

modesty, they will thus edify those with whom they come in contact, and induce them to follow their example. Nevertheless not satisfied with having attained this point, they should, according to time and place, seize every opportunity of preventing offenses against God, and of promoting fervor in His service. When with their companions they should mingle something edifying in their conversation, each one striving to be the first to introduce a pious subject. The most ordinary topics should be the Passion of our Lord Jesus Christ, the Dolors of Mary, the enormity of sin, the Lives of the Saints, the fruits we should draw from frequent communion, and other similiar subjects. They should trample under foot human respect whenever there is question of performing good works, of procuring the glory of God, of laboring for the salvation of souls and of increasing devotion to-