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ment of his brain.

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The Grain Growers' Sunshine Guild

THE PROFESSION OF PARENTHOOD

Until a very few years ago it was generally assumed that the power to bear children was proof of the fitness of the individual for parenthood. There are many clear thinkers today who declare that parenthood is not an incident, but a profession and far and away the greatest profession in the world. They even go still further and claim that it requires a very special training to fit men and women for this profession.

There are many people who ought not to have children at all. Of these one of the first that I think of is the mother who does not want her baby and is ugly and sullen and disagreeable for months before it is born. Poor little unwelcome stranger, what chance has it to be sweet and good and sunny? This is sometimes a very hard thing to ask of a woman who has three or four little babies already clinging about her skirts, who has enough work to do to tax the strength of two and whose health has already been impaired by heavy and the too-frequent bearing of children. Still the fact remains that the unwanted child is likely to have to pay a life-long

Another parent who has much to answer for is the man or woman who inculcates servility in the child by terrorizing it from infancy—the people who rule by fear and punish the child as a vent for their own ill temper. You often find these boys and girls, after they have grown up, cringing in spite of their better knowledge, before people over them in

price for its mother's frame of mind.

The nagging person also makes a poor parent. You know the kind of people who say, "Now, Tommy, don't do that. Don't, Tommy, Tommy, you must not," but never see to it that a single one of these commands is obeyed. these commands is obeyed.

Then again there are the parents who can be coaxed to give their children anything short of the moon itself. had a maid raised by this kind of parent and we dismissed her, not because she wasn't a good roaid as because she was so utterly selfish. She would decide that she wanted off for a certain day and if we told her she could not go, it would be the she wanted by the she was the not matter how much she knew it was going to inconvenience us she would begin to coax and would keep it up until the time was passed, when, if we remained firm, she would sulk for several days, She had absolutely no sense of fair play. I am afraid she will be discharged more than once and suffer a great deal of humiliation as a result of her bad training.

At any rate in the face of all the evidence we have before us to the contrary let us not assume that parenthood is in itself a qualification for this high office.
FRANCIS MARION BEYNON

LOOKING FOR YOUNG GIRL HELP Dear Miss Beynon,-A few lines this morning wishing you all success in this corner. I read much interesting help and very much enjoyed Peggie's letter of late. May I come in also?

I have been in Saskatchewan now three years and like it well, having had good health ever since I came. alone at present but wish to ask through your columns if there is a little girl who would like a good home, about the age of twelve years (more or less) just to mind babies while I am out, also who would like feeding chickens, etc., and I could teach her housework, cooking, sewing, fancy work, music, if she be willing and good. Would like a Protestant, religious girl, and would look after her well.

Should any of the readers know of one and write me in connection with the work, family, or any requests, such as paying railway fares, etc., I will be glad to hear from them now or any

time in the next two or three months. Will close for this time with this recipe for soap, this being one of the things we need so much in this country:

One lb. caustic soda to four lbs. grease and one pail water. Make water hot, put in caustic, then one tablespoon resin. Stir well, then add grease and boil four hours, not more.

To make some hand soap out of this take out 5 dippers or 1 quart of the

4

common soap while not, put into separate kettle, add 2 saucers (level fuli) of sifted oatmeal, 10 cents' worth perfume, 1 tablespoon each of carbolic acid and turpentine. Pour into something quickly and let cool.

Hope this will be of benefit to someone, so will close

ETHEL OF THE PRAIRIE. I hope you will be able to find a little girl, but from the number of letters I forwarded to Esther last fall I think they must be scarce.- F.M.B.

POTATO CHICKEN BOATS

Dear Miss Beynon,—I have been an interested reader of The Guide for a long time and although I still work in single harness, I thought perhaps you could use a recipe that I found rather good, but if you do not think it worth the room in your page of The Guide, why let it go to the waste paper basket.

Potato Chicken Boats.-Take six large, long potatoes, peel and cut in two long ways, then hollow out the centres boat shape. Next take the breast and the meat of a drumstick of chicken. Put this through a fine meat chopper with a slice of white bread. Mix the bread and chicken together and season with pepper and salt. Put a small piece of butter in the boat and fill up with the chicken, put the other half of the boat on the top, tie a piece of string around the boat and bake in a quick oven for

Hoping I have not taken up too much room, I will sign myself,

COW GIRL.



ATTRACTIVE GARMENTS FOR ALL OCCASIONS

ALL OCCASIONS

4472A—Blouse with Robespierre Collar, 34 to
42 bust. 21 yard 36 with 4 yard 27 inches wide
for collar, 1 yard of lace 6 inches wide for frill,
1 yard of narrower lace for wrist frills, 2 yards
of lace for frills at wrists and sleeve openings as
shown in back view, for medium size.

7663—Fancy Blouse, 34 to 40 bust. 24 yards
36, with 1 yard 21 inches wide for trimming
portions, 34 yard 27 for girdle, 1 yard 18 for
yoke and collar, 34 yard lace for under sleeves,
for medium size.

yoke and collar, 1/4 yard lace for under sleeves, for medium size.

7657—Semi-Princesse Norfolk Dress for Misses and Small Women, 14, 16 and 18 years, 41/4 yards 36, with 1/4 yard 27 inches wide for collar and shield, for 16, year size.

7649—Girl's Dress, 10 to 14 years. With or without Trimming in Front and Chemisette To be worn over any Guimpe or made with Chemisette and Under Sleeves. 31/4 yards 36, with 1/2 yard 27 inches wide for trimming, 1 yard 18 for chemisette, 1 yard for chemisette and under sleeves.

for chemisette, i yard for chemisette and under sleeves.

7664—Three-Piece Skirt, 22 to 30 waist. With or without Panel, with High or Natural Waist Line. 334 yards 36, with i yard 12 inches wide for panel, 2 yards of braid, width of skirt at lower edge 1; yards for medium size.

The above patterns will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents for each.

Note.—Everyone sending in for patterns is requested to send the number of pattern and the size. This is absolutely necessary to insure satisfactory service. All pat-terns are ten cents each.

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April :

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