

When a mother detects from the writhing and fretting of a child that worms are troubling it, she can procure a reliable remedy in Miller's Worm Powders which will expel all worms from the system. They may cause vomiting, but this need cause no anxiety, because it is but a manifestation of their thorough work. No worms can long exist where these Powders are used.

Use
ELARTON SALT
— for —
HOME—CATTLE—LAND
Unsurpassed for Strength and Purity.
To be obtained from
nearly every Store in this District
or
ELARTON SALT WORKS CO., Ltd.
WARWICK, ONT.

ARE YOUR EYES GETTING BETTER?

Your eyes are either getting better or they are getting worse. If your eyes need correction, any delay in getting glasses is slowly but surely damaging them.

Do not hesitate to wear glasses if you need them. You can select a style which is becoming, and the comfort to your eyes will be well worth while.

Mave you had your eyes examined lately?

"Take care of your eyes!"

Carl A. Class

Jeweller and Optician

MEDICAL

JAMES NEWELL, PH.D., M.D., L.R.C.P. & S., M.B.M.A., England.
Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13.
Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 p.m. 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons. Post graduate of Bridge and Crown work. Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON

J. McGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER

J. F. ELLIOT, Licensed Auctioneer for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

INSURANCE

THE LAMBTON

FARMERS' MUTUAL FIRE

INSURANCE COMPANY

(Established in 1875)

JOHN W. KINGSTON, President
JAMES SMITH, Vice President
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THOMAS LITHGOW, Director
GUILFORD BUTLER, Director
JOHN PETER McVICAR, Director
JOHN COWAN K.C., Solicitor
J. F. ELLIOT, Sec. Treasurer
ROBERT J. WHITE, Fire Inspectors
ALEX. JAMIESON, Auditors
J. J. McEWEN, Auditors
W. G. WILLOUGHBY, Manager and Watford Sec. Treasurer
PETER McPHEDRAN, Wanstead Agent for Warwick and Plympton

WOMAN TOO WEAK TO WALK

Now Works Nine Hours a Day.—
Lydia E. Pinkham's Vegetable Compound Restored Her Strength

Union Village, Vt.—"I was weak and nervous and all run-down. I could not walk across the floor without resting and I had been that way for weeks. I saw your advertisement in the paper and after taking one bottle of Lydia E. Pinkham's Vegetable Compound I felt the good it was doing me and I took seven more in all. Before I finished I was able to work nine hours a day in a steam laundry. I cannot say too much in favor of your medicine. I trust all sick and suffering women will take it. It has been two years since I took it and I am strong and well."

—Mrs. L. A. GUMANN, Union Village, Vermont.
This is only one of such letters we are continually publishing showing what Lydia E. Pinkham has done for women, and whether you work or not Mrs. Gumann's letter should interest you.

Many women get into a weak, nervous run down condition because of ailments they often have. Such women should take Lydia E. Pinkham's Vegetable Compound at the first sign of trouble. Good health is necessary and this splendid medicine will help you to keep it.

PREPARE FOR A BUSINESS CAREER!

ELLIOTT Business College
Yonge and Charles sts., Toronto.

Every graduate of the last twelve months has promptly obtained employment. Enter any time. Write for Catalogue.
W. J. ELLIOTT, Principal.

Central Business College STRATFORD, ONTARIO

The leading business school of Western Ontario with Commercial, Shorthand and Telegraphy departments. Graduates are assisted to good positions. Students may enter at any time. Get your free catalogue now.

D. A. McLACHLAN,

Principal.

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PAINTER AND DECORATOR
PAPER HANGING

WATFORD - ONTARIO

GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
ESTIMATES FURNISHED
SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

Nearly all children are subject to worms, and many are born with them. Spare them suffering by using Mother Graves' Worm Exterminator, an excellent remedy.

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE

Trains leave Watford station as follows:

GOING WEST
Accommodation, 11.11.8.42 a.m.
Chicago Express, 17.12.40 p.m.
Detroit Express, 83.6.51 p.m.
(a) Chicago Express, 9.11 p.m.

GOING EAST
Ontario Limited, 80.7.48 a.m.
Chicago Express, 6.11.22 a.m.
Express, 2.28 p.m.
Accommodation, 112.5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.
C. W. VAIL, Agent, Watford.

Internally and Externally it is Good.—The crowning property of Thomas' Electric Oil is that it can be used internally for many complaints as well as externally. For sore throat, croup, whooping cough, pains in the chest, colic and many kindred ailments it has qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it at hand.

Children Cry FOR FLETCHER'S CASTORIA

RADIO

A Weekly Feature of The Guide-Advocate to give our readers a clear explanation of this new popular science.
By Chas. M. Fitzgerald, Watford

A radiophone broadcasting station has two distinct ways of obtaining entertainment for its distant audience.

One method is, to connect by means of a land line, a regular place of amusement, such as a hall or park etc., or a church where the regular services etc. are in progress. When this method is used, the distant listener is aware of the fact by hearing the echo of the building in which the entertainment, etc., is taking place. Also other foreign noises such as the hum of the line; clapping of hands, coughing, etc. Of course during summer weather some days the accumulation of electric energy called static, which, if it were in considerable quantity would form an electric lightning bolt, discharging to the ground, causes rattling and crackling, of more or less intensity; to be heard in the receivers held to the ear prevents these natural noises to be heard distinctly and also interferes with the clearness of the other parts of the programs. This is somewhat annoying, and amusing to a person who is listening to radio for the first time but the advent of the cooler fall weather effectively puts a damper on these irregularities and enables greater ranges to be covered. It will be interesting to note that a listener at a distant receiver hears a speaker before the visible audience to which he is speaking. This is due to the fact that radio wave energy travels extremely faster than sound and in fact can encompass the earth seven times in a second.

The entertainment however is generally provided from the station itself or from a building in close touch to the transmitting apparatus. In order to eliminate foreign noises and echoes the speaker, singers and musicians carry on their allotted part in an enclosed room. This room is entirely draped from ceiling to floor with heavy tapestry or felt lined. The floors are also covered thick with carpet. Only the musical instruments that are needed for the use of the artist are kept in this room. Except for the transmitter which collects the sound all the requisite radiophone sending equipment is kept in another room. When the transmitting apparatus is in operation silence must be observed in this closed room as the sounds would be transmitted to the distant audiences.

The artists and speakers are made known by the announcer. Each station is allotted a combination of call letters which makes known to the distant audience what station he is hearing. For instance Pittsburgh has the letters KDKA assigned to their Westinghouse broadcasting station.

At the end of each piece, the announcer speaks. He may say, "The next number on KDKA's program is a soprano solo by Miss Blank accompanied on the piano by Mr. Blank etc. Any instruction that is given to the artist when speaking or singing is made known to them by a printed card held before their eyes. If it is desired that the singing should be of more volume a card containing the

words "louder or speak closer to the transmitter" etc., may be held to their view.

At the end of the entire entertainment or after several numbers have been broadcasted the announcer may give not only the name of the station and call letters but also the Company owning the station and its location as well as other information and reference to the next time it will broadcast and its program, etc.

The artists providing the singing practically all give their talent gratis. The companies owning the stations get their financial support from the sale of receiving equipment, etc.

During the times when the real artists are not present a broadcasting station may make use of a player piano or a phonograph. The phonograph music is clearly distinguishable by the scratch of the needle etc.

The time signals are also transmitted by radiophone. These signals are first received on a separate aerial from the large Arlington radio-telegraph station which has its transmitter operated by the clock in the observatory at Washington. After being received they are retransmitted on a short wave length of 360 metres by the radiophone broadcasting apparatus. The signals are heard in the form of a short buzz once a second and sent for a five minute period. At ten seconds before 12 a.m. noon or 10 p.m. Standard time, a pause ensues. Then right on the exact hour as mentioned a long buzz starts which indicates the time.

At different times different broadcasting stations send out their programs and several are broadcasting at the same time, but on somewhat different wave lengths, enabling the listener to try a different program if he should tire of the station he is hearing. The Detroit stations start fairly early in the evening, then Pittsburgh, Penn.; Louisville, Ky.; Newark, N.Y., etc. Later after ten o'clock the southern stations such as Kansas City stations, Atlanta, Georgia, etc., start broadcasting. On Sunday's the church services from Pittsburgh start at 10 a.m. our time due to the fact that they have daylight saving. At eleven Detroit broadcasts the services. At night for the same reason Pittsburgh starts at 6.30 then Detroit at 7.45 and then at 9 Atlanta, Georgia. Different churches and other services are broadcasted different Sundays and during the week certain stations send out particular days at specified times and thus a listener can have a radiophone from early morning till late at night and the programs etc., sent being so varied and interesting it provides not only entertainment but also a real utility to the whole household.

Why suffer from corns when they can be painlessly rooted out by using Holloway's Corn Remover.

Children Cry FOR FLETCHER'S CASTORIA

UNABLE TO WALK FOR A YEAR

Paralysis Entirely Relieved by "Fruit-a-tives"

The Wonderful Fruit Medicine

Paralysis is a break-down of the Nervous System and affects the victim in various ways. Sometimes, nervousness makes itself known by hysteria, insomnia, constant headaches, or it may be so bad that one is partially or completely helpless in some part of the body, just as Mrs. Heacock was.

SAULT STE MARIE, ONT.

"When I was twenty-eight years of age, my doctor advised me to have an operation, which I did and it proved very serious, leaving me weak and unable to walk for a year. Seeing your 'Fruit-a-tives' advertised in the papers, I decided to try them. I continued to use them regularly, and today I am able to go about my home duties and care for my family".

MRS. J. W. HEACOCK.

Any form of Nervousness is often caused by, and is always aggravated by, Constipation, which poisons the blood, irritates the kidneys and inflames the nerves. "Fruit-a-tives" stimulates the action of liver and bowels, kidneys and skin—tones and sweetens the stomach—keeps the blood pure, and builds up the entire nervous system.

In a word, "Fruit-a-tives" has proved that it is the most scientific and effective remedy in the world for Nervousness or a disordered condition of the nervous system.

50c a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

A MARRIAGE SHIP

A story coming out of New York reads somewhat like a tale of old Colonial days, when shiploads of Old Country lassies came out to marry the optimistic men awaiting them.

It is stated that about 200 prospective brides who had done their courtship by correspondence arrived recently on the steamship Constantinople, and after hours of clamorous search and identification by the bridegrooms who met the ship, 15 young women remained unclaimed.

About 100 men went down the bay in motor boats to see the liner, which they escorted to the pier, shouting queries and greetings. Most of the brides seemed to be named Mary, for when that name was called from a motor boat so many young women rushed to the rail as almost to cause the vessel to list. The pier was a scene of confusion as bridegrooms rushed frantically about, photograph in hand, peering into the face of each of the young women.

WHY TELL A LIE?

Why must people go through life living and telling a perpetual lie? Why not tell the truth?

For instance—
If your neighbor is lazy and his wife earns the living and his children are hungry and half clothed, why not tell him so?

If you think public officials are inefficient and grafting, and misrepresenting their constituents, why not tell them so?

If Miss Pertness has her face smeared with powder, why wait for the wind to blow it off? Why not tell her she is a freak?

If you have been making love to your stenographer and your wife suspects you, why lie about it? Why not tell the truth?

If you want your friend to endorse your note, and you know you can never pay, why not tell him so?

If Miss Dimple looks like a scarecrow, and you want to marry her for her money, why tell her she is a sylvan, and an angel, and all of that rot. What's the matter with the truth?

If you are selling a spavined old horse and you know it will fall to pieces before the purchaser can lead it home, why not tell him so?

If you owe the grocer, and the butcher, and the doctor, and you never expect to pay them, why not tell them so when you place your next order?

If you drop a nickel in the collection box, and you expect your generosity to boost you into a choice seat in Heaven, why hide your light under the cloak of modesty? Why not get up and tell the congregation so?

What's the use in telling a lie, anyway? Isn't the truth good enough? Try it!

A power of its own.—Dr. Thomas' Electric Oil has a subtle power of its own. All who have used it know this and keep it by them as the most valuable liniment available. It users are innumerable and for many years it has been prized as the leading liniment for man and beast.

SMOKE OLD CHUM

The Tobacco of Quality

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