

This is life eternal, that they might know Thee, the only true God, and Jesus Christ whom Thou hast sent.—John xvii. 3.

TRYING AND TRUSTING.



A YOUNG man was gradually sinking through consumption. He was not without serious thoughts, and gladly welcomed the visits or words of his pastor. But he never seemed to go farther than to say, "I wish to be saved," and "I am trying to do my best."

In a very singular way he found at last the blessing he sought. One day the clergyman called, and finding he had gone out for a short walk, waited till his return. When he came in he was tired and weak, and could scarcely stand. So he threw himself down on his bed. My friend who was visiting him thought he saw a way of bringing home the truth to the young man's heart. So he turned to him and said,—
"I wish you would deal with your soul as you have just done with your body. You are tired and exhausted, and you throw yourself on your bed, and find the rest you want. Do the same with your soul. You are weary and unhappy in your mind. You are carrying the burden of your sins, and striving in

every way to find peace. Now in your heart throw yourself on Christ. Trust your soul entirely to His care. Just as you are, cast all the weight of your salvation on Him. Rely confidently on Him to receive and welcome you."

The Spirit of God enabled him at once to see plainly where he had been wrong. "I have been trying to save myself," he said; "but now I see it is only by trusting in Christ that I can be saved."

Thus he came to Christ, and found rest and peace.

Let us learn the lesson. It is a good thing when persons see their need and are awakened to seek after Christ. But after all, *trusting is better than trying*, as to the comfort of a good hope. Your own efforts will never secure the rest you seek. For this you must own your guilt, confess your utter inability to make amends for past sins, and commit yourself entirely to Him who died a sacrifice for your sin. He is your peace.

But remember the other side of the truth. When you have *trusted* Christ, there is plenty of room for trying. Let it be your life-long aim to do the will of God.—*Selected.*

JESUS.

THE **C**ompassionate Saviour,
Hope of Israel,
Righteous Judge,
Infinite One,
Son of God.
True Deliverer.

YOUNG MEN'S MEETING

Every Saturday Evening,

AT 8 O'CLOCK, FOR ONE HOUR.

COME

I am the living bread which came down from heaven: if any man eat of this bread he shall live for ever.—John vi. 51.