

Children Cry for Fletcher's

CASTORIA

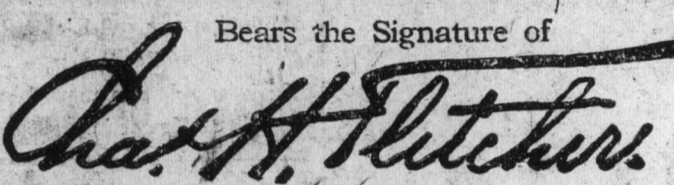
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY



Thick, Tender Savory Meat

or chops—the kind, you know, that make your guests praise your hospitality, your cooking, your entertainment. Why not this kind of meat instead of the doubtful cuts and inferior meats? We want you to know our meats. A sirloin or porterhouse steak, a roast, chops from the loin, etc., will enable you to judge quality.

C. H. SHELLY
MEATS AND PROVISIONS
LAKE ST. AND CHAPLIN AVE.
Phone 1853

Tenders For Road Overseer

TENDERS marked "Tenders for Road Overseers" will be received by the undersigned up to an including Saturday, February 14th, 1920, for the position of road overseer in the Township of Louth, for a period of seven or eight months, services to commence about the 1st of April, 1920.

The lowest or any tender not necessarily accepted.

Dated this 13th day of January, A. D. 1920.

M. A. BALL,
Clerk said Township Louth,
R.R. No. 1, Jordan, Ont.
J16-23-30-76-13

Cook's Cotton Wool Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1.00; No. 2, 50c; No. 3, 25c per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Mentioned in Standard)

CARNOL

A Preparation of Beef, Cod Liver Oil and Glycerophosphates

A Reliable Tonic and Builder

Price \$1.00 Per Bottle

—AT—

WALKER'S EAST END DRUGSTORE

297 St. Paul Street

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ont. This bank has now 433 branches in Canada and other countries, and is in a position to offer the public an excellent service.

St. Catharines Branch—R. G. W. Conolly, Manager
Toronto Branch—S. H. Falkner, Manager
Niagara-on-the-Lake Branch—F. W. Wilson, Manager

CITY AND DISTRICT

PRIVATE SALE

Commencing Saturday, Feb. 7th, there will be a private sale of my house furniture and other goods, at residence 34 Berryman Ave., St. Catharines, between the hours of 9 a.m. and 5 p.m. Sale to continue the following week until everything is sold. Terms cash. D. L. Cameron, Feb. 6.

CANADA IS IMPORTING LESS FROM UNITED STATES NOW

Ottawa, Feb. 6.—There has been a slight natural decrease in imports from the United States recently, owing to the adverse exchange situation, according to the officials of the Canadian trade and commerce department. The officials believe that the falling off is also due, to some extent, to the fact that merchants are waiting for more favorable times to stock up.

Women's Canadian Club will meet at the Welland, Tuesday, February 10th, at 4.15. Speaker, Jean Blewett. Subject, "Woman Beloved." F. 6-7-9

Laid to Rest

The funeral of the late Mrs. Edward Jones took place from the family residence, 15 Taylor avenue, on Thursday afternoon to St. George's church. A short service was conducted at the house by Rev. Canon Broughall, who was also present at the church service assisted by Rev. A. H. Priest, the latter conducting the service at the graveside in Victoria Lawn cemetery where the remains were laid tenderly to rest among beautiful flowers which were sent by sympathizing friends. Those who acted as pallbearers were: Thomas Matthews, William Hunt, Arthur Adams, Walter Purdy, James Pettifur and Earl Norton.

No Housing Problem

Mongols Carry Their Houses With Them When They Move (Luther Anderson in the Asia Magazine.)



At the entrance of the tent or yurt as the Mongols call it, was a wooden door fitted to a framework resembling a wooden sash. The door was so low that I had to stoop as I entered. The floor was about two feet below the level of the ground, giving the inside circular wall a height of about six and a half feet, and thus made it possible for even a tall man to move about freely in any part of it.

The framework of the tent consisted of a circular fence of wattle stakes supporting a superstructure of slender poles which came together in a truncated cone. At the top the poles fitted into a piece of wood shaped like a wheel. At the lower end the poles were lashed to the wicker work with stout thongs and bits of rope. Several sheets of gray felt about half an inch in thickness were stretched tightly over the framework. Altogether, the structure had the appearance of firmness rather more suggestive of a house than a tent.

This kind of habitation is admirably adapted to the needs of the Mongols, as they are only a semi-nomadic people and do not change their place of habitation as frequently as grates. Even within the borders of tracts beyond which they do not migrate have their own distinct districts generally supposed. The various these allotted areas they move about but little. Most Mongols have only two camping places; one for the winter and another for the summer. Custom as well as expediency requires them to move twice a year—in the spring and in the autumn. These two migrations are necessary because they do not wish the labor of laying in a supply of winter hay. In the autumn they have to move to some place where the grass has been closely cropped, so that their herds may graze on the tall grass protruding through the snow. In the winter the animals do not require to be watered, as they eat enough snow with their grass to make up the deficiency. As soon as the snow disappears in the spring it is necessary to move the herds again, so that they may be near prairie lakes or wells.

This system of usually re-though a severe drought or heavy quires only two marches a year. snowfall may compel them to move more often. Sometimes a favorable season may produce some locality suitable for grazing the whole year round, thus obviating the necessity for moving. In such a case the Mongols would satisfy the claims of custom and superstition by moving their yurts only a few feet.

The camping grounds for the various families composing a tribe are fixed with so much certainty that it is possible for the feudal chieftans to find a man whenever he is wanted.

Medical Health Officer Makes Suggestions

(Continued from page 1)

police court cells should be investigated and remedied, and a separate room built for female and child prisoners. I would ask the City Council to act at once.

The laboratory has been handling many diagnosis and release swabs for diphtheria, and I consider that this is partly responsible for the control of the epidemic.

I think, the whole board should visit the Isolation Hospital and get an idea of conditions there. Do you realize that the stairs prevent a stretcher from being carried up them and that there is only one bathroom for the whole building? The only reason we have not had cross-infection is due to the excellent work of the matron, Mrs. Murray, who has worked faithfully with very little encouragement from previous Boards of Health. She and her husband started on a combined salary of sixty dollars (60.00) per month. This has been raised gradually to one hundred dollars (\$100.00) a month, out of which they must feed themselves.

Gentlemen, is it not a disgrace to ask two people to work for this remuneration? I would ask you to make a very substantial increase in the salary. During the past month as many cases were treated at this hospital as were formerly treated in a year, and the help there have been working day and night.

The hospital has outlived its usefulness and this board should consider very carefully the advisability of having a new one built.

The isolation ambulance will be kept at this hospital and Mr. Murray will drive it. This will help us out greatly, but will make much extra work for him, as he will be called at all hours.

The salaries of the sanitary inspector and the public health nurse should receive your consideration. Both of these officials have done excellent work for us and we should show our appreciation for their services.

This board must consider the epidemic of Spanish influenza, which is present in many of the cities of Canada. I think it would be wise to call a meeting of those interested in public health work, so if the epidemic reaches here we shall be prepared for it.

Rev. W. Wilks has given notices of his intention to retire from the secretaryship of the Royal Horticultural Society of England.

Medical Health Officer Makes Suggestions

(Continued from page 1)

Officers and members of Union Lodge I.O.O.F. are arranging a banquet to-night to the members of the Lodge who served during the war.

A social meeting in the interests of the Anglican Forward Movement were laid tenderly to rest among Homer Rev. Mackenzie Norton delivered an address. Refreshments were served afterwards.

A very large number of friends and relatives gathered to attend the funeral of the late George Oscar Doughty which took place from his late residence, 24 Mary street, Rev. F. W. Stewart officiated at the house and graveside, William Bowman, Fred. Bowman, Webster Burch, W. Backus, Albert Haynes, and S. Piper acted as bearers. The numerous floral tributes were very beautiful. The remains were interred in Victoria Lawn Cemetery.

Medical Health Officer Makes Suggestions

(Continued from page 1)

Officials are urging Canadians to buy at home more freely, rather than to call for imported goods, if exchange rates are to be kept within reasonable limits.

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The Value of Saving

All successful men begin by saving. Later, perhaps, they invested, but they first had to accumulate capital.

The first step towards wealth is to open a Savings Account. The second is to save regularly.

Come in and ask about our simple, convenient Savings Accounts. Interest compounded every six months soon amounts up.

—THE—
Bank of Nova Scotia

PAID-UP CAPITAL \$ 9,700,000
RESERVE FUND 15,000,000
RESOURCES 220,000,000

V. D. MACLEOD
Manager
St. Catharines Branch

KING GEORGE THEATRE

TO-DAY and SATURDAY
Wm. Fox Presents
GLADYS BROCKWELL
In Will C. Beale's Popular Novel
"THIEVES"
The Second Episode of Robt. W. Chambers' Novel of Mystery
"The Black Secret"
Presenting the Serial Queen
Pearl White
THE POLLARD COMEDIES
British-Canadian News
Mat. 10c.; Eve. 10c and 15c

Poultry Food and Supplies

Dr. Hess' Poultry Panacea
Pratt's Poultry Regulator
Royal Purple Poultry Specific

J. K. Black Estate
23-25 James-st. Phone 29
Canada Food Board License
No. 9-389

HELP PRODUCTION—SAVE!

Save every dollar you can! Each dollar saved strengthens the nation's power to produce during this period of reconstruction.

Open a savings account. Make your money work for you and your Country.

THE DOMINION BANK 532
Drafts on Foreign Countries sold on favourable terms
B. B. MANNING, Manager,
CORNER KING & QUEEN STS. OPPOSITE POST OFFICE

Security Loan & Savings Company

26 JAMES STREET ST. CATHARINES

ANNUAL GENERAL MEETING
The Annual General Meeting of the Shareholders of the Security Loan & Savings Company, St. Catharines will be held at the Company's Office, No. 26 James street, St. Catharines, on
Thursday, February 19th, 1920, at 11.30 a.m.
for the purpose of receiving the Financial Statement and Report of the Directors for the year 1919, the election of Directors and the transaction of such other business as may be brought before it.

R. F. DWYER, Sec.-Treasurer.
St. Catharines, Ont., January 12th, 1920.

VALUABLE PAPERS

The Safety Deposit Boxes of this Bank offer security for valuable papers, documents and other effects.

The rental of one of these boxes is very moderate and protects you against loss by fire or theft.

THE CANADIAN BANK OF COMMERCE
PAID-UP CAPITAL \$15,000,000
RESERVE FUND \$15,000,000
ST. CATHARINES BRANCH, R. G. W. Conolly, Manager.

ESTABLISHED 1859

CHICKENS GO BUT MAGIC THE T

No Evidence to Officers With Theft of Rooster — Food Showed Where

charged with stealing nine with Rock hens, the property of Mr. Bray, John Lohovicia and Mr. Bray appeared in police court yesterday afternoon. They pleaded guilty through their counsel, Clarence McCarron.

The men were traced to their home by footprints in the snow, which led to their place. The chickens were there that morning at day-break. There was a peculiarity about the prints, which led from the house to the Merrittion house. To Mr. McCarron he admitted

Church is An A

Forward Movement of Humanity to Salvation

that leaders of thought are to the church as the one unit of the world to overcome the forces of evil. The resolution and that the Forward Movement in the North American continent will be an antidote for the intolerance and intolerance was the expressed last night by Ven. Canon Perry in a forceful and address before a meeting of ladies at St. Thomas' Church. The gathering was held in the parlour of the Forward Movement Anglican Church and was well attended.

Banquet Served.

Through the co-operation of members of the Ladies' Aid a banquet was served after the service. Mr. Howitt outlined briefly the purpose of the assembly. He said that Mr. J. M. Elison introduced the subject. The latter expressed the opinion that the spirit of service for humanity is what enriched the ages. People of the world should not disassociate themselves from the responsibilities of citizenship, and all mature minds should be the church was a power to guide through the ages for the betterment of races. The Forward Movement in Canada was conceived primarily a work for laymen. The church on a sound financial basis that it could do a greater amount of work.

A Powerful Influence.

Archdeacon Perry reviewed the social and political unrest of the present time, the danger of anarchism headway and the possibility of a new world. Other agencies have been able to cope with the present problems, but the church has stood a strength and a source of power. The purpose of the Forward Movement was not simply to raise a large amount of money, but to turn the thoughts of men and women to higher things. He said that if the money were to stop abruptly now a large amount of money was raised, here would be an inestimable amount of work accomplished.

St. Thomas' Church General Archdeacon said he believed the