

## HEADACHES ARE DANGER SIGNALS

They Tell Us Plainly That Something Is Wrong Inside.

There are tablets and powders that will stop a headache promptly—but removing the danger signal does not take away the danger.

In nearly every case a headache—of whatever kind—is a symptom of poisoned blood, due to bowels, kidneys and skin failing to thoroughly remove indigestible food and waste, worn-out tissue from the body. Then digestion is poor, causing sick headache or uric acid is formed and deposited on the nerves, causing neuralgia.

Not only the danger signal, but the danger itself as well, is quickly removed by "Fruit-a-lives."

"Fruit-a-lives" are tablets made of the combined juices of oranges, apples, figs and prunes, containing all their medicinal properties, concentrated and intensified. They cause the liver to secrete more bile, which moves the bowels freely and regularly, and cures the most obstinate cases of constipation. They stir up kidneys and skin and throw off all the urea, or dead tissue, which has been poisoning the system. They sweeten the stomach, improve digestion and tone up the whole body. The beneficial disappear—because the source is removed, 50c a box—\$2.50, trial size, 25c. Fruit-a-lives Limited, Ottawa.

**The Spott-Shaw-Business University**  
VANCOUVER, B.C.

OFFERS A CHOICE OF TWO TO FOUR POSITIONS

To every accurate, business always in Great Demand.

Commercial, Typing, and Gregg Short-hand, Telegraphy, Typewriting (on the six standard makes of machines), and languages, taught by competent specialists.

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**St. George's School for Girls and Kindergarten**

BOARDING AND DAY SCHOOL

providing a sound education from the Kindergarten stage to the preparation for McGill University. Special class for little boys.

901 Johnson Street.  
F. W. SUTHER, M.A. SUTHER.

At Home Friday.  
Master Term Opens January 15th.

**Mantels, Grates and Tiles**

Lime, Hair, Brick, Fire Brick and Cement

Sole Agents for Nephel Plaster, Parla, and manufacturers of the Celebrated Rosebank Lime.

**RAYMOND & SON**

No. 613 Pandora St., Victoria, B.C.

**Discovered At Last**

A Light for Country Homes.

**ACETYLENE GAS**

Cheap - Simple - Automatic

Call or write us and we will show you the machine working—that does the trick, or send you particulars.

Dark winter nights made light.

**Hayward & Dods**

Sanitary Plumbing, Hot Water, Steam and Air Fittings.

Fort Street, Corner Blanchard.

VICTORIA, B.C.  
Phone 1354.

**IN THE SUPREME COURT OF BRITISH COLUMBIA**

In the matter of Joseph Taiton deceased intestate, and

In the matter of Section 14, Range 6, Sonoma District.

TAKE NOTICE that on the 25th day of January, A.D. 1909, at the hour of 10:30 a.m., an application will be made to the presiding Judge in Chambers in the Supreme Court of British Columbia to approve of the sale of the above named deceased to one William Ridge and for such other order as may be necessary.

Dated this 21st day of December, A.D. 1908.

H. DALLAS HELMCKEN,

642 Bastion St.

Solicitor for Administrators.

To the Heirs of Arthur May, late of Quamichan District and Province of British Columbia.

**Subscribe for THE COLONIST**

## QUARTERLY MEETING OF BOARD OF TRADE

Some Important Business Matters Will Be Dealt With Today

The general quarterly meeting of the Board of Trade will be held at 3 o'clock this afternoon, and in view of the important nature of the business, which will be submitted for discussion, it is hoped that the attendance will not only be large, but that the extreme punctuality which was so noticeable at the monthly meeting in December will be again visible.

Despite the inclemency of the weather, the Board room will be found to be quite warm and comfortable, as the fire is being maintained throughout the night as well as in the day time.

Two important committees, one having to do with the development of the harbors of Victoria and Esquimalt under consideration, and the other the general development of the great resources of Vancouver Island will present their reports. Both committees have been actively engaged on the performance of their respective duties during the past six weeks, and material for some very interesting reports has been accumulated. Arrangements are being made by the latter committee, which is headed by Col. E. G. Prior, for the assembling in this city in the near future of delegates from all the principal seaports, which exist upon this island, but the precise date for this meeting is one of the matters which still remains to be determined.

Ten applications for membership have been received, which is indeed an excellent beginning for the new year of 1909.

## SAFEGUARDING THE RIGHTS OF SHIPPERS

London Body Asks Board of Trade to Use Influence at Ottawa

The following interesting and important letter of the London Body of Shipowners, which has been received by Mr. F. Elworthy, the secretary of the Board of Trade:

I am directed by the Governing Body of the London Body of Shipowners to inform you that they are engaged on a subject of considerable commercial importance.

As you are doubtless aware, it is the practice of the London Body of Shipowners to introduce into their Bills of Lading a large number of clauses by which they protect themselves against every conceivable contingency. Many of these clauses are grossly unfair in their character and press very heavily upon those whose business it is to ship goods to this country. A Bill of Lading now-a-days is a monumental example of a one-sided contract. But neither Consignors nor Consignees are able to deal effectively with the well organized and compact group of shipping companies, who combine to impose these conditions.

The Commonwealth of Australia has recognized the importance of this question, and in the year 1903, passed an Act making it illegal for shipping companies to contract themselves out of their liability in regard to the following, viz:

(a) Damage to goods from improper condition of ships or from negligence in loading, stowing, custody or delivery.

(b) Failure to use diligence or to properly equip or to make and keep the hold, refrigerating and cool air chambers, etc., fit for the reception, carriage and preservation of goods.

(c) Want of care on the part of the Master, Officers, Agents or Servants of any ship in handling and stowing goods and to care to preserve and properly deliver them.

It was further enacted that Bills of Lading relating to the carriage of goods from Australia to any place outside should be interpreted accordingly to the laws of Australia, and that any clause in any Bill of Lading having reference to the shipment of goods from Australia, and relating to the above, should be null and void.

Early in the present year a Bill was introduced into the Canadian Senate embodying the provisions of the Australian Act, the Senate, however, without difficulty. It did not succeed in getting through the Lower House, the ostensible reason being want of time. The title of the Bill was "An Act relating to the Water Carriage of Goods."

The Bill was introduced in the House for the first time on 20th February, 1908, and the second reading took place on 3rd March, 1908.

It is understood that this measure will be reintroduced, and I am directed to ask you to exert every possible influence to secure its adoption. It is only by agitation and pressure on your part that anything can be done. The Canadian Government by subsidizing Shipping Companies has an unquestionable right to have a say in regard to such matters as are dealt with in the Bill, and when it is seen how eminently reasonable are the provisions of that measure, and the success which has attended legislation on similar lines in Australia, together with the benefit ensured thereby to consignors, I feel sure you will recognize the importance of the question to every exporter in Canada, and will endeavor to secure its passage.

C. J. Higginson, Secretary.

This communication has been referred to the proper committee for full consideration and a report will be made.

Although it is not so stated it appears evident that it has been forwarded to Chambers of Commerce throughout the British Dominions.

Wetaskiwin Fire.

Winnipeg, Jan. 7.—A serious fire visited the business section of Wetaskiwin, Alberta, this morning, burning the P. Burns and Compton-Montgomery blocks, occupied by several merchants, who lost their all. The total loss was one hundred thousand dollars.

P. Higginson, of Vancouver, is in the city on business. He is expected to be registered at the King Edward Hotel.

## FAIRFIELD ESTATE ALMOST ALL SOLD

Entire Subdivision With Exception of Few Lots Disposed Of in Fortnight

The sale of one hundred and sixty lots in about a fortnight is an accomplishment rarely recorded. That is what has been done through the agency of the local real estate dealers, Messrs. Grant & Lineham. They have found purchasers for upwards of thirty-two acres of property and have completed the details in connection with transference in something like fourteen days. The sub-division, which is generally known as the Fairfield estate, is situated on the Dallas road and is bounded on the east by Moss street, on the west by Cook street, and on the north by Manitoba avenue.

As its northern extremity is less than a block from the new car line which will join the Fort street road to the Ross Bay cemetery, and because of the fact that the property is within a short distance of Beacon Hill Park, it is rated as admirable sites for the establishment of a new residential section. Therefore, when it was announced that the entire block had been surveyed and that arrangements had been made to place the lots on the market at reasonable prices, there was no difficulty in finding purchasers.

During the first few days Grant & Lineham assisted by those who were for the choicest locations such as is oftentimes witnessed at the bargain counter of a departmental store, a significant fact in their opinion, is that the majority of the buyers are Victorians, thus demonstrating the citizens have implicit confidence in the future of their home city.

Practically the entire sub-division has been disposed of. Of the one hundred and seventy lots, there remain about eighteen and a number of these have been spoken for in fact it is expected that they will be taken up before the end of the week.

The property was purchased by F. C. Band and his associates from F. C. Lowes, of Calgary, who obtained possession of it a couple of years ago. Mr. Band has stated that he would sell it at a price that would permit the people of small means to invest without inconvenience. In doing so, he imposed certain building restrictions to render impossible the construction of small and unsightly buildings, thus militating against the view that the district might be converted into one of the most beautiful of Victoria's home sections.

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## VICTORIA BOWLERS ROLLED BIG SCORE

Locals Did Well in Telegraph League Match—House Competition

The Victoria team rolled a good score in the last British Columbia Telegraphic league match as the following scores show. No returns are yet to hand from the other teams:

Matthews 1st 2nd 3rd 7th. Av.  
Williams 145 170 183 508 109  
Williams 188 215 181 584 195  
Jameson 162 170 185 517 172  
Hill 171 184 200 555 185  
Moran 190 172 166 538 173  
888 911 925 2804.

**House League Games**

In the Douglas street alley House league the race for premier honors goes on merrily. The second round of games is now all underway.

The following are the scores of the last two matches:

Chippewas 174 226 180  
Pike 190 128 185  
Nescom 166 149 184  
Pike 153 145 135  
Malet 136 178 148  
830 819 796

Apaches 184 168 198  
Petch 171 159 170  
Aaronson 160 160 160  
Wilson 161 153 144  
Anderson 180 180 180  
846 759 805

**Mohawks (Second Game) Won Last**

Moran 170 170 170  
Jameson 160 160 160  
Mason 141 136 143  
Lewis 174 122 147  
Curtin 132 153 134  
777 791 754

**Chilootine**

Fox 171 174 160  
Quayle 161 161 161  
Anderson 150 150 150  
Cameron 135 135 135  
Morley 120 120 120  
749 740 701

**How Teams Stand**

The league standing follows:

Chippewas 12 5 7 96  
Apaches 11 7 6 111  
Teacups 11 10 8 111  
Drury 10 10 10 444  
Mohawks 8 10 4 444  
Chilootine 3 15 168

**U. S. Pacific Fleet**