MARTINS BATTLE SPARROWS.

St. Mary's and Dundas Boast Bird

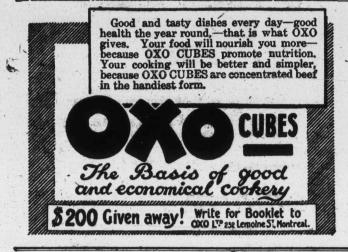
That Does No Harm. Shall the purple martins or the arrows hold the mastery of the air arrows hold the mastery of the air Ontario? Everybody knows how the sparrow drives away the birds that would de

known that the purple martin exer-cises control over noxious insect life wherever they go. And, what is more important, they can battle the

sparrows. Two Ontario towns, St. Mary's and

which were to take over from the

Straits.





Nothing Else is Aspirin — say "Bayer"

Warning! Unless you see name All druggists sell Bayer Tablets of their big victories in the pirin to the trade mark (registered in Canada) of Bayer Manufacture of Moneaceticacidester of Salicylicacid. While it is well known that Aspiran the public against imitations, the Tab ed this by 2 in the evening play. feuralgia, Rheumatism, Neuri- lets of Bayer Company will be stamptis, Lumbago, and Pain. Made in ed with their general trade mark, the lows:

NEWCASTLE CURLERS WON HIGHLAND CUP

Newcastle Curlers Won Highland Cup Defeating Chatham Rinks 114-104--First time in Six Years Shiretown Curlers Have Taken Historic Cup.

Chatham Ice

Afternoon

Evening

C. Nevins

H. Simmonds

56

W. Strang

Skip 16

Skip 12

Skip 13

Grand Total 104

Total

23

Newcastle Ice

Afternoon

Evening

Majority for Newcastle 10 points

OUALITY-FOOD

Scott's Emulsion is a quality food that many need to help tide

ess. It's rich in the

FOR INDIGESTION

over times of weak-

precious vitamines. AT ALL DRUG STORES PRICE, \$1.30 and 65c Scott & Bowne, Toronto, Ont.
—ALSO MAKERS OF— KI-MOIDS

Roy Dickiso

S. S. Demer G. P. Burchf John Russel

Skip 5

G. Dunn

Skip 16

H. P. Zinck

F.. Dalton A. H. Cole

L. J. Jeffrey

Skip 21

J. E. T. Lind

Skip 13

Al. Ritchie Skip 11

Jas. Stewart Skip 12

23

W. M. Gifford C. Dickison

> John Sargean Skip 16

Chas. Dalto

Chas. Sargean

Perley Brow

For the first time in the past six rears Newcastle defeated the Chatthe Highland Cup. The Ralph Manzer Skip 20 fray, four each of which were "bon-T. R. Gilbert spiel" rinks, that is rinks made up H. E. Strang to play in the big bonspiel which H. McDonald takes place in Dalhousie this year S. D. Heckbert Skip 15 on Thursday and Friday, Feb. 2nd

Newcastle victory by a total of 114

on tablets, you are not getting Aspiran in handy tin boxes of 12 tab ing on Chatham ice overcoming the lets, and in bottles of 24 and 100. As- lead that skip John E. Nicol had built up in the afternoon, while on lead in the afternoon, but Skips W. means Bayer Manufacture, to assist H. Snowball and Joe Tweedle reduc

> The rinks and scores were as fol-Chatham

In St. Mary's there are convenient holes in the wooden trimmings of the stone buildings along Water street, and here every spring the purple martins come. Perhaps it may have been accidental that apertures were The Canadian Pacific Railway is a been accidental that apertures wereleft by careless builders at certain
house and store fronts and that
the birds have taken advantage of
this circumstance. May some goldenthroated purple martin twitter and
chorttle for him all his work days,
and may a late lark sing for him
at the sunset of life, writes A. C.
Wood. over its bare dividend requirements, Wood.

In St. Mary's they do battle with
the English sparrows and drive
them away. The people realise that
the martin lives on files and gnats,
and is a blessing, simply ignoring
berries and grains. The bird is said
to winter in the far southern states.
When will other towns encourage
the better bird and discourage the
pesky sparrow? George Vancouver, who was born in 1758, entered the British navy at the early age of 13 and later accompanied Captain Cook on his second and third voyages of discovery. After serving several years in the West Indies, Vancouver was given the command of an expedition to the northwest coast of America, the objects of which were to take over from the the Ottawa hearing in respect to the Spaniards territory they had seised in that region; to explore the coast; to search for an eastern passage to the Great Lakes; and to ascertain the true character of Juan de Fuca ith mealy mouthed editorials, intimating that the stock holders in the company should either do with out dividends or have them reduced, all because it has been able over a period of forty years to pay a dividend.

A reader writes in protesting against the dividends some of our banks the dividends some of our banks.

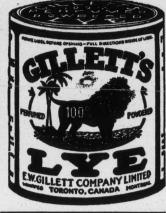
Straits.

The expedition consisted of two ships, the "Discovery," of which Vancouver was in command, and the "Chatham," under the command of Lieutenant Broughton. They sailed from Falmouth on April 1, 1781, to Australia, via the Cape of Good Hope, and thence to New Zealand. Tahiti and the Hawaiian Islands. Vancouver was the first properly to explore the coasts of New Zealand. It was not until April 18, 1792.

It was not until April 18, 1792, that Vancouver first sighted the west coast of North America. He carefully surveyed the coast and inlets ever writes in commenting upon the of what is now known as British Co-

proof of which one has but to turn trial securities, the man with money reasoning that he will take no chances. And how can he when a seven per cent return is looked upon as a crime.

Tomato pulp, for catsups, pagtes and soups, is obtained in the requisite pure state by putting the tomatoes into what is called a "cyclone machine," the material being forced through small holes in a metal screen easoning that he will take no chan-



of what is now known as British Columbia, and circumnavigated Vancouver Island, which was named after him. Vancouver was not, however, the actual discoverer of the island, it having been discovered in 1592 by Juan de Fuca.

Vancouver again visited the Pacific coast in 1793 and again in 1794, when he sailed as far north as out the suspicion being ever thrust of what is now known as British Columbia, and circumnavigated Vancouver island, which was named after him. Vancouver was not, however, the actual discoverer of the island, it having been discovered in 1592 by Juan de Fuca.

Vancouver again visited the Pacific coast in 1793 and again in 1794, when he sailed as far north as out the suspicion being ever thrust forward that somebody is being robbed in the process. It is by just such means that capital is being frighten ed out of industry, a process which is going on right before our eyes. In cook's linet, Alaska. After this voyage, Vancouwer returned to England via Cape Horn and arrived in the Thames on October 20th, 1795. Immediately on his return he commenced a narrative of his voyage, and although he worked on it until within a few weeks of his death. is going on right before our eyes. In death, he was not able to proof of which one has but to turn to the daily transactions in Govern-ment, Provincial, city and other pub-lic issues, to the exclusion of indus-was published in 1798.

The died at Petersham in 1798 at the early age of 40. His brother John, assisted by Captain Puget (who sail-ed with Vancouver on his expedi-tion), completed the record, which was published in 1798.

Two Ontario towns, St. Mary's and Dundas, have five colonies of purple martins, mainly because of the fact that for generations residents have provided good nesting places for the splendid birds. In Dundas a Mr. Isaac Latshaw, coming from Pennsylvania in 1835, set up a many-chambered bird house on a pole. Perhaps the birds followed him across the border. They have been coming, every year since. When they came, one spring the house was gone, but another nesting place was hastly rigged up, and they have stayed.

through small holes in a metal screen to get rid of the skins and seeds. No fewer than 225,000 tons of tomatoes are pulped annually in this country, the skins and seeds being thrown away. It is a lamentable waste, inasmuch as the seeds yield an excellent saiad oil, which is also first-rate for paints and varnishes, being a quick drier. The residue from the oil press, mixed with the skins, makes a highly nutritious stock feed.

Canada's Example.

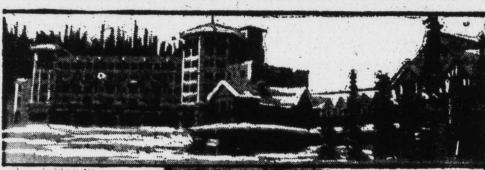
The keynote of the Canadian program of settling soldiers on the land, says an editorial in a recent issue of Leslie's, is self-help—"the provision of opportunities by which the Cana-dian soldier, or his widow, can be-come as useful and honored a citicome as useful and honored a citi-ben in peace as in war, an asset in-stead of a liability. It is a program that already has stood the test of time, as compared with our own, which, so far as it exists at all, is still in a tentative stage. It is one which we, with greater singleness of purpose and less politics, might have adopted in its essentials with equal success."

New Canned Food.

New Canned Food.

A newly patented kind of food, put up ready for the housewife's instant use, is prepared by mixing fine-choped meat with milk and a little flour. The paste thus formed is filled into molds and exposed to heat, whereby the contents undergo slight shrinkage and acquire a sort of "skin." The molded masses are thus easily dropped out, to be thereupon put into cans, which are sterilised and sealed.

Winter Recreations in Canadian Pacific Rockies



You cannot play golf at Banff in the winter time. Neither can you explore the Lake Louise region on a saddle pony when the last grey goose has honked good-bye and the marmot and the Pika are far underground and fast asleep. For six long months these forest filled valleys and star high peaks are mantled in a matchless robe of spotless white. There are many outdoor winter sports and recreations which are cally made possible by deep snows and keen frosts. These pastimes are luring more people to the Canadian

luring more people to the Canadian Rockies every winter. At this time of the year tourists are travelling: to and from the Orient and the great islands of the southern seas and a large number of them, attracted by the witchery of winter in the Rockies. are enjoying a novel and decision. the witchery of wind and de-les, are enjoying a novel and de-lightful holiday in this highland country where winter is a sparkling-

ies, are enjoying a novel and delightful holiday in this highland
country where winter is a sparkling
pageant.

There is no snow in the lands from
whence these pilgrims come, y:t,
were you'to travel there, you would
find many a pair of snow shoes
which have been carried across the
Pacific as souvenirs from Canada's
winter wonderland.

Banff Winter Carnival allures
many visitors to the beautiful mountain resort. In 1922 it will be held
from January 28th to February 4th.
The carnival will feature—curling,
art skating, figure skating, skating
saces, hockey matches for ladies and
men, snowshoe races, toboggan races,
dog races, snowshoe tramps, bobsledding, trap shooting, swimming
in the hot sulphur springs, ski jor107, sleighing, dancing. There will
be an illuminated ice palace and fireworks. On the opening day there
will be ski jumping by professionals
and a ladies' hockey match.

Snow shoe "hikes" on moonlic
nights are gladsome events. To take
part in a picnic in the pine woods
at such a time is a never to be forgotten experience. There is a primative urge which compels you to build
a roaring firwood fire. Hot-coffee
and toasted bacon turn your picnic
into a paradise.

Of the many thousands of tourists
who visit lovely Lake Louise in summer, few there be who do not ast
about this district in winter time. Is
it very cold here? And is the snow
wery deep? If is not excessively cold
fin winter. There are no high winds
and no blizzards. No mid-winter
thaws to spoil your furs and your
aports. The average depth of snow
is about five feet. It is very bearifful here alter 2 freak fall of snow.



Chateau Lake Louise in winter.

on noisy streams and placid You will have ample opportunity to and they are fast asleep, is the same reverent hush and to picture not only the scenar

(2) A snowshoe party at Banff.(3) These two girls are experts in winter sports.



any weak spot in your throat and chest. Be wise, always

any weak spot in your throat and chest. Be wise, always carry Peps, and occasionally let one of these germ-killing tablets dissolve in your mouth to ward off the infection. Then you will not be "full of cold" on the mowow, with the possibility of influenza, pleurisy or pneumonia supervening.

Just as you breathe in the germs that cause infectious throat and lung ailments, etc., so you must breathe in the soothing germicidal Peps medicine to rout out the germs before they can cause serious trouble. Free from harmful drugs, Peps are the safest and best remedy for sudden colds and chills, grippe, sore throat, laryngitis, night-cough, hoarseness, wheeziness, bronchitis and chest weakness in old and young.

Of all Chemists and Dealers, or the Pebs Co., Dubont Street, Toronto. 30c. box, 3 for \$1.25. Imitations are worthless. Always Handy