

Slaves to Rheumatism

Freed by

"Fruit-a-tives"

"Fruit-a-tives" cure Rheumatism and Rheumatic pains by removing the poisons which cause the disease. Rheumatism means poisoned blood. Too much urea or tissue waste is retained in the blood, owing to defective action of the bowels, kidneys or skin. The retained urea becomes uric acid, which inflames nerves and joints and thus rheumatism is produced.

Mrs. R. H. DENNIS, Sault Ste. Marie, Ont., writes as follows: "I think 'Fruit-a-tives' are fine. I am using them for rheumatism, and have not felt it since I started to take them."

Fruit-a-tives

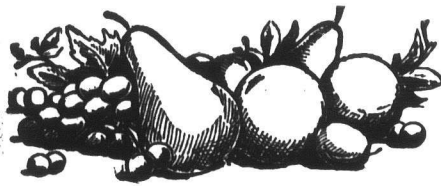
or Fruit Liver Tablets.

"Fruit-a-tives" cure Rheumatism by greatly stimulating the action of the liver, kidneys and skin. "Fruit-a-tives" make each of these vital organs do its share of nature's work properly. "Fruit-a-tives" rid the system of excessive urea and uric acid—and so purify and enrich the blood and build up the general health, that there can be no rheumatism.

"Fruit-a-tives" are fruit juices, concentrated and combined by our discovered process, which makes them much more powerful medicinally. Then tonics and internal antiseptics are added and the whole compressed into tablets.

If your druggist does not have them, don't take substitutes. Sent prepaid on receipt of price—50c. a box or 6 boxes for \$2.50.

FRUIT-A-TIVES LIMITED, OTTAWA.



Have you seen the handsome Catalogue of

Canada's Greatest School of Business

If not, you are not yet familiar with the work being done in Canada's Greatest Commercial School.

370 students placed last year.

HOME COURSES in BOOK KEEPING, SHORTHAND or PENMANSHIP for those who cannot attend at Chatham.

If you wish the home training, write for Catalogue E. If you wish to attend at Chatham, write for Catalogue F.

Mention this paper when you write, addressing

D. McLAUGHLIN & Co., CANADA BUSINESS COLLEGE, CHATHAM.

PATTERN DEPARTMENT

The Western Home Monthly will send any pattern mentioned below on receipt of price specified. Order by number, stating size wanted. Address Pattern Department, The Western Home Monthly, Winnipeg, Man.

4000—A Pleasing Little French Gown.

Simplicity is the finest setting for a touch of the elaborate, and we see this to advantage in the little French gown portrayed. In fundamentals it is entirely simple having the blouse tucked in deep pointed yoke effect and a straight gathered skirt with a plain waistband joining the two. The sleeve has fine tucks to suggest a cuff and a small turn back cuff of embroidery. A shallow shaped yoke affords opportunity for adornment and here it is made of embroidered Swiss.



The edge is daintily finished with a narrow Valenciennes put on very generously. The little gown is especially pretty made of lawn, mull or Swiss but where warmth is desired a soft cashmere or challis may develop the pattern and be quite attractive. If made of a lingerie fabric it may be worn over a slip of pink or blue according to the latest mode and have a sash of the same color. The little dress is not at all difficult to fashion and requires 8 1/2 yards of 36-inch material in the medium size. 4000—7 sizes, 2 to 8 years. Price 15 cents.

4003—A Suit for the Lad.

The mother who fashions her small son's suits appreciates the Russian blouse for its simplicity of construction and ease of donning. The small blouse and trousers are a pleasing advance from the baby dresses and give the boy a sense of pride in being his Father's successor. The sketch



shows a blouse which has a broad becoming sailor collar. The pocket is finished without a lap so that there is one less thing to show wear quickly. The silk tie and patent leather belt may be of a contrasting color and serve as the only trimming. Tucks at the wrist take the place of a cuff. Serge, a novelty wool, crash or linen may be the material chosen. In the medium size 2 1/2 yards of 36-inch material are needed. 4003—Sizes, 2 to 6 years. Price 15 cents.

4798—4799—A Pretty Frock for a Girl.

Mistress Fashion does not devote all of her time to gowns for the woman of fashion but gives a few golden moments now and then to the girl in her teens. Here is a pretty model for a girl having a full pleated skirt with plenty of flare about the bottom, and a blouse waist having a sailor collar. A dainty chemisette gives a bright touch next the face which is vastly becoming. The dress is developed in brown serge with buttons of brown panne velvet adorning the front and others of smaller size defining the seam of the cuff. A soft crush girde of the velvet gives a pretty finish to the waist. The blouse



has two deep tucks at each side of the front which do away with any possible severe effect which sometimes occurs in the sailor blouse. The sleeves are graceful and easy in their full puff and deep tight cuff. This design is one suited to a variety of materials, from serge, challis and Henrietta, to linen and madras. It is excellent for school wear with chemisette of plain cloth adorned with soutache or a plaid silk braid. There are no possible difficulties in the pattern to annoy the home dressmaker. The medium size calls for 9 yards of 36-inch material. Two patterns: 4798—3 sizes, 12 to 16 years. 4799—3 sizes, 12 to 16 years. The price of these patterns is 20 cents but either will be sent upon receipt of 15 cents.

6426—A Pretty Matinee.

Seldom does a woman look more lovely than in a dainty dressing sack provided that article of apparel be of a style to suit her personal charms. There are a host of pretty fabrics in the market which may be had at small cost and a woman who is ambitious with her wardrobe, no matter how inexperienced she may be, can fashion an

Tobacco Habit.

Dr. McTaggart's Tobacco Remedy removes all desire for the weed in a few days. A vegetable medicine, and only requires touching the tongue with it occasionally. Price \$2.

Liquor Habit.

Marvellous results from taking his remedy for the Liquor Habit. Safe and inexpensive home treatment; no hypodermic injections, no publicity, no loss of time from business, and a cure certain.

Address or consult Dr. McTaggart, 75 Yonge Street, Toronto, Canada.

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All Winter; Right here in Canada.

It's easy with my recipe, as those testify who are using it. It is wonderful, but true, that hens can be made to lay as well in winter as in summer. I have discovered nature's secret. Every hen is a 200-egg hen when you know how. Doubtless will be convinced when they read what others say. Hundreds of testimonials; many of them from Canada. It is just as successful here as in the States.

Send for particulars.

GEO. W. RHONE,
Box 27, Orrstown, Pa.

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Will be larger and better this year than ever it has been. Contestants are expected from Eastern Canada, Chicago, Milwaukee, Duluth, St. Paul, the Territories, and British Columbia, etc.

The Canadian Northern Railway

Announce for the general public a rate of

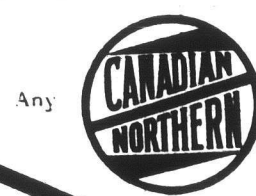
Single Fare

For the Round Trip

From their stations, Warman, Melfort and East to Winnipeg for this event.

Tickets good to go February 9th to 12th; Return until Feb. 20, 1906

Full particulars from



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