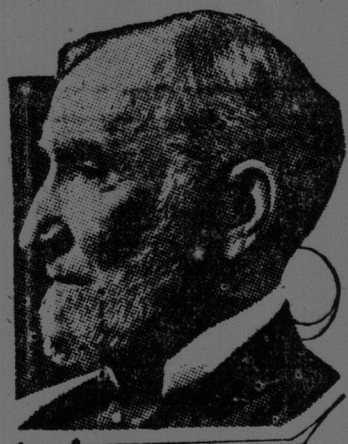


THE EVENING TIMES AND STAR, ST. JOHN, N. B., MONDAY, JANUARY 10, 1921

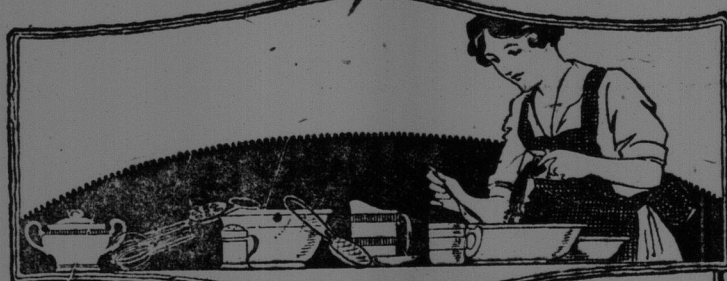
"UNCLE JOE" CANNON.



Veteran member of the United States House of Representatives, who has established a new record for length of service in the halls of congress.

FIFTY-ONE KILLED BY AUTOMOBILES

(Montreal Herald.)
The sanguinary record of deaths from automobiles on the streets of Montreal during the past year must cause pedestrians to consider means of safety. The statistics show that 51 persons were victims of motor vehicles, 15 of them being children. Motor trucks and delivery wagons were responsible for some of these fatalities, but the passenger car had the largest share in the terrible toll. With the great growth of motor traffic the risk of being run down on the street has greatly increased. The streets are no longer safe for people afoot. We must adjust ourselves to the new conditions. Warnings against speeding must be repeated and the law enforced. It must be said that sometimes the accident is not preventable, such, for instance, as that in which a boy sledged



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down a hill under the wheels of a motor truck. The problem of the safety of the streets is with us and must be faced. All the large cities have it. Each month from sixty to seventy persons are killed by motor vehicles on the streets of New York alone, and the Globe of that city declared the other day that the situation is growing worse, not better. In time, it says, we shall find underground or over-head crossings essential to the safety of pedestrians. In all cities pedestrians must keep constantly in mind the extreme danger they incur in crossing the street and take every possible precaution to avert disaster. But first and foremost we must see that the traffic regulations are obeyed and that offenders against these regulations are punished with the utmost rigor of the law. At the present time there are too many automobilists who take a chance of passing standing cars, driving on the wrong side, or speeding up if they think no traffic policemen are around. This is particularly the case in the suburbs.

HEALTH AND LONG LIFE

(Ottawa Journal.)
Ex-President Charles W. Eliot of Harvard University, one of the most respected of living Americans, is naturally asked as he approaches ninety—how is now in his eighty-seventh year—how he accounts for his mental and physical vigor at such an advanced age. This is his answer:
"A sound constitution never impaired

by any serious disease or accident, a calm temperament expectant of good, the habit of taking daily exercise in the open air, moderation in eating, and a slight and never steady nor regular use of stimulants like tea, coffee, alcohol and tobacco."
"A sound constitution" is a great thing to start with. Make sure of that if you can. But whether or not, if you have luck afterwards, if as a child you get good shelter, good food, proper clothes, kind and sensible treatment, you will likely get to a stage where you can make your constitution pretty sound yourself, if you exercise common sense. But of course common sense is rare. Seriously, with a constitution not absolutely weak, all that is needed for health is temperance in all things and a fair amount of open air. And ex-President Eliot says little more than that.

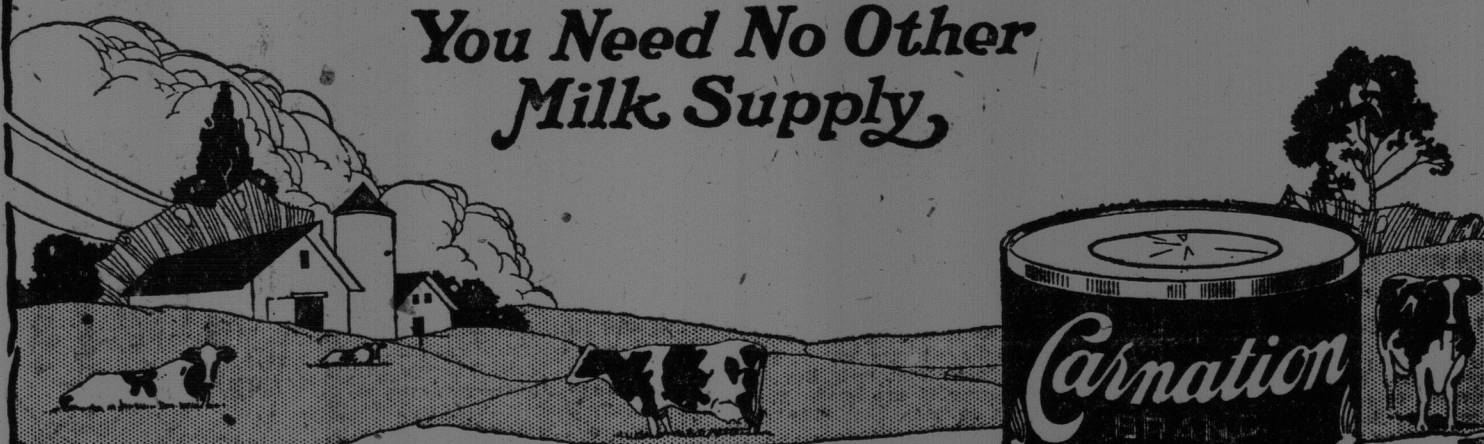
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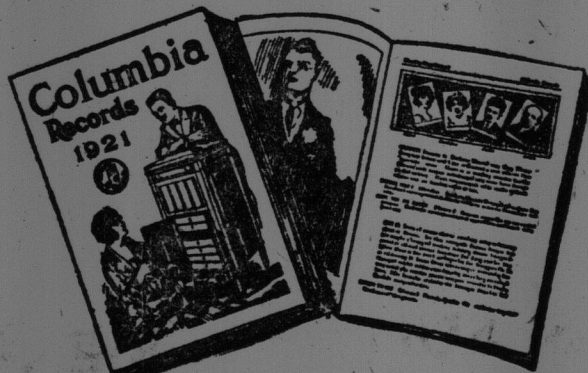
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