

says it was like bdellium in color, waxy white. *Like wafers with honey*; pleasant. Numbers says it tasted like fresh oil. *This is the thing which the Lord commandeth.* God's command is, "remember." His challenge is "remember." Israel's mission is to remember God. *Kept for generations*; for Israel's descendants. *Lay it before the Lord*; as a sacred thing in a sacred place. *Laid it before the testimony.* The ark, a later name, given because the ark contained the tables of stone, called the tables of Testimony. *Did eat manna forty years.* The gift was daily and continuous.

Lesson Questions

Why did the Israelites murmur?
Describe the appearance of the manna.

What were the regulations regarding the gathering and keeping of the manna?

How was the giving of the manna remembered?

For Further Study and Discussion

1. Where do we read of the manna ceasing? (Josh. 5 : 12.)
2. Where is hidden manna spoken of? (Rev. 2 : 17.)
3. Would free bread remove poverty?
4. Is a wheat field as miraculous as the manna?

PROVE FROM SCRIPTURE—That Jesus is the bread of life.

SHORTER CATECHISM—Ques. 44.

THE LESSON IN DAILY LIFE (Daily Readings)

Monday—The giving of the manna, Ex. 16 : 11-20.

"Day by day." The unit of life is that part cut off by the golden shears of sunset and sunrise. Christ said, "Sufficient unto the day is the evil thereof," but only after he had taught, "Sufficient unto the day is the love thereof."

Tuesday—To be gathered early, Ex. 16 : 21-30.

The Sabbath day is a day in which God seeks to take from us the burden of the usual duties of life. God understands human nature and knows that a break in the routine of life is like a relaxing of the bow. The Sabbath is a "reasonable" institution.

Wednesday—The pot of manna, Ex. 16 : 31-36.

Why remember the manna? Because God wishes to make every great experience more than a great rear light shining on the past. He wishes to make it a great searching headlight, shining on the future and giving guidance. Headlight your experiences.

Thursday—Our daily bread, Matt. 6 : 25-34.

The prophet said, "Look up, starward." The psalmist said, "Look up, mountainward." Jesus said, "Look down, to the flowers." The heart of God is seen in the heart of a flower. We do not need gleaming stars or mighty hills to chase care. A flower will do.

Friday—A multitude fed, John 6 : 1-14.

Philip thought how low the treasury was. Andrew thought how small the lad's lunch was. Both saw how big the multitude was. They saw the precipitous side of the difficulty. Both failed to see the other side. They forgot all about Jesus and his power. Learn to see the other side of your difficulty. Your mountain has two sides.

Saturday—The bread of life, John 6 : 27-35.

Jesus always speaks of himself in the terms of the indispensable. He is the new and living way for our feet, the light of the world for our eyes, the door of the fold for our safety, the bread of life for our strength, the cross-bearer for our sins.

Sunday—Living bread, John 6 : 48-58.

Christ is life and gives life. He is living bread that gives life. We have need to pray not simply for our daily bread but for our daily hunger. For abundance of living bread avails nothing if we do not feed upon it.

A PRAYER

We praise thee, Father, for the record of thy gifts to thy murmuring people of old, and for the assurance that thou hast abundant provision for us also. Be thou the bread of life to us. Create in us soul thirst for thee. Teach us to feed on thee. And in thee may we have life, life that will enable us to show others the way to thee. For Jesus' sake. Amen.