

CONSTIPATION

Six hundred million anti-constipation pills are sold yearly in America, though every intelligent physician knows that no drug ever heard of can do anything for the trouble except make it worse.



Students and those of sedentary habits are peculiarly susceptible to this disorder. It can be cured only by strengthening the abdominal muscular system sufficiently to enable the bowels to perform their functions properly.

The KENNEDY SYSTEM of body culture, requiring only a few minutes daily, will for ever free you from this distressing and health-destroying complaint.

Send for handsome booklets, containing testimonials of your friends, on this scientific method of health preservation.

The Kennedy System Yonge and Gerrard Sts.
Toronto, Ont.

WE'VE BEEN SELLING
Good Shoes to Queen's Students
FOR THE PAST 50 YEARS. TRY US,
J. H. SUTHERLAND & BRO.
KINGSTON'S LEADING SHOE STORE.

STUDENTS
ASK FOR AND BUY
GANONG'S
CANADIAN CHOCOLATES

The finest in the land. : : : Nothing better.
AT **A. J. REES, PRINCESS ST.**
N.B.—Fireworks of all kinds always on hand.

BAKER & MARSHALL
220 PRINCESS STREET,
TOBACCONISTS
CARRY A FULL LINE OF
Imported and Domestic Cigars, To-
baccos, Pipes, Cigarettes, &c.
OPPOSITE WINDSOR HOTEL.

O. G. JOHNSTON, FLORIST,
KINGSTON, ONT.
Grower and Exporter of New and Rare Plants.
SPECIALTIES: Choice Roses, Carnations and Chrys-
anthemums, Wedding Bouquets, Floral Designs and
Floral Baskets, in Up-to-Date Style.
Conservatory, Head of Johnston St. Phone 235.
City Branch, 336 King St. East. Phone 239.

A. McILQUHAM'S
Livery and Sale Stable.
Best drivers in the city. First-class turnouts
for Weddings and Funerals. Special attention
given to Pic-nic and Pleasure Parties.
Phone 316. Office—290 Princess St., Kingston.

GEORGE ZIEGLER
DISTRICT MANAGER
Northern Life Assurance Company of Canada
OFFICE:—346 King Street, Kingston.
Policies issued on all plans. Student Canvassers Wanted.

THE
"KESWICK"
RESTAURANT
354 KING ST., KINGSTON, ONT.
OPEN FROM 7 A.M. TILL 2 A.M.
7 Meals, \$1.00. 21 Meals \$3.00.
FRED WILLIAMS, PROP.