in a run-down condition.

Gradually and certainly the building-up process is established, and the pure, rich blood created in the system carries health and strength to every part of the

Weakness and disease, the cause of discouragement, failure and unhappiness, give place to new hopes, new confidence and stronger determination to succeed

The appetite is sharpened, digestion improves, and you find yourself enjoying your meals and taking a new interest in life. As you gain in strength and energy you feel encouraged to keep up the use of this restorative treatment until thoroughly restored to health.

### Catarrh Of The Stomach Is Dangerous

"Thousands Have It and Don't Know It," Says Physician Frequently Mistaken for In-digestion—How to Recognize

and Treat. \*\*\*\*\*\*\* "Thousands of people suffer more or less constantly from furred, coated ton-gue, bad breath, sour burning stomach, frequent vomiting, rumbling in stomach, bitter eructations, gas, wind, and stomach acidity and call it indigestion when in reality their trouble is due to gastric catarrh of the stomach," writes a New

York physician. Catarrh of the stomach is dangerou because the mucous membrane lining of the stomach is thickened and a coating of phlegm covers the surface so that the digestive fluids cannot mix with the food and digest them This condition soon breeds deadly disease in the fermented, unassimilated food. The blood is polluted and carries the infection throughout the body. Gestric please are are to

unassimilated food. The blood is polluted and carries the infection throughout the body. Gastric ulcers are apt to form and frequently an ulcer is the first sign of a deadly cancer.

In catarrh of the stomach a good and safe treatment is to take before meals a teaspoonful of pure Bisurated Magnesia in half a glass of hot water as hot as you can comfortably drink it. The hot water washes the mucus from the stomach walls and draws the blood to the stomach while the Bisurated Magnesia is an excellent solvent for mucus and increases the efficiency of the hot water treatment. Moreover the Bisurated Magnesia will serve as a powerful hut harmless antacid which will neutralize any excess hydrochloric acid that may be in your stomach and sweeten its food contents. Easy, natural digestion without distress of any kind should soon follow. Bisurated Magnesia is not a laxative, is harmless, pleasant and easy to take and can be obtained from any local druggist. Don't confuse Bisurated Magnesia with other forms of magnesia, milks, citrates, etc. but get it in the pura bisurated form (powder or tablets), especially prepared for this purpose. especially prepared for this purpose.

