



window sill and a pair of scissors briding somewhere in a table drawer, the should be a well equipped little box or bag or case of some sort, always in a known place, filled with sewing materials—not to mend aprons and torn dish towels, but for use in preparing food.

Incidentally a bag containing a thimble, a spool of white cotton and some needles and buttons, to use to mend kitchen towels, dining room linen, dust cloths and aprons and of the lights, the conical cooler is satisfactory; it usually reduces the term persure of the water. The arrangement of the lights, the glass of milk by his bed, the turned-down spread and sheet, the latest magazine ready to his hand—even the size and number of towels in his bid cooler should not be operated in the cow stable, but in a room where the air is clean and free from odors.

UNE 28 DATE OF MANY of the way.

Burke "liked things."

The arrangement of the lights, the glass of milk by his bed, the turned-down spread and sheet, the latest magazine ready to his hand—even the size and number of towels in his bathroom testified to Benton's loving hand and good memory.

With a sigh that was almost a sob Burke dropped himself into a chair from and looked about him.

It was all so peaceful, so restful, so comfortable. And it was so quiet. He had forgotten that a room could be so quiet.

some needles and buttons, to use to mend kitchen towels, dining room linen, dust cloths and aprons and

a convenient sort of kit is made by covering two squares of pasteboard, which measure four or five incheseach way, with crettme, and then overhanding the two together. Better still, seam the two pieces of cretonne on three sides, turn the seams on the inside and slip two pieces of fasteboard in. This leaves only one side to be overhanded.

Before fastening the pieces of cretome together fasten a strip of tape across the face of one. Leave a small loop at one side just big enough to hold a thimble. Have another flat loop of tape in which a paper of big needles can be slipped. Leave the tape loose at one end and sew an end of tape three or four inches long at one side of the square of chintz. Then the boards are slipped in place and the chintz is sewed together. Put

Solute content lay in plenty of space, towels, and hot water, to say nothing to spay nothing the place, and dor say nothing the place and sliple and the strip land. The strip and the strip and the search way, with the retriment of Prancis Ferdinand. The strip and did not have to be fished out of a baby-basket or a kitchen sink. Burke did not intend to go to sleep at marking the beginning of hostilities. On Aug. The way of the seams on Russia and invaded Luxemburg. Germany getting the beginning of hostilities. On Aug. The stream of the would do with this proposition of his father's. He would have to refuse it once. He intend the would have to refuse it once. He intend to go to sleep at once. He intend to go to sleep at once a baby-basket or a kitchen sink. Burke did not intend to go to sleep at once. He intend to go to sleep and did not have to be fished out of a baby-basket or a kitchen s Then the boards are slipped in place and the chintz is sewed together. Put

and stew, short ribs of beef determine the length of time milk will then.

"Will be better off without you—

## The Road to Understanding

But the sort of swing kit that is a took so good friend is one that is furnished with sewing materials for Archduke Francis Ferdiand.

GREAT EVENTS IN WAR

GREAT EVENTS IN WAR

The world war came to a formal end luxurious—he had forgotten what absolute content lay in plenty of space, towels, and hot water, to say nothing

Eleanor H. Porter

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Properly infused, is one of Nature's greatest blessings as a harmless stimulating beverages.

\*\*Cooking While Yes Rest\*\*

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\*\*A paper of seelles in the flat loop, while a proper of the cooking and interest of the cooking and int

Mining, Chemical, Civil, Mechanical and Electrical Engineering

padding with dates and raisins, baked how. I Two conditions or factors largely hem, lamb stew, short ribs of beed v.ih vegetables, beef loaf, vegetable chowder, spaghetti Italienne, creem tepioca pudding, fricasee of chicken and beef broth with barley. Try some of your favorite recipes with the cooker, and note the smooth consistency of the food and delicate blending of vegetable flavors with the milk is held.

While the fireless cooker is particularly adapted to the preparation of foods requiring long, steady cooking, it is not in any sense a one-purpose cook stove. It roasts meat and bakes pastry and cakes without attention from the housewife, the heat radiates over as well as under the pan distributing the heat evenly as in the range oven. I hope so many twoy housewives like myself will try this simple device and find it as successful as I have. If not only saves the drudgery of cooking about a hot stove three times a day, but, it also plejas to save fuel, not the least important item.

Your Sewing Equipment.

A sewing kit of some kind is a great help in the kitchen. It should not be simply a big needle and a report of colors or supportant item.

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A sewing kit of some kind is a great help in the kitchen. It should not be simply a big needle and a report of colors or colors or containing running water, and this is the more rapid way, the second method the milk is a two frame and the milk is the more rapid way.

Your Sewing Equipment.

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Find the milk six method the milk is the form of the color of the latest of the color of the latest of the color of the latest of the color of the late intact and its passengers uninjured At half past ten o'clock in the morn

ing they were prisoners.

The captured observer, an officer fumed with impotent rage. He had in his pocket a permission for leave that afternoon at two o'clock!

The German pilot, questioned by

Commander du Peuty, could only say: versary pressed me, kept always the mastery over me; no matter what I did, he kept me continually at his mercy. I could do nothing but come

Everyone will admit that such a vic ory merited the Military Medal.

Not So Foolish.

A young mill hand having some slight mental trouble, was sent to an asylum. After he had been there for

him.
"Hello, Henry!" he said. "How are you gettin' on?" "I'm gettin' on fine," said the patient "Glad to hear it. I suppose you'll be

"What!" exclaimed Henry, and a look of great surprise came into his face. "Do you think I'd leave a big, fine house like this and a grand garder impression that to come back to work in a mill?

sppened," followed must think I am wrong in my head

omin' back to the mill soon?"

THE KORAN AND THE SKULL.

of the Interesting Items of the Victory Bonds

If you read the peace treaty carefuly through, you were surprised, no lorbt, to learn that the Germans were equired to surrender to their former wners "the skull of the Sultan Ok wawa and the Koran of the Callph Othman." That seems a curious item to be included in the terms of so





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British crown, to be added to the

Peace Treaty Just Signed.

Sellers of Victory Bonds will find definite prices quoted on the financial page of the Toronto morning papers. W. L. McKINNON & CO. Dealers in Government and Municipal McKinnon Bldg., 19 Melinda St., Toront untold stories of the war-locked, perhaps, in the archives of the British foreign office. But back it goes to the

> other curious objects that attest in native eyes the genuineness of the king's right to rule—as, for instance, the Una Bird, a diamond brooch that proclaims him rightful ruler of a sec-tion of India. Charles Kingsley says, "The mother

> > Horseffesh as food was introduced ditions which in former years would into Gaul when the country was invaded by the Franks after the conand given a death rate which would quest by Julius Caesar. Records re-lative to 1404 show that it was eaten were such great armies assembled and n Paris at that time.

linard's Liniment Cures Garget in Cows



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## **GOOD THAT COMES** EVEN OUT OF WAR

BLACK BATTLE CLOUDS HAVE A SILVER LINING.

The War Has Developed Medicine. Taught the Value of Thrift and

"During the great war from which we have just emerged, preventive medicine has made wonderful advances," says a military writer Wherever typhoid prophylaxis has been carefully and systematically car ried out and proper serum provided typhoid has been absent. Tetanus no longer is a cause of death. So aswho loves her own child may be a very ordinary mother, but she who takes someone else's and loves it as her own, she is one of God's mothers."

longer is a cause of death. So astounding have been the advances of preventive medicine and sound sanitation that vast armies have been maintained in excellent health under conmaintained with so low a disability rate, under conditions of the most try-

ing kind. "Another by product has been the wise reaction against the excessive use of alcohol and a better understanding of just what its true value is. Another valuable by-product has been the building up of thrift habits among our people and the demonstration of the possibilities in the way of saving, for prior to the war we were wasting enough to live on.

Gained Knowledge of Many kinds.

"Another useful by-product of the war is a better knowledge of our people as to the real resources of the country for war. Our people have learned that those engaged in the manufacture of implements of agri-culture and the machines of industry are not necessarily qualified to turn out high-speed airplanes or modern machines of war without training.

"A valuable lesson has been furnished by the great training camps, which brought forcibly to the attention of the people the heavy percentage of illiteracy, the alarmingly heavy percent of physical disability unfitting for hard military service, the men for hard military service, the large amount of vice diseases in certain racial groups, and the great amount of physical disability, deformity, and physical short-comings, which generally could have been cor rected by proper physical training in

"The war has also brought to our attention the need of having but one language in the schools below the high schools. If we wish to have real national solidarity our people should read, think and speak the English

language.
"Assembling all the men in the great training camps also resulted in an-other very fine by-product of the war; that is, a better understanding of each other. The different elements of our population, men from different se tions, the native-born and the new comer, rich and poor, capital and labor, and the different racial groups —all have been thrown together in the training camps. They have learn

ed to know and appreciate each other Made Men Better Citizens.

"This life has also resulted in the training of vast numbers of men sanitation, personal and general; it given them habits of neatnes promptness, thoroughness, and re spect for law and order, for constituted authorities, and for the rights of others. It brought to thousands of men and to thousands of women the necessity for organization and pre-paration in time of peace. Wooden rifles and improvised rifles will soon be forgotten.

"The women and the youth of the various groups and classes of our population have been thrown together earnest workers in the great war to prepare for war and to provide our men with things necessary for their comfort and welfare. They will never stand apart in groups again—at least not as they did before—for each has learned to appreciate qualities of the other, and the cheap and shallow distinctions have been

largely 'ironed out.' "The war has given several thous ands of men an opportunity to cross the sea, and they have come home with a higher appreciation of their own country and a deeper love for the motherland. They brought with them clear ideas as to the need of better roads. They have gained some familiarity with European customs and manners. They have an altogether broader view of the world and a bet-ter understanding of Canada's re-

sponsibilities. "They will not fall so easily vic-tims of the political faker. They will be better Canadians for their experience overseas, and as the years go by and they digest what they have seen and gone through they will become a more and more dependable element and more and more a force for law and order and for sound government. "The war has been a great melting pot. The flames of war have fused all

of these diverse elements of our population into a mass more homogeneous than ever before. Now let us stand together, shoulder to shoulder. There are many problems ahead of us, and we must do our evel best to solve them successfully.

"Order is heaven's first law" -- Pope.