

FOUNDED 1866

on a charge of firing the
her words come true. She
over to her relatives on
at they kept her locked up,
id, keeping her in one room,
ote so busily that when she
she left 10,000 volumes of

room is now known as
or the Parlor Prison, and
as a sacred shrine.—For
tings has been founded a
alled Omoto-Kyo, or the
e Fundamental Faith, which
ousands of followers and is
ng rapidly in spite of the
Japanese Government to
There is even a com-
yabe, with many temples,
ple, all devotees of Omoto-
he millennium, which, ac-
prophecies of O Nao, will
Of course, the prophecies
ctly Japanese flavor, and
hem the Japanese followers
ored people.

O Nao's writings have been
English, but the following
e "religion" has been made
Slosson, who had written
The Independent.

is on the eve of blossoming
flower. One of the great
appear in person, welcomed
owers and evergreen pines,
eign over the whole earth
peace. Japan is a divine
must be divinely ruled.
ries are under the control
ils in human form. Even
y become a land of beasts.
rld must be cleansed and
e the abode of the gods.
ilization is based upon in-
hat is to say, selfishness.
ure and moral codes are
fishness. It has stolen so-
n the state and would steal
the universe itself. All
destroyed by the abolition
sm. The people of the
amoring for reform, but
only the reform of formal-
orm is like a house built
The reform designed by
eform of man himself."

people also believe in faith-
synopsis above one notices
ure of prophecy, shrewd
insight and racial pre-
dd thing is that the old
uld have started, in this
promises to rival the two
ns of Japan, Shintoism and

the first of the year, one
inks of voting-time. Per-
who are now living can
old fisticuff times at the
n sometimes used fists as
s, and it was not an un-
for the voter to go home
nk as a lord" as well as
ered in appearance. Voting
ane and sober thing now-
etimes scarcely enough ex-
dering the real importance

governed—both locally and
the men we choose to
ad, in the long run govern-
ery part of our lives, from
of the children to the price
in our pantries. Perhaps
ent seems far-fetched, but
ss true that the prices we
or less arranged by gov-

then, is a very important
er. One ballot may not
otent thing, but "mony a
a muckle." Indeed, had
enough, we might well
ouch White, who says:
k is going to be discovered
ne one greatest spiritual
o mankind."—That is a
takes a good deal of think-
the meaning cannot be so
realizes that good govern-
happy and prosperous
at prosperity, if rightly
pave a way to spiritual
ard to be very spiritual
ubbing day and night for
eat and wear. Education
to spirituality, and how
ained without any means?
true, but not at all neces-
the words of the poet,
alth accumulates," men

"'Til fares the land, to hastening ills a prey,
Where wealth accumulates, and men
decay."

Women have had a long, long struggle
to get the suffrage. Now they have it in
nearly every country in the world, and
one hopes that they realize the potency
of it, and the necessity of keeping in-
formed on the issues of the times so that
they will make no mistake in voting.

That reminds me of a joke I saw in the
paper:

"Dora.—'How did you vote?'
Flora.—'In my brown suit and squirrel
toque.'"

It's a good thing there was a Dora
as well as a Flora.

Perhaps as yet women on the whole do
not know as much about government (I
like that word better than "politics") as
men—on the whole, but as time goes on
and they learn more and more to realize
what voting means, that difference will be
rectified.

JUNIA.

Worth Thinking Over.

In the light of the facts and forces
confronting the world to-day, we can
find no fault with the clear, un-
ambiguous statement of that vigorous
thinker who says: "A democratic
League of Nations may seem a
Utopian dream, but the war is a
witness that we have no other choice.
It is Utopia or Hell."—Our Dumb Ani-
mals.

Nothing but what is essentially
humane education can save the world
from the horrors of another cata-
clysm worse even than that through
which it has just passed. For humane
education is nothing less than the
teaching in the schools and colleges
of the nations of the principles of
justice, good-will and humanity to-
ward all life, human and sub-human
alike. A generation trained in these
principles will solve its international
difficulties as neighbors and not as
enemies.

Sane Dress, Etc.

Dear Junia.—For months I have in-
tended to write you, to say how much I
admired your courage and good sense in
showing up the follies of the fashion books
and their faithful followers. I am so
often in London—I see the same thing
in other places for that matter—that I
know your description of the silk stock-
inged legs and pump shod feet was "true
to life." And when oh! when will
"fashion" allow women to walk on their
feet instead of their toes? Why can't
we see that those high heels may walk us
into a doctor's office and invalid's chair
or even into an early grave, but will
never carry us through the great and
grand things of life?

Your report of "new movements
afloat" is extremely interesting, and I
am very glad to hear that the Western
University will send out lecturers. The
next time our U. F. W. club meets this
matter will be taken up. We have been
planning for some time for something of
this sort.

I was much interested in the letters
you published this week, of those young,
healthy, happy American mothers. Of
course, there are just such women to be
found here and there in neighborhoods,
but from what I see of farm life they are
the exception not the rule. I had oc-
casion to visit about one hundred and
forty farm homes this summer. And in
most cases the wives and mothers, yes
and even some of the men talked quite
freely about their affairs generally. And
I must say I did not find many of them
so joyous over farm conditions as those
Americans. About one hundred and
twenty of them were willing to try any-
thing that would reduce the farm work,
such as organizing a community laundry
or canning centre. I note with interest
that Strathroy and Parkhill, according to
the press, are both considering the
question of community laundries, and
the Exeter people have nearly all the
required number of shares sold, and will
call the shareholders' meeting as soon as
Mr. J. J. Morrison, Secretary of the
U. F. O., can be present to assist in
organizing.

How do you account for the great
rural depopulation and great number
of American farms that are lying idle and

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men alone on one and even two-hundred
acre farms?

ANN CAMPBELL.

Huron Co., Ont.

Fancy Cakes.

DURING the winter, when parties are
fashionable, is the time to try fancy
cakes.

A good layer cake is capable of many
transformations. For a basis any familiar
kind will do, perhaps in winter one not
requiring too many eggs. Here is a
simple recipe: Cream together two-thirds
cup of butter and 2 cups of sugar; add
the beaten yolks of 3 eggs and ½ cup
of milk mixed with as much water.
Put this in gradually, alternating with 3½
cups flour; then fold in the stiffly-beaten
whites of the eggs, with 2 teaspoons
baking-powder and a pinch of salt.
Flavor to taste and bake in either 2 or 3
layers.

With this or any similar cake as a
foundation, a number of fancy cakes may
be created.

To make an orange cake of it, instead
of putting in the milk and water, put
in a cup the juice of 2 oranges and grated
rind of one, and fill up the cup with water.
For a filling scald a cup of milk in the
double boiler, beat up 2 tablespoons
sugar, one and a half tablespoons corn-
starch, and 3 egg yolks; turn into the hot
milk and cook until it thickens; add a
pinch of salt, cover, cook 5 minutes, and
then put in 2 tablespoons orange juice and
the grated rind of one. Spread between
the layers while they are warm. When
cold ice smoothly and trim with little
green leaves cut from candied citron, and
some tiny orange-colored candies. In-
stead of the orange pistachio or almond
extract may be used to flavor.

"Mocha" cake is a name given to any
cake made with a good deal of coffee.
An easy way is the following: Make the
cake as usual, and divide it, putting half
into one tin. Color the other half brown
with a little strong, black "made" coffee,
putting in an extra tablespoonful of flour
so it will not be too thin. While it bakes
cook a cup of strong coffee with half a
cup of sugar; thicken with a heaping
tablespoon of corn-starch dissolved in half
a cup of milk and add a pinch of salt.
When thick spread between the two
layers of cake. Slightly color the icing for
the top with more coffee, and press a row
of English walnuts around the top. A
richer filling is made as follows: Beat 2
eggs light, add 2 tablespoonfuls corn-
starch and a small, half cup of sugar and
cook until thick, then add 1 cup hot milk
and a teaspoonful of butter, and, when
it boils, half a cup of strong coffee.

A delightful maple icing is made thus:
Mix 2 cups light brown sugar with 1 cup
maple syrup and 1 cup water. Boil to
the "soft-ball" stage (when tried in cold
water) then add at once a third of a tea-
spoonful of cream of tartar. Take off
the fire at once and beat well until it is
cool and smooth, then spread at once on
the cake. Put an edge of walnuts all
round.

A solid nut loaf cake is made as follows:
Cream together a small cup of butter