

Consanguineous Marriages.

WE have received the following circular, which explains itself, and we need only say of it that those who read it are invited to send the facts concerning cases that they know about to Dr. Safford:

"Great doubt and prejudice exist in the minds of people in regard to the results of consanguineous marriages upon their offspring. In order to ascertain positively in regard to this important subject, a large number of statistics are required. If you know of such a marriage will you send me as many facts about it as you can in answer to the following questions:

1. Is the marriage between the given parties that of first or second cousins?

2. Has marriage of first or second cousins occurred previously between father and mother, or grandfather and grandmother?

3. Was there great disparity in the age of husband and wife thus united?

4. Give name and place of birth of husband and wife.

Were husband and wife of like complexion and temperament?

5. Are one or more children born of this union of first or second cousins, diseased or imperfectly developed in body, defective or diseased in mind and morals, or are there any marked idiosyncrasies in temperament or taste? If so, state in what way.

6. State if these abnormal conditions have existed in father or mother or in preceding generations on the paternal or maternal side.

7. State if any disease or accident occurred to the mother previous to the child's birth, to account for its abnormal condition.

8. If no defects mental or physical are known to exist in the offspring of a consanguineous marriage please give information to that effect.

The most accurate information is desired. All names will be withheld should the results of this investigation be published."

Address,

MARY J. SAFFORD, M. D.,
508 Columbus Ave., Boston, Mass.

Book Review.

DR. FOOTE'S HAND-BOOK OF HEALTH HINTS AND READY RECIPES; Murray Hill Publishing Company, New York City. (Advertisement in next column.)

Many who have read the HEALTH MONTHLY since it was begun in 1876, have doubtless from time to time seen articles in it of practical value and permanent interest that they would desire to preserve, and some have kept "files," but these in course of time become bulky and difficult to refer to. So it was decided to reprint in pamphlet form a number of carefully selected articles that had appeared in the HEALTH MONTHLY and to add such other material as would be necessary to make it a handy book of reference, a sort of guide-book for those who desire to live hygienically, besides giving suggestions for the relief of a good many common ailments that can be as well attended to at home, if one knows how, as by calling upon a physician. In the September HEALTH MONTHLY we announced that the book was in press. Now we are able to say that we have seen bound copies and that they are ready to deliver. As we have orders for over one hundred on the day the book is received from the binder, it is probable that the first edition of one thousand will only last long enough to enable us to get ready a much larger edition next time.

[FROM "HOUSE AND HOME."]

PLAIN HOME TALK AND MEDICAL COMMON SENSE. By Dr. Edward B. Foote. Murray Hill Publishing Company, 129 East 28th Street, New York.

This work, which consists of over 900 pages and 200 illustrations, is one of the most deeply interesting books ever issued from the press. It is just what its name indicates.

Dr. Foote's name as a highly successful physician is so well known that we need not refer to the author, except to say, that he seems to be directly in rapport with the public and to be able to teach them simply and effec-

tually the laws which govern the human system. The price of the book (1.50) is so low that we do not hesitate to say that it would prove the very best investment a young man or woman could make.

Nay, there are chapters that are alone worth hundreds of dollars. The Doctor commences with germ life and traces it right away through the vicissitudes of youth, manhood, old age, and death. Dr. Foote goes to the root of the matter and believes that prevention is better than cure. He treats on the most delicate subjects in a way which cannot offend even the most fastidious. The "History of Marriage" is a bold, interesting chapter, whilst the laws which should govern the marital relations are treated in a novel, entertaining, and useful way. Whilst we do not agree with all the conclusions of the Doctor, we hope all our readers will obtain the work and read it, as the title suggests, privately but with consideration.

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