

BY WAY OF INTRODUCTION.

THIS book had its origin in a sincere desire to help the girls and young women of the present day to a nobler womanhood. If, after the manner of authors, any excuse is needed for presenting it, to the public this purpose must be its sufficient apology. Not because girls are suffering for good advice is this book offered them, but because every generation needs to have the old truths that relate to the outlook on life put in fresh guise.

The loving counsel of wise mothers and women eminent in public life which is here incorporated will, I believe, add a new interest to the themes discussed. However small the value of the author's own words, the importance of the messages of others of whom he is merely the mouth-piece, are beyond question.

These chapters were originally given as lectures to an audience embracing hundreds of girls and young women, and the somewhat colloquial form of address has not been changed, as the author wishes to *speak* to the audience that reads his book rather than merely to *write* for them. Some parts of these chapters have also appeared in *The Ladies' Home Journal* of Philadelphia, and *The Golden Rule* of Boston. That in some cases they may be of service in bringing the Queen to her throne, her kingdom and her crown, is the hope and prayer of the author.

F. E. C.

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