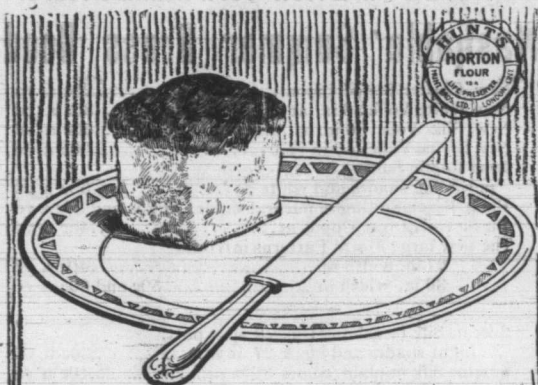


Your Bread, Cakes and Pies depend on the flour you use. If you want the best in these things, use

PURITY FLOUR

More Bread and Better Bread



The last one on the plate

Even so, take it. The rule of etiquette is temporarily suspended when biscuits of Horton Flour are on the table. Flaky, light, white, with delicate crisp-brown tops, they are simply delicious served steaming hot with maple syrup or with plain sweet country butter. No wonder the plate is cleared as if by magic. What higher tribute could be paid to Mother's skill in cookery and incidentally to the uniformity and high-grade qualities of Horton Flour. Grocers sell and are glad to recommend—

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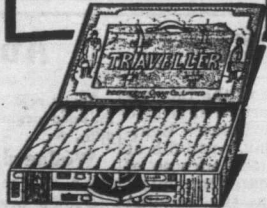
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THE TRAVELLER CIGAR

Gives Satisfaction in every puff
You can't Go wrong
If you take them along



A church, claimed to be the smallest in America, was recently dedicated in Manchester, N. H. The main auditorium is eighteen by twenty-eight feet, with seats for about seventy persons. In a tiny gallery are seats for twenty-eight. There are also a vestry and abase-ment.
Minard's Liniment Cures Burns, Etc.

Potato Improvement.

(Continued from page Two.)
cases potato growers must depend upon stock from sections where climatic and soil conditions are entirely favorable for the crop.

I mention this disease for the purpose of pointing out what factors may combine to reduce yield and to indicate the importance of high vitality in resisting certain unfavorable conditions. I do not do so for the purpose of placing this disease before you as the only one which may cause a distance loss in the lessening of vitality. This disease may not be a factor at all with many of you, but it certainly is a disease that is not receiving the attention it should at the hands of our plant disease investigators.

Disease is not the only factor that may bring about lessened vitality. In fact, as already pointed out the lack of vitality may be due to heat, drought, or excessive moisture, and these are influenced by climatic conditions, kind of soil and method of soil management.

Unfavorable conditions during growth must necessarily weaken the vitality of the potato and the wise grower is the man who selects from his best fields where normal growth has been made, or if his neighbor has produced better crops makes his selection from his field.

To illustrate we will assume that the number 1 this table represents individual farms where would you go for seed stock? You certainly would go either farm No. 1, 3, 4, or 7. Here then is where I think potato improvement should start. What is the good sense in farmers No. 5, 6, 8 and 2 doing hill selection work when they could go to farmers No. 1, 3, 4 or 7 and get probably better seed stock than they could get by selection from their field in probably five years and in the meantime be growing poorer crops while working up their production. My experience at Macdonald College shows quite conclusively that selection work under such conditions is an absolute waste of time, and that tubers from any unselected lot of potatoes from sections where this crop has better climatic conditions for their development proved superior by over one-half to the best selected stock we could produce.

Potatoes grown in New Brunswick are as a general rule of strong vitality, but even here it is quite possible you will find a vast difference in the vigor of the same variety in different farms. Would it not be possible for farmers to organize in certain sections for the purpose of growing under the same conditions seed from the different farms in the section? If this is done and the seed of strongest vitality determined it would serve as a basis for future effective selection work and put the grower on the inside track of causes leading to low vitality in his seed stock. My experience leads me to believe that there is as much difference between the same variety from different farms if grown under similar conditions as there is between varieties grown under similar conditions. We should therefore before starting selection work round up the groups of strongest vitality and use these for selection work.

I am in favor of the hill selection with good stock to start with but it seems to me it will be better for all concerned to place hill selection work in the hands of certain ones rather than for each to attempt to do the work for himself. I am convinced that there is more difference in the product from different fields than there will be from selected and unselected hills in the same field. I can see no good reason why the individuals of a community should not co-operate to the extent of using for seed stock the best potatoes in that community and after the best stock of the community is determined stock from different communities

could be compared. If I know that my seed stock is 10 per cent lower in vitality than my neighbors I certainly am likely to get my seed stock from my neighbor. Furthermore if we hope to build up a seed potato trade, which I have always maintained this Province is eminently suited for, we must adopt some such system rather than that every one in the community should grow indiscriminately whatever may in his opinion suit him best without considering the community interest as a whole.

By selection from the strongest and best yielding hills at digging time we are reasonably sure of improving the stock.

This enables us to reject plants which for one reason or another has not done as well as others. This involves some extra work which must be done by hand, and while it is not necessary that large amounts be selected, as this is to serve only as foundation stock from which to grow the general stock for planting, it is necessary that great care be taken to select hills of uniform tubers true to type of strong vitality, and productive.

SPRING BLOOD IS WATERY BLOOD

How to Get New Health and New Strength at This Season

Spring ailments are not imaginary. Even the most robust find the winter months most trying to their health. Confinement indoors, often in overheated and nearly always badly ventilated rooms—in the home, the office, the shop and the school—taxes the vitality of even the strongest. The blood becomes thin and watery and is clogged with impurities. Some people have headaches and a feeling of languor. Others are low-spirited and nervous. Still others are troubled with disfiguring pimples and skin eruptions; while some get up in the morning feeling just as tired as when they went to bed. These are all spring symptoms that the blood is out of order and that a medicine is needed. Many people take purgative medicines in the spring. This is a serious mistake. You cannot cure yourself with a medicine that gallops through your system and leaves you weaker still. This is all that a purgative does. What you need to give you health and strength in the spring is a tonic medicine that will enrich the blood and soothe the jangled nerves. And the one always reliable tonic and blood purifier is Dr. Williams' Pink Pills. These Pills not only banish spring weakness but guard you against the more serious ailments that follow, such as anaemia, nervous debility, indigestion, rheumatism and other diseases due to bad blood. In proof of this Mrs. D. E. Hughes, Hazenmore, Sask., says: "About a year ago I was badly run down, my nerves were all unstrung, and I could not go up stairs without stopping to rest. As I was a long ways from a doctor I determined to take Dr. Williams' Pink Pills and in the course of a few weeks I felt like a new person. As an all round restorative I can heartily recommend this medicine."

If you are ailing this spring you cannot afford, in your own interest, to overlook so valuable a medicine as Dr. Williams' Pink Pills. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Miss Lois Hazen Grimmer, daughter of Hon. Justice Grimmer of the Supreme Court of New Brunswick enjoys the distinction of being the first Canadian girl to be accepted by the Canadian Government Overseas service as a chauffeur in the war zone. Miss Grimmer is well qualified to fill her appointment as she is an expert mechanic. She has always run her own automobile and done her own repairing.

ESPECIALLY FOR WOMEN

"Fruit-a-tives" Now Known as Woman's Best Medicine

"FRUIT-A-TIVES," the famous fruit medicine is particularly well suited for the use of women, because of its mild and gentle action and its pleasant taste.

In severe cases of Constipation, Indigestion, Bloating, Sick Headaches, Pain In The Back, Neuralgia, or a General Run-Down Condition, "Fruit-a-tives" is the only medicine needed to correct such troubles and restore the sufferer to complete health.

Is a tonic, "Fruit-a-tives" is invaluable to purify and enrich the blood and build up strength and vigor.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

A Big Porto Rico Shareholder

A great deal of the stock and bonds of the Porto Rico Railways company is held in Nova Scotia, and the fact that the earnings are showing signs of improvement is particularly pleasing to investors in this province. It is said that the largest holder of the common shares, with perhaps one exception in Toronto, is a capitalist in the town of Wolfville, a gentleman who has become a millionaire by his operation in the export of produce from this Province. He has never found it necessary to have his headquarters in a large city, but has amassed his wealth in this small town in the centre of Nova Scotia's fruit region. He is a director in one of the largest industrial enterprises of Nova Scotia, and is also prominent in the work of the Presbyterian church, work in which he manifests a deep interest.—Financial Post.

HATCHING EGGS.

From my vigorous, healthy, free-range-all-the-year, stock of pure-bred heavy laying

S. C. White Leghorns

The females are raised from the well known bred-to-lay strains of Guild and Fisher, and are mated this Spring to unrelated males imported direct from the pens of Mr. Guild. In order to introduce this strain into this district, I will sell the eggs at the low price of \$1.00 per 15; \$3.00 per 50; \$5.00 per 100. Eggs are strongly fertile. My first incubator hatch (250 eggs) tested out over 94 p. c. a remarkable record for early March. Am now booking orders for day old chicks, delivery May and June at 12 cents each, \$5.00 for 50. Order early.

Ernest Craze, Port Williams. Member of S. C. White Leghorn Club of Canada. 5 in a

Eggs for Hatching.

From the best prize winning single comb Rhode Island Red's in the Maritime Provinces



The male which heads this pen won 1st at the Amherst fair 1914 and 1915, also Kentville show 1915 and 1916, and Halifax and P. E. Island 1915 was never defeated. Eggs from this pen \$3.00 per sitting
Rose Comb Reds \$2.00
White Leghorns \$1.00
Buff Orpingtons \$1.00

Apply E. C. GRIFFIN, Port Williams, N. S.