

March Weather Dangerous to Baby

Our Canadian March weather—one day bright, but sloppy, the next blustery and cold—is extremely hard on children. Conditions make it necessary for the mothers to keep the little ones indoors. They are often confined to overheated, badly ventilated rooms and catch colds which rack their whole system. To guard against these colds and to keep the baby well till the better brighter days come along, a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. The Tablets are a mild but thorough laxative which never fail to regulate the stomach and bowels and thus they relieve colds and simple fevers and keep the baby fit. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

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WHAT EXCHANGES SAY

WHEAT FROM RUSSIA

(Toronto Globe)

The Supreme Allied Council, according to a Paris newspaper, has made a tentative plan to secure a supply of wheat from Russia. This step seems to be necessary in order to avert a serious shortage of bread in Western Europe. Sir James Wilson, who is a well known authority on agriculture in Scotland, and was a delegate to the International Institute of Agriculture at Rome from 1914 to 1917, estimates that the exporting countries of the world will hold 344,000,000 bushels of old wheat on August 1, 1920, which is only about one half of the normal import requirements. This estimate includes Russia, Roumania and India. The Indian crop, which becomes available in April, is promising, but the Roumanian crop is doubtful, and there is now practically no intercourse with Russia. In the United States, owing largely to the cost of labor, the winter wheat sown was only 39,000,000 acres, as compared with 50,000,000 acres the year before, and the same labor troubles will prevent any large increase in the spring sown wheat. The Allies cannot expect much relief from that quarter, and prospective hunger is driving them to make a bargain with Russia.

WISE QUEBEC FARMERS.

(Belleville Daily Ontario.)
In the Province of Quebec they are wiser in many things than we are in Ontario. The farmers there didn't turn all their beautiful maple forests into cordwood and cow pasture as we have done around Belleville. They looked farther ahead than the immediate present.
The result is, that owing to their forchandedness and enormous annual production of maple sugar they have been enabled to cut down the consumption of refined sugar in that Province to 68 pounds per capita. In Ontario it is nearly twice that amount or 130 pounds per head.
In Ontario we have been growing

English Glycerine Soap
10c Cake
Castile Soap, Large Bar
35 Cents
Cuticura Soap, 25c Cake
Colorite, 30c Bottle
Rowntree's Clear Gums,
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After Dinner Mints,
30c Box
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rich, and correspondingly lazy. The maple trees we have left, if put to work, would practically drive the Cuban product off the market. But we Ontarians prefer to loaf around the house in the spring and grumble about living costs and the greed of the middleman. The habitant of Quebec takes off his coat, goes to work in his bush, and so keeps his money at home and makes himself independent of profiteers, whether Cuban or Canadian.

Growth Shows Desire To Extend Army Work

Commissioner W. J. Richards, chief of the Salvation Army in Eastern Canada, has completed his fifth year in that capacity. During that time the Army has seen one of its greatest periods of usefulness. This period takes in the "war years." The great war had been under way since August and new problems presented themselves to the organization when he assumed command. These problems required a large measure of initiative to overcome. The task of rendering the highest and most efficient service was shouldered and Canada paid tribute to the success which attended those efforts by over subscribing the amount asked for during the Red Shield Drive.

Commissioner Richards is a forceful man. He is a man of few words. He believes in doing things. During the five years, more than 11,000 persons are recorded as having sought salvation. Notwithstanding the lesser due to war, there are today nearly 2,000 more names on the Membership Roll than there were in this territory five years ago.
In July, 1915, Canada East was separated from Canada West, the dividing line being Port Arthur. Ever in view of this, there are now only forty one fewer officers in active service in the Eastern territory alone than there were in the combined territories five years ago.
In the Field Report two very striking indications of financial growth are given. In 1914, the Self-Denial total for the combined territories was \$48,726. In 1919, for Canada East alone, it was \$75,501. Harvest Festival returns have been doubled.

Shows Solid Growth.
In all the various departments the same rate of growth has been recorded. This shows that as often as humanly possible every opportunity has been seized for the advancement of every branch of the organization. Inasmuch as every act of service means the welfare of somebody, the position which the Salvation Army occupies today indicates tremendously increased service to the community.

This service has been rendered under the leadership of Commissioner W. J. Richards. His five years in Canada have been five big years for the Salvation Army in Canada, and give great promise for the future.

DIED AT PORT WELLER.

There passed away at Port Weller on Thursday morning, Samuel Mazuront, at the age of 31 years, following an illness of a lengthy duration. Deceased who had lived in Toronto for a number of years came to Port Weller about ten months ago to reside with his brother, William Mazuront, where he was tenderly looked after until he passed away, his disease being pronounced incurable from the start. The funeral will be held on Saturday afternoon to Victoria Lawn Cemetery.

HIPPODROME
Mon., Tues., Wed., Thurs
By Special Request We Have Booked
BROKEN BLOSSOMS
FOR FOUR DAYS
Don't Miss It. It is a Wonderful Photodrama
OUR USUAL PRICES
MATINEE DAILY, 10c
EVENING: Children 10c, Adults 15c.
WE PAY THE TAX

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN
Not Aspirin at All without the "Bayer Cross"



For Colds, Pain, Headache, Neuralgia, Toothache, Earache, and for Rheumatism, Lumbago, Sciatica, Neuritis, take Aspirin marked with the name "Bayer" or you are not taking Aspirin at all. Handy tin boxes containing 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages. There is only one Aspirin—Bayer. You must say "Bayer" Aspirin is the trade mark registered in Canada of Bayer Manufacture of Brown-accouchard of Bielefeld. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their several trade marks, the "Bayer Cross"

WILSON'S ANSWER TO LAST NOTE OF THE PREMIERS IS OFF

The State Department Declines to Reveal the Contents of Rejoinder.

WASHINGTON, March 6.—President Wilson's rejoinder to the last note of the French and British premiers on the Adriatic situation was despatched to Europe last night. Its content was not disclosed by the state department.

In preparing his answer President Wilson had before him the proposal of the premiers that the United States join in seeking a settlement

of the vexing problem of the Adriatic through direct negotiations between Italy and Jugo-Slavia. The text of their proposal was taken from a statement in Mr. Wilson's previous communication that the United States "would, of course," not oppose any agreement "mutually agreeable to Italy and Jugo-Slavia" as to frontiers, providing it "was not" on the basis "of compensation elsewhere at the expense of nationals of a third power."

The President was invited to participate in a joint proposal to Italy and Jugo Slavia to this effect, and what answer he has made was not revealed. It was noted, however, that the summary of the premiers' note should such efforts bring no results, further triangular discussions between Great Britain, France and the United States in search of a way out of the difficulty were agreed to in advance.

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Wanted to operate moulding machines. Light work, big pay. Average weekly hours about fifty. Steady work and employees insurance.
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Equipment and Supplies for Hospitals, Institutions, Bunkhouses, Camps, Diningrooms, Kitchens, etc.
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CONSTRUCTION EQUIPMENT AND MACHINERY—AMBULANCES
THE STORES ARE LOCATED AT DIFFERENT PLACES THROUGHOUT CANADA
Instead of or in addition to sales by sea'ed tender
Price Lists Will Now Be Issued
for most articles—the goods being offered in lots for purchase by wholesale houses, jobbers and the trade generally
TRADE ONLY SUPPLIED
except that arrangements previously announced for sale to returned soldiers and sailors and widows and dependents of same through the G. W. V. A. and similar organizations and to hospitals and philanthropic institutions will be continued.
SALES WILL CEASE IN MARCH. Any balances left will be cleared by public auction shortly thereafter. This advertisement will not be repeated. Those interested should therefore apply AT ONCE for price lists and other information to the
Secretary of the War Purchasing Commission, Booth Bldg, Ottawa

THIEVES ATTACKED MAN WHO BARRED WAY FROM STORE
NIAGARA FALLS, March 6.—While endeavoring to prevent the theft of three women's dresses from the department store on Main street where he is treasurer, Peter F. Jens, a member of the board of education was brutally beaten by two men whom he intercepted with the goods.
Department heads went to Jens' aid but the strangers escaped.
Later Officer Blake arrested Frank Martinez, thirty four years old recently from Arizona on description. The prisoner was identified by the store clerks as one of the two who beat Mr. Jens.
Martinez is being held pending investigation.
Jens said he had been advised of the theft by the men of the garments from the third floor and accosted them on their way out of the building. Then the fight started.

FEW PROFITEER CONVICTIONS
The British system of having anti-profiteering tribunals throughout the country to apply drastic treatment to chargers of exorbitant profits has failed of its main object. In the first six months of the operation of the act, 1,00 committees were appointed. The number of cases heard has been 1,935, the number of convictions obtained 24, and the cost has been \$125,000. The results might seem very disappointing, considering the thoroughness with which some of the committees combed over the list of dealers for culprits, and the supporters of the anti profiteering act evidently thought so, when the question of an extension was up in the commons. But the effectiveness of a campaign, especially of this kind, cannot be judged alone by the number of convictions. For one dealer who is fined, a dozen may decide to keep inside the law after an example of prosecution.—Toronto Mail and Empire.

Sixty six farmers with their families came from Bloomington, Ill., to Manitoba on one train of 46 cars.

BANKING POSITIONS OPEN
The Banking field offers wonderful opportunities to young men. A bank has several vacancies for young men with High School or Business College education. Experience unnecessary. Excellent chance for advancement. Give full particulars. Address Box 15

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Save Because—
The careful saver can raise to leader ship; the spender stays with the crowd

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Capital authorized \$1,000,000.00
Capital paid in \$32,300.00
Assets 31st December, 1919 1,195,955.00
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Surplus 713,971.00
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Drafts on Foreign Countries sold on favourable terms
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St. Catharines Branch—R. G. W. Conolly, Manager
Thorold Branch—S. H. Falkner, Manager
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Progress and Development
RECONSTRUCTION means more than a return to pre-war conditions, in points to even greater progress and development. Firms or individuals who have plans for increasing the scope of their business operations should seek the advice of their banker. Avail yourself of our facilities.
THE CANADIAN BANK OF COMMERCE
PAID-UP CAPITAL \$15,000,000
RESERVE FUND \$15,000,000
ST. CATHARINES BRANCH: E. A. Fox, Manager.

It is a National Duty That All Should
SAVE
Decide how much you can afford to put away every pay day. Having determined the amount you can save, resolve that that amount shall be taken FIRST from your pay and deposited.
Open an account next pay day in
The Royal Bank of Canada
Capital and Reserve \$1 35,000,000
Total Resources \$504,000,000
625 Branches

GUARD AGAINST THE 'FLU
Serious Outbreaks of Influenza all over Canada
GOOD HEALTH IS THE SUREST SAFEGUARD

"FRUIT-A-TIVES" Brings Vigor and Vitality and Thus Protects Against Disease
There can be no doubt that the situation regarding the spread of influenza throughout Canada is of grave concern. It is quite true that the number of cases does not constitute an epidemic such as caused the suffering and sorrow during the terrible days of 1918. Yet there are no disputing the fact that every one should be on their guard against this disease.
In Montreal alone, from January 20th to February 21st, three thousand one hundred and twenty-two cases of influenza and 139 deaths from the disease were reported to the Health Department.
If the outbreak had come at the beginning of the winter instead of the end, we might reasonably expect that the very cold weather would check the spread of the disease. But coming as it has, at the end of the winter, there is grave fear that an epidemic may occur. For spring with its slush and rain under foot, its dampness and chill, its constant changing from cold to warm and back again, is a prolific source of coughs and colds, pleurisy and pneumonia.
The best protection, in fact, to carry safeguard against the 'Flu, is GOOD HEALTH.
Those who are not as well as strong as they should be; those who are "run-down" through overwork, sickness; should build up at once. What they need is a blood-purifying, body-builder, a strength-giver. It is "Fruit-a-tives", the wonderful fruit medicine.
"Fruit-a-tives" regulates the kidneys and bowels, causing the organs to eliminate waste regularly and naturally as nature intended. "Fruit-a-tives" keeps the skin active and insures an abundant supply of pure, rich blood. "Fruit-a-tives" tones up and strengthens the organs of digestion, sharpens the appetite, brings restful sleep and removes the acidity of the nervous system. "Fruit-a-tives" contains everything that an ideal tonic should have; it purifies the blood, to build up strength and vigor, and to regulate the eliminating organs, so that the whole system would be in the best possible condition to resist disease.
Now is the time to build up your health and strength, not only as a precaution against the ravages of influenza, but also to protect you against "spring fever" and any inevitable reaction which comes with the appearance of warmer weather. Get a box of "Fruit-a-tives" today and let this fruit medicine keep you well.
"Fruit-a-tives" is sold by dealers at 50c a box, 6 boxes \$2.50, trial size 25c, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

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