

# PUTS HEALTH AND VIM INTO WOMEN

### So Says Mrs. MacPherson of Lydia E. Pinkham's Vegetable Compound

Brantford, Ontario.—"I was always tired and the least exertion would put me out for a day or two. I had a pressing pain on the top of my head, pain in the nape of my neck, and when I stooped over I could not get up without help, because of pain in my back. I did not sleep well and was nervous at the least noise. I kept house, but I was such a wreck that I could not sweep the floor nor wash the dishes without lying down afterwards. A friend living near me told me what Lydia E. Pinkham's Vegetable Compound had done for her so I began to take it. With the first bottle I felt brighter and got so I could wash dishes and sweep without having to lie down. Later I became regular again in my monthly terms. I have taken ten bottles all told and am now all better. I can truly say that your wonderful medicine cannot be beaten for putting health and vim into a woman."—Mrs. JAMES H. MACPHERSON, 309 Greenwich St., Brantford, Ont.

If you are suffering from a displacement, irregularities, backache, or any other form of female weakness write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women."

A 1c stamp will bring you new items to The Guide-Advocate.

## START NOW! GET READY FOR A BUSINESS CAREER BY ATTENDING

**ELLIOTT Business College**  
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Our former Graduates have succeeded. You can also. We admit students at any time. Write for particulars.  
W. J. ELLIOTT, Principal.

### MEDICAL

**JAMES NEWELL, PH. B., M.D., L.R.C.P. & S., M.B.M.A.,** England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

**C. W. SAWERS, M.D.,** Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

**W. G. SIDDALL, M.D.,** Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

### DENTAL

**GEORGE HICKS, D.D.S., Trinity University, L.D.S.,** Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st.

**G. N. HOWDEN, D.D.S., L.D.S.,** Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

### VETERINARY SURGEON

**J. McGILLICUDDY,** Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

### AUCTIONEER

**J. F. ELLIOT,** Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

### INSURANCE

**THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY**  
(Established in 1875)  
**JOHN W. KINGSTON**... President  
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**P. J. McEWEN**... Auditors  
**W. G. WILLOUGHBY**... Manager and Watford Sec.-Treasurer  
**ROY E. McPHERDAN**... Wanstead Agent for Warwick and Plympton

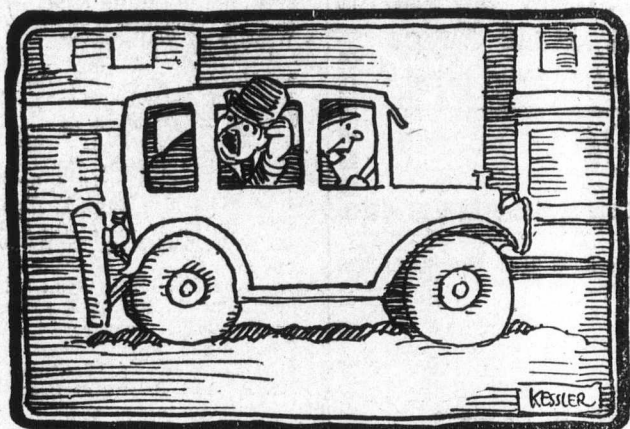
# Stephen Leacock

## "Let Me Show You Our Town"

### What the Helpless Visitor Suffers at the Hands of the Local Enthusiast

Has it ever been your fate when doing business away from home to have someone offer:  
"See here, now, if you have anything particular to do after your business, I'll call around with a car and show you the town."  
The man turns up right on time. This kind of man is never late; and he has already got me into his car and started backing away from the curb before he begins:  
"That's the First National Bank 'is' across the street."  
He balances his car into a dray and that silences him for a moment. But only for a moment.

My conductor halts the car a moment. "That statue," he says, "just over a little to the left—no, turn your head a little more, you're not seeing it,—the statue is George Henry Taylor."  
**Reward of Merit.**  
Somewhere in the dusk under the trees I perceive what looks like a large lump of cement, and I know that it is George Henry Taylor.  
"He was raised," continues my guide, "right here in the town."  
This doesn't amaze me as much as I would wish to. To me he looks as if he were raised on the town.



"IF YOU WILL TWIST YOUR NECK OUT OF THE WINDOW, YOU'LL SEE IT A LITTLE BETTER"

"That's Figgis' department store," he goes on, "there on the right. If you'll just twist your neck out of the window a little you'll see it better." They say its the third biggest department store west of Pittsburg.

**The Privileges of Belonging**  
It looks to me just like all the other third biggest department stores that I have seen elsewhere. There is one in every town, and they are all either east of Pittsburg or west of it. We pass on.

"That's our Y.M.C.A. They say its the second largest Y.M.C.A. building northeast of the Ohio river. I wish I had time to take you in and show you the swimming tank. Its the second deepest south of the great lakes. A couple of the students were drowned in it last year and one the year before. It's a great privilege for them to have it."  
"It must be."

"It is. Now that's the nail factory. I suppose you know that this place is the fourth biggest nail making centre in the United States."  
"Is it indeed?"

**The Wind Also Obliges**  
"Yes, it is. And that building to the left,—you don't see it very well,—lean your body out of the window,—that's the soap factory. You will notice a slight odor if the wind is the right way—"  
"It is the right way."

"Yes, that's the refuse from the soap. Strangers often notice it. This place, as perhaps you know, is the third largest soap making—"  
"Yes, I know. I heard it is."

In the gathering dusk of evening we pass the tannery, the abattoir with the hog yards, the glue works, the dye works and the municipal sewage farm. The showman tells me how they "treat" the sewage and regrets that I haven't time to get out and walk through it.

**Beauty and Culture**  
"Now this is the park that we are passing now. I'm sorry it's getting a little too dark for you to see it well—"

I became aware at this that we are passing the park. I had thought it just a hole in the town. There is a mournful little open shed in the centre, a sort of platform with a roof on posts. My conductor explains that this is where the band always plays in summer. In fact they have a band concert every Friday. The town, he says, is very musical. He regrets, and I echo his regret, that I can't stay till summer and hear the band. The town he explains, is very different in summer from what it is in winter. In summer, it appears, the leaves are all out. Indeed in point of beauty the town has been pronounced to be the third most beautiful northeast of the Wabash.

My conductor halts the car a moment. "That statue," he says, "just over a little to the left—no, turn your head a little more, you're not seeing it,—the statue is George Henry Taylor."  
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### TEN CURLING COMMANDMENTS

1. Thou shalt have no other game before me, for I am the roaring game which was in the beginning (even in the stone age), and is now and ever shall be.
2. Come not upon the ice with the old house broom. Thou can't not quicken the pace of a dying rock with a last year's broom.
3. Thou shalt learn the turns, both the out and the in; for the skip will not hold him guiltless that throweth a wrong turn.
4. Play not a running shot when thou art asked for a guard, lest thou raise thine own shot, so sending thy skip in the air; such a play getteth his goat; queereth his game, causeth him to swallow his gum, and to revile thee openly.
5. Thou shalt harken diligently to the defeated skip when his voice is lifted up in lamentation against the punk ice, and thou shalt not turn thy face from him when he blameth his third man. Even so shalt thou secure a listener against the day of thine own defeat.
6. Thou shalt not strew straws in the path of thine own or thy adversary's rock, neither shalt thou expectorate in front of them, causing them to halt in their course, and to die suddenly and become pork, for even as pork is an abomination to the Jew, so also is a hog in the sight of a skip.
7. Thou shalt have no discourse with thine enemy while his foot is in the back and his hand is on the rock, but if thou wilt, thou can't pray for him.
8. Thou shalt not push or kick a rock into the house from behind, stealthily, for the opposing skip will know for a surety and his anger will be kindled against thee and he will rise up in righteous indignation over thee and smite thee, even with the edge of his broom handle, and thrust thee hence from the sight or the curlers and the days of thy curling shall be ended, for this is the unpardonable sin.
9. Thou shalt not covet thy opponent's rock, nor his new broom, nor his lead player; neither shalt thou flch from him his third man, who is his mainstay and wall of defence in the day of battle.
10. And when thou comest to the last end and thou hast won the game and hast still a rock to play, and thou playest with great deliberation, and thy rock gambols playfully down the ice, sailing jauntily around the guard and through the port, and wicketh thine adversary's rock into the house so that it counts him the end and the game, and thou comest down the ice in fear and trembling and art hailed by the enemy as a good sport and a curler, and thine own side with groans and murmurings, and find thou hast peddled the game away, thou shalt receive the proffered hand of thine adversary and wring it, even if in thine heart thou shouldst wish it were his neck.

### TORTURES OF SCIATICA

Relieved by Enriching and Purifying the Blood.

Sciatica is neuralgia of the sciatica nerve and the treatment should be the same as for other forms of neuralgia. Sciatica is stubborn in resisting treatment and the patient frequently suffers for years.

So many cases of sciatica have been helped by Dr. Williams' Pink Pills that every sufferer is justified in giving this treatment a thorough trial. Dr. Williams' Pink Pills do not simply relieve pain—they correct diseases caused by weak, watery blood. Thus they are beneficial in the treatment of even the most severe disorders. Their value in cases of this kind is shown by the experience of Miss Lizzie Freeman, Nogies Creek, Ont., who says:—"I was confined to bed for seven weeks with sciatica. What I suffered is almost impossible to realize. The doctor did all he could for me, and yet I was not getting any better and he told me the trouble was likely to leave me crippled. A neighbor who was in to see me, strongly advised me to try Dr. Williams' Pink Pills. I decided to do so and after taking them for a while found they were helping me. I continued taking the pills until I had taken nine boxes when I was able to walk as well as ever, and felt that I was fully restored. In view of what these pills have done for me I strongly recommend them to all sufferers."

If you are suffering from any condition due to poor, watery blood or weak nerves, begin taking Dr. Williams' Pink Pills now and note how your strength and health will improve.

The new sales tax will not increase the price of Dr. Williams' Pink Pills as the company pays the tax. You can still obtain the pills through any medicine dealer at 50 cents a box, or by mail, post paid, at this price, from The Dr. Williams' Medicine Co., Brockville, Ont.

# LIMBS AND BODY ALL SWOLLEN

## "Fruit-a-tives" Relieved Both Dropsy and Sick Kidneys

### The Wonder of Fruit Medicine

Those who know they have Kidney Trouble—who suffer with pain in the back—who are up frequently at night—will welcome the news that "Fruit-a-tives", the wonderful medicine made from fruit juices and tonics, will positively relieve Kidney and Bladder Troubles—as proven by this letter.  
"Our little girl had Kidney Trouble and Dropsy—her limbs and body were all swollen. We decided to try "Fruit-a-tives". In a short time, the swelling went down. Now, she is the healthiest one of the family!"

WM. WARREN,  
Port Robinson, Ont.  
50c a box, \$ for \$2.50, trial size 25c.  
At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

## "Lest We Forget"

### Made the Supreme Sacrifice

- WATFORD AND VICINITY
- Capt. Thos. L. Swift
  - Sergt-Major L. G. Newell
  - Pte. Alfred Woodward
  - Pte. Percy Mitchell
  - Pte. R. Wainston
  - Pte. Thos. Lamb
  - Pte. J. Ward
  - Pte. Sid Brown
  - Pte. Gordon Patterson
  - Pte. F. Wakelin, D. C. M.
  - Pte. T. Wakelin
  - Pte. G. M. Fountain
  - Pte. H. Holmes
  - Pte. C. Stillwell
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  - Corp. Clarence L. Gibson
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  - Pte. John Richard Williamson
  - Lieut. Chas. R. Hillis
  - Lieut. Gerald I. Taylor
  - Pte. Charles Lawrence
  - Lieut. Basil J. Roche
  - Pte. Alfred Bullough

### A Corrector of Pulmonary Troubles

Many testimonials could be presented showing the great efficacy of Dr. Thomas' Electric Oil in correcting disorders of the respiratory processes, but the best testimonial is experience and the oil is recommended to all who suffer from these disorders with the certainty that they will find relief. It will allay inflammation in the bronchial tubes.

## Wedding Stationery

ANNOUNCEMENTS  
INVITATIONS  
CAKE BOXES  
CARDS

Newest Designs  
Finest Quality

### The Guide-Advocate

### CANADIAN NATIONAL RAILWAYS

#### TIME TABLE

Trains leave Watford station as follows:

**GOING WEST**  
Accommodation, 111.....8.42 a.m.  
Chicago Express, 17.....12.40 p.m.  
Detroit Express, 83.....6.51 p.m.  
Chicago Express.....9.11 p.m.

**GOING EAST**  
Ontario Limited, 80.....7.48 a.m.  
Chicago Express, 6.....11.22 a.m.  
Express.....2.50 p.m.  
Accommodation, No. 112.....6.08 p.m.  
G. E. McTAGGART, Agent, Watford.

## A. D. Howe

PAINTER AND DECORATOR  
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PROMPT ATTENTION  
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Children Cry  
FOR FLETCHER'S  
CASTORIA