

MEDICAL.

VALUABLE RECIPES.

**CHLOROFORM LINIMENT FOR BURNS.**—Bergiacchi states that he has found extreme suffering produced by bad burns completely removed by means of a liniment composed of chloroform and cod-liver oil.

**PREVENT CONVULSIONS.**—The following curious mode for preventing convulsions—commonly called a "fit,"—is given in the *Charleston Medical Journal* in a long article on the treatment of Epilepsy, by Wm. Cornell, M.D. Boston:

I have employed various means to prevent an epileptic attack for the time. Stretching the muscles powerfully generally prevent an attack; for instance, when the aura commences in the toe or in the leg, great traction or rubbing the toe, or stretching the muscles of the leg, will carry the patient through the threatened attack for the time; when the patient has premonitory signs of an attack, opening the jaws widely as they can be done, and placing a lead substance between the teeth, keeping the mouth open, will have the best effect."

**UNHEALTHINESS OF HOT BREAD.**—J. B. Bunting has published some interesting and useful facts in relation to the digestion of food in the human stomach, deduced from his experiments on St. Martin, the man with an enlarged hole in his side, through which can be seen all the progress of digestion. In consequence of the nutritious property of farinaceous food, and the proper state in which it is most easily digested, he gives the following excellent advice:

Hot bread never digests. Bear this in mind, reader, if you are accustomed to the light and tempting biscuit at tea, or a warm loaf which looks so appetizing upon your breakfast table. Hot bread never digests. After a long season of being and working about in the stomach it will begin to ferment, and will be excreted out of the stomach as an unwelcome tenant of that valuable organ, but never digests—never becomes assimilated, or absorbed by, the organs that require nutrition to the body. It is a rate dyspepsia producer. The fact is truth, as it has been repeatedly proved from actual observation through the case of Alexis St. Martin.—*Scientific*

**REMEDY FOR TAKING FIRE OUT OF BURNS.**—Take a ripe, mellow apple, pare, and beat it up with a little sweet oil; it is a pretty soft poultice. Lay it directly over the burn, and renew it hourly. It is a very effectual appli-

**TO EXTRACT STAINS FROM SILKS.**—Essence of lemon, 1 part; spirits of turpentine, 5 parts; mix, and apply to the part by means of a linen rag.

**BRUNSWICK BLACK FOR GRATES.**—Asphaltum, 5 pounds; melt, and add boiled oil, 2 pounds; spirits of turpentine, 1 gall. Mix.

**TO CLEAN KID GLOVES.**—White kid gloves may be kept nice by rubbing them where they are soiled with India rubber. If it become necessary to wash kid gloves, take a piece of flannel, moisten it with a little milk, rub it on a cake of nice hard soap, and apply it to the soiled part of the glove. As soon as the dirt is removed, rub the spot with a dry piece of flannel. It should be done on the hand.

**TO MAKE WASHING FLUID.**—Add 1 pound of unslacked lime to 3 gallons of soft boiling water. Let it settle, and pour off. Then add 3 pounds of washing soda, and mix with the lime water. When dissolved, use a large wine-glass full to each pail of water. Add soft soap, say 1 gill to a pailful of water.

**TO MAKE COLOGNE WATER.**—To a pint of alcohol add sixty drops of lavender, sixty drops of bergamot, sixty drops of essence of lemon, and sixty drops of orange water. Let it be corked up and well shaken.

**TO CLEAN A CARPET.**—Shake and beat it well; lay it upon the floor, and tack it firmly; then with a clean flannel wash it over with one quart of bullock's gall mixed with three quarts of soft cold water, and rub it off with a clean flannel. Any particularly dirty spots should be rubbed with pure gall.

**TO PREVENT TEA-KETTLES COATING WITH LIME.**—Put the shell of an oyster in the tea-kettle, and the lime will adhere to it instead of coating the sides.

**PRESERVING EGGS.**—If M. H. C. wishes to preserve eggs for the table in winter, let her dip them, according as she gets them, (the fresher the better) in warm lard, and then lay them in a small barrel in layers, filling up the spaces with salt. I brought some in this way to Melbourne, in 1857, and had but three eggs out of two hundred that I used on the voyage that had not "milk" in them, and only one uncatchable.—*M. T., in London Field.*

The skeleton of leaves may be obtained by soaking them in a weak solution of sulphuric acid, which eats away the body of the leaf, leaving only the fibres, in the form of a delicate network.

**To wash hair brushes, never use soap.**—Take a piece of soda, dissolve it in warm water, stand the brush in it, taking care that the water covers only the bristles. It will almost instantly become white and clean. Place it in the air to dry with the bristles downward, and it will be as firm as a new brush.

For washing fine and elegant colors, the *Scientific American* advises ladies to boil some bran in rain water, and use the liquid cold. Nothing can equal it for use upon colors, and for cleaning cloth.

**TO REMOVE THE TURNIP FLAVOR FROM BUTTER.**—Use nitre, 1 part; water, 20 parts. Dissolve, and put a little into the milk warm from the cow.

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HALIFAX, March, 1859.

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