

A WORD TO THE WISE.

We have already in this book given quite definite directions for treating a *violent Cough, Cold or Pneumonia*, but there are so many cases when persons die even in a few hours after being taken ill, and in country places before a physician can possibly be called, who might have been saved by the timely use of our medicines; it is because of these facts that we add this page, and earnestly recommend every family to keep constantly on hand these three remedies. In case of violent cold, attended with high fever, cough or symptoms of pneumonia, or congestion, no time should be lost, as delay may, and very often is attended with fatal results. Wring out a flannel cloth dry in hot water, then saturate it with the *Arnica and Oil Liniment* and apply it to the throat and chest until relieved, and take *N. H. Downs' Vegetable Balsamic Elixir* in quite large and frequent doses, say once in each half hour, until perspiration starts freely. Keep well covered up in bed, with the room warm, yet well ventilated. This will effect a cure in from eight to twelve hours.

Care should be taken not to take cold again on first going out. If the bowels are constipated during or after this treatment, *Baxter's Mandrake Bitters* should be taken instead of pills, as the Bitters are a laxative without the debilitating effects which attend taking pills. The Bitters are tonic as well as cathartic, and, therefore, build up, instead of tearing down.

BURLINGTON, Vt., Jan. 26, 1882.

I take great pleasure in recommending *N. H. Downs' Elixir* to my friends, in all cases of coughs, colds, croup, whooping cough and all lung difficulties. I consider it very valuable—in fact, the best cough remedy I ever used, especially for children.

MRS. C. E. MOORE,
Professional Nurse,
10 St. Paul Street.

WATERBURY, Vt., Nov. 7, 1882.

I cheerfully put in my testimony in favor of *N. H. Downs' Vegetable Balsamic Elixir*. I have used it in my family for more than thirty years, and have used it myself successfully all that time, and consider it the *very best* medicine in use for the cure of all pulmonary troubles, from a common cold to the much-

dreaded destroyer, consumption. My family have always been more or less *consumptive*. *Downs' Elixir* has never failed us in the darkest hour. I keep it in the house all the time, ready for immediate use. It saves much sickness and large physicians' bills.

BETSEY H. CARTER.

If you are troubled with a "hacking cough" *Downs' Elixir* will give you relief at once. Warranted as recommended or money refunded.

WATERBURY, Vt., Nov. 7, 1882.

I have used *N. H. Downs' Vegetable Balsamic Elixir* for many years, and would not like to be without it in my family. It has done wonders for us.

MRS. C. A. SHERMAN.

Every human being is subject to pain. *Arnica and Oil Liniment* will heal all pains and aches.