

### WHICH SCHOOL?

A course in the ELLIOTT BUSINESS COLLEGE, Yonge and Charles Sts., Toronto, will prepare you to accept and hold a choice position as stenographer, typist, accountant or office assistant. This College places many students in positions each year. The instruction is absolute, first-class. Open all year. Enter at any time. Write for large catalogue.

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W. J. Elliott, D. A. McLachlan,  
President, Principal.

### MEN WHO ENLISTED IN 149 BATT. AT WATFORD

- Lieut. W. H. Smyth, Headquarters Ottawa.
- Lieut. R. D. Swift, Scout Officer.
- Sergt. W. D. Lamb
- Sergt. M. W. Davies
- Sergt. S. H. Hawkins
- Sergt. E. A. Dodds
- Sergt. W. C. McKinnon
- Sergt. Geo. Gibbs
- Sergt. H. Murphy
- Sergt. C. F. Roche
- Corp. W. M. Bruce
- Corp. J. C. Anderson
- Corp. J. Menzies
- Corp. S. E. Dodds
- Corp. H. Cooper
- Corp. C. Skillen
- Corp. C. E. Sisson
- L. Corp. A. I. Small
- B. Q. S.—B. C. Culley
- C. Q. S.—C. McCormick
- Pte. Frank Wiley.
- Pte. A. Banks
- Pte. F. Collins
- Pte. A. Dempsey
- Pte. J. R. Garrett
- Pte. H. Jamieson
- Pte. G. Lawrence
- Pte. R. J. Lawrence
- Pte. C. F. Lang
- Pte. W. C. Pearce
- Pte. T. E. Stillwell
- Pte. A. H. Lewis, Band
- Pte. G. A. Parker
- Pte. A. W. Stillwell
- Pte. W. J. Saunders
- Pte. Bert Saunders
- Pte. A. Armond
- Pte. W. C. Aylesworth, Band
- Pte. R. Clark, Bugler
- Pte. S. L. McClung
- Pte. J. McClung
- Pte. C. Atchison
- Pte. H. J. McFeley
- Pte. H. B. Hubbard
- Pte. G. Young
- Pte. D. Bennett
- Pte. F. J. Russell
- Pte. E. Mayes
- Pte. C. Haskett
- Pte. S. Graham
- Pte. W. Palmer
- Pte. H. Thomas
- Pte. F. Thomas
- Pte. B. Trenouth
- Pte. E. A. Shaunessy
- Pte. W. Zavitz
- Pte. W. J. Sayers
- Pte. Lot Nicholls
- Pte. John Lamb
- Pte. Eston Fowler
- Pte. E. Cooper.
- Pte. F. A. Connelly.
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### IT'S SIMPLY MARVELLOUS

the way Zam-Buk relieves the burning and irritation of eczema," writes Miss A. Gallant, of St. Nicholas, P.E.I. "For a year I suffered with this disease, and tried all kinds of remedies, but nothing helped me until I used Zam-Buk. The continued use of this herbal balm has completely cured me."

"Although it is now two years since this cure was effected, there has been no return of the disease."

Zam-Buk is equally good for ringworm, scalp sores, pimples, boils, teething rash, "barber's rash," ulcers, old sores, abscesses, bad legs, blood-poisoning, bites, cuts, burns, scalds and bruises. All dealers or Zam-Buk Co., Toronto. 50c. box, 3 for \$1.25.



### GET READY FOR GARDEN

How to Plan Your Work and Work to a Plan.

#### EVERYBODY GROW EATABLES

The Essentials in Planning Garden—Best Varieties to Plant.  
(Contributed by Ontario Department of Agriculture, Toronto.)

**A**T NO TIME in many years has the necessity and importance of the home vegetable garden been so clearly shown as for this coming summer. France, our wonderful ally, has since the French Revolution been a nation of small farmers, her people of small means cultivating some available land to produce a portion of their own household foodstuffs and to increase the wealth of the nation. Great Britain, threatened with a shortage of foodstuffs, determined to cultivate all available land possible to offset this shortage and we, in Canada, bending every energy toward facilitating these great nations should do all in our individual power to do something in the hope of helping ourselves and assisting the commercial vegetable growers who are seriously handicapped by the shortage of labor in the production of vegetable foodstuffs. Every city, town and village dweller has an opportunity to help in this great work, in that there are hundreds of available plots now practically unproductive, which could be made grow vegetables and thus add to the wealth of the country.

**Vegetables an Important Food.**  
Vegetables should form an important portion of the daily food of the average human being, for they possess qualities which we are told are essential in the proper digestion of the heavy foods, such as meats.

All backyards cannot be prepared in one year to grow vegetables of an excellent quality. Some portion of the yard, however, may be devoted to this purpose, or, if it is convenient, there are usually many vacant lots which are not too far from one's place of abode which possibly could be devoted to the growing of vegetables.

#### Some Essentials.

First of all it is essential that the vegetable garden, no matter how small, be planted according to some plan or rule. No one attempts to build a house or to set out a perennial flower border without using some drawing or chart to go by. Why should the vegetable garden be treated differently? Haphazard planting will prove a failure, and in order to overcome this it should be remembered in laying out the garden that—

- (1) Tall plants will be most effective if placed behind low ones, not intermingled with them.
- (2) All plants closely allied should be grown together, not in the same row, but in rows adjoining one another.
- (3) The fences may be decorated with vine crops which may be supported on the fences by means of strings or lattice work.
- (4) All quickly maturing vegetables should be planted in a portion of the garden by themselves so that they may be harvested and the ground used for other crops later on.

#### Secure Seed Now—But Plant Only When Soil Is Ready.

The backyard gardener should decide very early which crops are to be grown and should purchase his seed as soon as possible. It must be remembered, however, that much of

this seed may be wasted if it is planted too early in the season. The soil must be warm to receive the seeds, and amateur gardeners must have patience until it is certain that good growing weather has come. It is possible in ordinary seasons to plant some vegetables in April, and yet many backyard vegetable enthusiasts will be well advised to wait until the middle of May before doing very much in the garden.

#### Suitable Varieties.

A list of varieties suitable for gardens made by city, town and village dwellers follows:

- Asparagus—Palmetto, Conover's Colossal.
- Beans—Davis' White Wax, Golden Wax, Refugee.
- Beets—Crosby's Egyptian, Detroit Dark Red.
- Brussels sprouts—Dalketh.
- Carrots—Chantenay.
- Cauliflower—Erfurt, Snowball.
- Cabbage—Copenhagen Market, Danish Ball Head.
- Celery—Paris Golden, Winter Queen.
- Corn—Golden Bantam, Stowell's Evergreen.
- Cucumber—White Spine, Chicago Pickling.
- Citron—Colorado Preserving.
- Lettuce—Grand Rapids, Nonpareil.
- Melon, Musk—Paul Rose.
- Melon, Water—Cole's Early.
- Onions—Southport Yellow Globe.
- Parsnip—Hollow Crown.
- Parsley—Champion Moss Curled.
- Peas—Gradus, Little Marvel.
- Potatoes—Irish Cobbler, Green Mountain.
- Pumpkin—Quaker Pie.
- Radish—Scarlet White Tip Turnip, No Plus Ultra, (winter) China Rose.
- Spinach—Victoria, Virgilay.
- Salsify—Sandwich Island.
- Squash—Bush Marrow.
- Turnip—Earl Six Weeks.
- Rhubarb—Victoria, Linneans.—S. C. Johnston, Ontario Vegetable Specialist, Toronto.

**THE OIL OF POWER.**—It is not claimed for Dr. Thomas' Electric Oil that it will cure every ill, but its uses are so various that it may be looked upon as a general pain killer. It has achieved that greatness for itself and all attempts to surpass it have failed. Its excellence is known to all who have tested its virtues and learnt by experience.

#### Unlucky Bagdad.

A writer in Pearson's tells us that Bagdad, where the British are now firmly established, has well earned its reputation of the world's unluckiest city. Not a square inch of the soil on which it stands but has been soaked with the blood of its citizens.

When the Mongols, under their terrible Chief Hulaga, took the city in 1258, 1,000,000 of its inhabitants were put to death. Worse still, Hulaga ruined the whole system of irrigation canals which made Mesopotamia perhaps the richest country in the world, "thereby destroying the work of 300 generations in as many hours."

In 1393 Timur the Tartar sacked the city. He killed all its inhabitants, "save only the holy men," and 900,000 skulls were piled up in pyramids before the walls.

The Persians under Shan Abbas, captured Bagdad in 1623, after a desperate resistance, and in revenge he ordered 500 of the principal citizens to be tortured to death in public, the executions lasting over an entire week. Three hundred others were executed by hanging them head downward in the city's 300 wells, thereby poisoning the water supply.

#### Thick Skins.

One of the thickest skinned animals in existence is the walrus, which is found in great herds on the ice fields of the ocean and in winter on Behring Sea. Hides one inch or more thick, especially around the shoulders, are common, and they can be split many times, every layer a tough, strong, durable leather. The hides are used for making bags, trunks, and buffers for polishing in the shops of gold and silver smiths. Beneath the hide of the walrus is a layer of fat often six inches thick, which protects the animal from the cold. He will sleep on the ice floe till he melts a great basin in it from the warmth of his ponderous body.

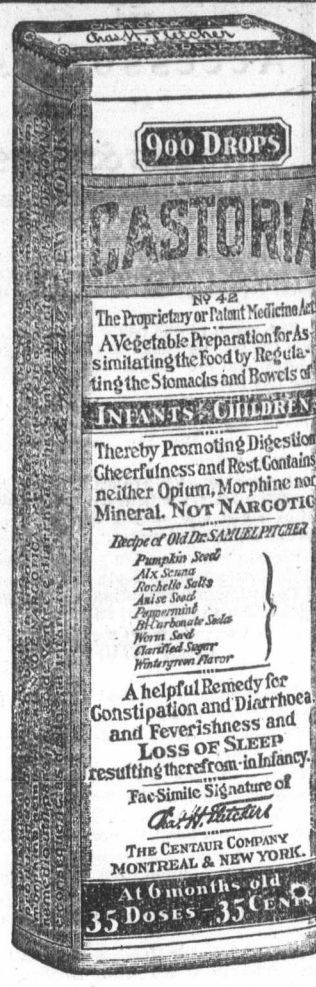
#### Mme. Bernhardt.

Mme. Bernhardt made her first appearance in America thirty-seven years ago. She broke her contract with the Comedie Francaise in Paris and was fined \$20,000 in order to make her first tour of Great Britain and America. Before returning to Paris she toured North and South America and all of Europe, except Germany, refusing to visit the latter country. From the first Mme. Bernhardt was a favorite on this side of the Atlantic.

#### A Vicious Bear.

While the track laying crew was recently engaged in laying rails on the Alaska railway, near Mile 195, a brown bear attacked one of the laborers, chasing him down the right of way. One of the men shot the bear, which weighed 800 pounds.

Warts on the hands is a disfigurement that troubles many ladies. Holloway's Corn Cure will remove and blemish without pain.



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Mothers Know That Genuine Castoria

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### Spring Cleaning

will be your next big drive!

We have the following lines in stock and guarantee the prices are lower than in six weeks from now:

- Home Washers.....\$12.50
- Bonnie Washers..... 6.50
- Jubilee Washers..... 5.50
- Empress Wringers..... 5.00
- Imperial Wringers..... 5.50
- O-Cedar Mops..... 1.50
- Vacuum Cleaners..... 7.50

Tubs, Pails, Scrubbing and Paint Brushes at lowest prices.

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### Spring House Furnishings

MASON & RISCH PIANOS, STRING INSTRUMENTS, MUSIC BOOKS, SHEET MUSIC, RECORDS	Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for <b>Parlor, Dining Room, Bedroom, Library or Kitchen.</b>	VICTOR VICTROLAS SEWING MACHINES
	Comfort, Elegance, Durability and Value are features that our goods are noted for. <b>No Big Profits to Pay Here</b> Our prices are as low as consistent with reliable goods. Let us show you the new patterns.	REPAIRS FOR STRING INSTRUMENTS <b>THE NEW CURTAIN STRETCHER</b>

### HARPER BROS.

PHONE 31.  
FINE FURNITURE FUNERAL DIRECTORS

THIS is no time to be practising False Economy. Don't imagine because you have a fire on that it is cheaper to bake your own Bread and Cakes. Remember, you must have extra heat, and you know the cost of wood and coal these days! So Save your Fuel and Buy your Bread and Cakes from

**LOVELL'S**