much, furnish but little relief, and in a great majority of cases are positively harmful, and as such have received our just condemnation.

"In the light of what has been said, it is a matter of genuine satisfaction to the compilers of these reports to come upon a line of preparations which has been found by expert examination, conducted through our inquiry bureau, to be all, and more, than the individual representing the same claims for his specifics. Reference is had, particularly, to Dr. Campbell's Safe Arsenic Complexion Wafers and Fould's Medicated Arsenic Complexion Soap, now owned and offered to the public by Mr. H. B. Fould, of 214 6th avenue, New York.

"The above remedies are sold in all first class drug stores, and have stood the test for years, and are especially valuable for the complexion. They clear the skin, purify the blood, develop the form, and clear the complexion thoroughly; for rough skin and for expelling blackheads and pimples they are invaluable. They are put up in attractive forms, and have demonstrated to thousands of ladies who have tested the same that nothing better has ever been compounded for the purpose of beautifying the face and features.

"As a large proportion of our readers are found among ladies and in the home circle, this report is written in their interest, and not for the purpose of advertising these remedies, the reference to these superior articles being purely incidental,

but, inasmuch as we have satisfied ourselves of their worth, it is only a public duty to say as much in a report, based upon our honest and unbiased examination, made in pursuance of the object which sustains this publication.

"Both Dr. Campbell's Wafers and Fould's Arsenic Soap are toilet essentials of such superior character that it is a pleasure for the United States Health Reports to give them an editorial indorsement."

Dr. Campbell's Safe Arsenic Complexion Wafers and Fould's Medicated Arsenic Soap can be had at any first class drug store in the United States, Canada, and Great Britain. Also sent by mail on receipt of price. Wafers, per box, \$1; six large boxes, \$5. Soap, 50 cents per cake, or \$5 per dozen cakes.

Address all mail orders to the Lyman Bros. & Co., 71 Front street east, Toronto, Ont., Canada, and Lyman, Sons & Co., Montreal, Canadian agents.

Two in One.

The two organizations known as the Ontario Optical Institute and the Optical Institute of Canada have been amalgamated, and the new institute will be known as the Optical Institute of Canada, with quarters at 60 Yonge street, Toronto. This organization will be under the management of Mr. J. L. Leo, of Montreal, the classes being conducted by Dr. E. Hamill, whose knowledge of optics HOW TO SEE

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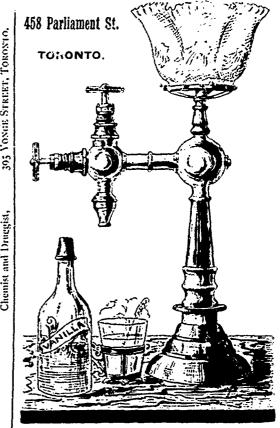
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TORONTO, March 5th, 1896, proved itself to be one of the best I have ever for one thing, which is that I did not buy one desiring such an article. I think your drawer if JOHN MCKAY, 393 VONEE STREET, FORONTO. District Sits,—The bountain I bought from you last year pu seen of its kind, gave the best of satisfaction, and I am sorry from you sooner. I can recommend your fountain to any one esystem much better than the bottles. I am, yours respectfully,



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