

## TO OUR READERS.

HEALTH AND HOME.—Such is the title we have given to this journal, because its pages will contain, not only articles on hygiene, as a science, but other subjects relating to home matters of an instructive and useful character, so as to enliven the dry reading of sanitary facts, by those of a lighter educational form, and having a tendency to promote Health through sources that will give pleasant occupation, and pleasing amusements to the young members of a household.

When the formation of a sanitary association was first initiated, a prospectus was issued, in which was held forth a hope that a sanitary journal would be published and sent free to the members of the association. This hope is about to be realized, and it now rests with the public to come forward and give to it a cordial support.

The association and the journal are essential to each other. One is the body, the other the food that must sustain it. We feel sanguine that those physicians, and other sanitarians, who assisted in inaugurating the association, and to whom we are deeply grateful for their assistance, will do all in their power to forward the good work in hand, and use their influence to extend its benefits to every part of the Dominion. The editor has taken upon himself the responsibility of publishing this journal for the benefit not only of the members of the association, but for all who may peruse its columns—that is for the sanitary education of the people—and he trusts that in every community, there will be found many to forward its philanthropic objects, and cause its healthful influence to be increased, by devoting some small portion of their time and attention to the promotion of one of the most important efforts ever made in this country for the health of the people. To carry out this object successfully, we must depend upon ourselves alone, it intimately concerns each member of society, as well as the whole body of the people: therefore, although governments and municipalities can assist, and doubtless will assist to some extent, the promotion of objects of really a provincial and national character, we must not cease to work, or relax our efforts, until the whole Dominion has been thoroughly canvassed for members, and committees established in every town and village. The Canadian Sanitary Association, although but in its infancy, can claim a step in advance of all other sanitary associations, inasmuch that it takes into its membership all classes, scientific or otherwise. It unites itself directly with the people, forming them, as it were, into a league to suppress the causes of infectious diseases, and to lengthen out life with the enjoyment of more perfect health.—

*The Editor.*

## THE CANADIAN SANITARY ASSOCIATION

*A brief account of its formation organization and objects.*

The first steps—for forming this association, were taken on the 6th December 1882, immediately after a meeting of a Health Conference, consisting of physicians and sanitarians from the different provinces, together with the Chairman and members of the Board of Health of Montreal, who had assembled at Ottawa to confer with the Hon. J. H. Pope, Minister of Agriculture, and J. C. Tache, M. D., the Deputy Minister, in relation to the best means to be adopted for the collection of vital and mortuary statistics. After the interview with the minister, it was proposed by F. N. Boxer C. E.,—one of the members of the Montreal Board of Health,—that advantage should be taken of such an opportune occasion, for the members of the Conference to take the initiative steps to form a Sanitary Association for the whole of the Provinces, and that those members present could form its nucleus. The suggestion was unanimously adopted, and a provisional committee named.

On the 7th September 1883, after the meeting of the Canadian Medical Society, at Kingston, Ont. The provisional committee reported progress. The association was then duly inaugurated, and the following members were elected to form the Council and Executive Committee for the first year.

*President :*

John Sweetland, M. D., ..... Sheriff of Ottawa.

*Vice-Presidents :*

C. W. Covernton, M.D., Member of Ontario Provincial Board of Health..... Toronto.  
 F. E. Boy, M.D..... Quebec.  
 Le Baron Botsford, M. D..... St. John, N. B.  
 J. W. Macdonald, M. D..... Londonderry, N. S.  
 J. W. Lynch, M. D..... Winnipeg, Manitoba.  
 P. Conroy, M. D..... Charlottetown, P. E. I.  
 F. N. BOXER, C. E. & S. Engr.,  
 Secretary-Treasurer.

## EXECUTIVE COMMITTEE.

W. Oldright, M.D., Chairman, Ontario Provincial Board of Health..... Toronto.  
 Hon. Dr. Parker..... Halifax.  
 Professor Galbraith, C. Engr. School of Science... Toronto.  
 W. S. Harding, M. D..... St. John, N. B.  
 Revd. Professor A. B. Austin, M. A. B. D., Principal Alma College..... St. Thomas.  
 James McCammon, M.D..... Kingstou.  
 Professor Carr-Harris, C. Engr., Royal Military College..... Kingston  
 Dr. Rinfret..... Quebec  
 Alderman J. Fairbairn, Board of Health..... Montreal.  
 J. W. Hughes, Sanitary Engr..... do  
 A. B. Laroque, M. D. Health Officer..... do  
 Thomborough Shewan, C. Engr..... Antigonish, N. S.