

CATARH AND GOLD IN HEAD HOW CURED NASAL BALM NASAL BALM. A certain and speedy cure for Catarrh in the Head and Catarrh in all its stages.

FOR AND ABOUT WOMEN.

Cookery for the Sick. The greatest care should be bestowed in preparing the food intended for an invalid. To robust food, hunger makes a capital enemy.

minutes, and from one year to eighteen or twenty months do not allow it to walk unaided; and when grown up people help it to walk, they ought to stop very considerably, and not put any strain on its feeble little body.

When one feels that the head needs a "good shampoo," the yolk of eggs alone should be employed, with plenty of water. The yolk of an egg is almost all oil, and for that reason an emollient, but no alkali nor soap should be used if it is desired to preserve the hair at its best.

Ladies whose neatness in other respects is proverbial, will not wash their hair daily—because—because—well, they can give no reason, only that they were taught that it was not at all necessary.

secondary lines disappear, and a peculiar callosity is developed by friction of the spade handle, the hands of tin-plate workers are covered with little cracks produced by acid; the hands of lace makers are smooth, but the back have blisters and the front of the shoulder callouses from the straps of the loom; and the thumb and first joints of the index of metal workers show large blisters, while the left hand has scars made by sharp fragments of metal.

At a meeting of the Medical Society of Berlin on Feb. 27, Dr. Janczowski showed an important invention called the pneumato-catheter, which permits an exact differential diagnosis of all affections of the lungs. The instrument has two auditor tubes connected, and with an earpiece for the physician. The inner tube has a swinging membrane, which when placed in the patient's mouth, registers the different irregularities of sound caused by disease of the lungs and the bronchial tubes.

FARM AND GARDEN.

Practical Notes. Do not use seed from corn grown near some other variety, as the grain may not be uniform. Certain varieties of grains and vegetables "mix" when grown a short distance from each other.

DOMAIN OF SCIENCE.

Potato plants is a novelty which is said to adhere well to wood and plaster and to be very cheap. To make it, boil one pound of peeled potatoes, mash, dilute with water and pass through a sieve; then add two pounds of Spanish white in four pounds of water.

The liquefaction of carbonic acid gas on a large scale was first undertaken in Hanover about twenty years ago. The manufacture is now becoming of considerable importance, the chief uses of the novel product being in brewing and by Krupp for compressing molten steel in moulds to insure solid casting.

The small fish blessed with very great powers of vitality. A case is recorded of an Egyptian desert small which came to life upon being immersed in warm water after it had passed four years glued to a wall in the British Museum.

A remarkable surgical operation has been performed in New York. A gentleman met with an accident which led to a loss of speech. The physician who performed the operation decided that the blow received upon the head had probably caused a pressure upon what is technically known as the "speech centre" of the brain, and removing a small piece of the skull over that part of the brain, he found what he expected.

A successful New York dairyman claims that no farmer ought to keep a cow that does not make a pound of butter per day while giving milk. To lessen the work in the house in making butter day after day, you will then learn why and rapidly appreciate the benefits of the modern appliances connected with this business, and the evicting woman killers—old pans, churns and ladles—will be banished. We want more butter

conferences and more education. The more corn we grow the more butter, and the more butter the more corn. Cows should be raised and kept in an atmosphere of kindness. Animals heat always represents food, and it is plain we can save food with less exposure. Always have a warm stable in the winter with a temperature of 50 to 60 degs.

Perhaps there never will be a consensus of opinion as to the best mode of preparing potatoes for seed. There are some conclusions, however, that have been arrived at that may be considered final. Among these we may mention the advisability of rejecting potatoes for seed that are very small, and the extravagance of planting whole tubers that are unusually large. It has likewise been demonstrated that potato sets just freshly out are less apt to plant than others out some days previous to planting, and in which a tough skin has formed over the wound. It may be that, all things considered, potatoes about the size of a hen's egg serve best for planting. They do not of necessity require to be cut. The month of March is a good time for sowing the different varieties to be planted. Not one hour should be spent after the land will do to work in doing what could have been done quite as well at an early period.

Though various opinions in respect to this question have been held by fruit growers, yet the consensus is now in favor of early spring pruning. It is particularly advisable to prune early in the spring, a pruning is called for by low vitality of the tree. To remove a small limb that is likely to interfere with others at any season that it is noticed is good practice, but it is not considered so by the majority to do the usual annual pruning at any other time than when the tree is dormant. Pruning in the spring, before the buds burst into life, carries with it the least possible danger of lowering the vitality of the tree. The many benefits that following pruning—increased robustness of the tree, greater yield of better fruit, etc., are best secured by intelligent pruning just before the buds show signs of life by the bursting of the buds.

Farmers, enjoy your advantages. It is scarcely of want of an article that makes it a delicacy or enhances its value. We should prize and enjoy more fully the opportunities and privileges that are within our reach, and not be repining and complaining because we cannot have imaginary blessings that would in reality be inferior to those we possess. By improving all the chances for enjoyment with which we are surrounded, life on the farm is more independent and more satisfactory than any other. Besides all the fresh fruits, vegetables, milk, cream and butter, you can have healthy eggs, spring chickens, young ducks—verily, food for the gods!—can you name any articles of food that an epicure prizes more highly, and at so small a cost to you? You have but one life to live; why not make that life as pleasant as possible. Have a greater variety on your table, eat less pork and more poultry, use less lard and more butter, and you will be healthier and happier. Remember, you on a farm can have all these luxuries at first cost, and in all their original purity and freshness.

MILK THAT IS NOT PURE. The vendor who puts water in his milk generally does so under the impression that the water poured in does not mix with the milk, and cannot be detected except upon chemical analysis. This shows gross ignorance. The milk will hold only its own fluid; all foreign fluid will be precipitated if the mixture is allowed to stand for a couple of days. Any housewife may spot a dishonest milkman with very little trouble. Let her take a long slender bottle, cleanse it thoroughly, and let it dry out. If, then, it is filled with milk and allowed to stand in a cool—not cold—place for 48 hours, all the foreign fluid will be precipitated—that is, it will settle to the bottom of the bottle. The soured milk will then fill the middle of the bottle and the fatty substance will be floating on top. Sometimes the top will be a layer of cream, then will come a layer of albumen, another of artificial device to make the milk look rich, then will come the soured milk and at the bottom will be foreign water. The whole scheme of deception can be read by a glance at the bottom of the bottle, and a single lesson in the rudiments of milk inspection. This sort of work is not scientifically satisfactory, but it will always develop the fundamental fact—whether or not the milk is normal.

Cause and Cure of Nausea. Professor Stewart, after telling us that the seat of nausea is not in the stomach, but in the brain, informs us that relief from this distressing sensation may be obtained by cooling the base of the brain. He has tested this often and thoroughly in the case of sick headache, bilious, colic cholera morbus and other ills in which the nausea is a distressing symptom, without a single failure, and once relieved nausea resulting from cancer of the stomach by the application of ice to the back of the neck and occipital bone. The ice is to be broken and the bits placed between the folds of a towel. Relief may be obtained by holding the head over a sink or tub, and pouring a small stream of water on the back of the neck. This is worth remembering as a relief for sick headache, to which so many women are subject.

In a book on "the flight of the bird as the basis of the art of flying," a German author, Herr Otto Lulenthal, describes the results of 23 years of experimenting by himself and brother on the form of wings best adapted for carrying heavy bodies. He concludes—as have others—that the real secret of a bird's flight lies in the arching of its wings, which accounts for the small expenditure of strength, and he believes that close imitation of the birds is the only method of solving the problem of human flight. The artificial wings of the investigators have been made so effective as to raise half the weight of the operator, the apparatus, worked by foot levers, being made to rise with a person weighing 160 pounds when a counter-weight of 80 pounds is helping to lift by means of suitable pulleys.

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GRAND MONTHLY DRAWING, At the Academy of Music, New Orleans, Tuesday, April 15, 1890. CAPITAL PRIZE, \$300,000. 100,000 Tickets at Twenty Dollars each. Halves \$10; Quarters \$5; Tenths \$2; Twentieths \$1.

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Irish Marriages and Deaths. MARRIED. CLARRY—LAMBE—February 17, at Mount Saint Joseph, Broomfield, James, only son of Michael Clarry, Fines, Broomfield, to Margaret, youngest daughter of the late Patrick Lambe, Broomfield, county Tipperary.

DIED. BRADLEY—Feb 26, at his residence, 71 Dame St., Dublin, after a long illness, Thomas Bradley, aged 47 years. DONNELLY—February 21, at the Hospice, Hill-street, Dublin, after a tedious illness, Anne Donnelly, formerly of 43 Bolivar street.

AGENTS WANTED. We the undersigned Banks and Bankers will pay all Prizes drawn in the Louisiana State Lottery which may be presented to our offices. R. M. WALSLEY, Pres. Louisiana Nat'l Bank. PIERRE LANAUX, Pres. State National Bank. A. BALDWIN, Pres. New Orleans Nat'l Bank. CARL KOHN, Pres. Union National Bank.

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