

## Nervous Diseases No Longer a Fad

All Classes Now Suffer From Exhausted Nerves—Splendid Results Obtained From The Use Of

## Dr. Chase's Nerve Food.

"The breakdown of the nervous system is no mere society craze from which it is fashionable to suffer, but is becoming a national calamity which bids fair to rob our descendants of many of those qualities which have done so much to make this empire what it is," writes Dr. Guthrie Rankin, an eminent London physician.

The keen competition of life is now felt in all grades of society, and as the result prostration, paralysis and insanity are becoming more and more common as the natural outcome of exhausted nerves.

Sleeplessness, irritability, indigestion, headache and general lack of energy and ambition are among the early indications of nervous troubles, and with women the result is not infrequently derangements and irregularities of the feminine organism.

If a committee of experts on diseases of the nerves were to prescribe for you they would give you just such a formula as that of Dr. Chase's Nerve Food, for this medicine is composed of the most powerful nerve restoratives known to medical science.

This is no idle boast, as we shall be pleased to prove to you if you will have your physician call at these offices and examine the formula.

What we consider as better proof of what Dr. Chase's Nerve Food will do for you is to be found in the letters of recommendation published from time to time in Dr. Chase's Almanac and in the newspapers of this country.

Naturally and gradually this great food cure forms new, rich blood, the substance from which the brain creates new nerve force. This is the only means by which diseases of the nerves can be actually cured. Stimulants and narcotics give temporary relief, but with great expense to the nervous system. Dr. Chase's Nerve Food slowly but certainly revitalizes the wasted nerve cells and by filling the body with vitality overcomes weakness, sickness and disease.

A favorite means of proving this is by noting your increase in weight while using this medicine. Dr. Chase's Nerve Food, 50 cents a box, 6 boxes for \$2.50, at all dealers or Edmanson, Bates & Co., Toronto.



**ACCIDENTS**  
will happen. The colts will get hurt. Any Soft Inflamed Bunch can be removed in a pleasing manner with

## ABSORBINE

No blister. No hair gone. Comfort for the horse. Profit for you. \$2.00 per bottle delivered. Book 4-B free.  
ABSORBINE, JR., for man-kind, \$1.00 bottle. Remove the black and blue from a bruise at once. Stop Toothache, Reduce Swellings. Genuine.

W. F. Young, P.D.F., 46 Monument St., Springfield, Mass. Canadian Agents: Lyman, Son & Co., Montreal.

## FOR SALE

The three year old Clyde Stallion, "Mayfield Grandson" 5081

This is a splendid stallion and a sure foal-getter  
**H. H. McCLURE - Leithbridge**



We Grow All Kinds of  
**HARDY TREES & PLANTS**  
And Sell Direct to Planters  
Catalog Free.  
**STRAND'S NURSERY**  
R. F. D. Taylors Falls, Minn.

**THE FARMER'S ADVOCATE**  
\$1.50 A YEAR  
Winnipeg, - Manitoba.

## TREE PLANTING ON THE PRAIRIES OF CANADA.

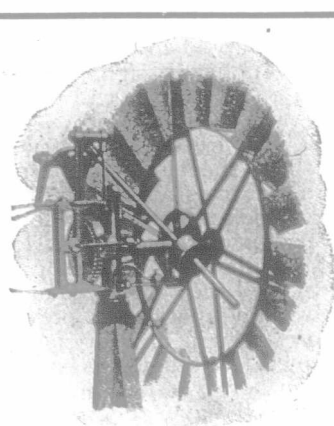
(Continued from last issue.)

At the present time one of the factors, which as much as anything else unfavorably influence the planting of trees to any extent by the settlers, is the lack of cheap nursery stock of suitable varieties in any considerable quantities. At present the varieties almost universally planted are the native maple or box elder, native green ash, American elm, cottonwood, Russian poplar, and willow. These are all good varieties and of value in certain localities and for certain purposes; but the ideal tree for shelter is an evergreen. Throughout the prairies the white spruce is perfectly hardy, also the jack pine. The native tamarac too is a tree which will in my opinion prove exceptionally profitable, yet I think I am safe in saying that at present it would be impossible to obtain in the West nursery grown stock of either of these varieties, at a price which a farmer could afford, in sufficient numbers to set out even an acre of shelter belt or plantation.

Ever since the opening up of the West to settlement the Government has realized the great need of encouraging tree planting, but to within a very few years progress in this respect has not been particularly rapid. The first scheme adopted was similar to the tree claim act in force in the Western States some years ago, whereby a settler could obtain title to a certain amount of land by planting a few acres of it to trees. The regulations governing the methods of planting and the ease with which many of these regulations could be avoided made it easy for settlers to obtain possession of the land without any satisfactory results in the desired direction. Consequently a few years later the act granting these tree claims was withdrawn. When the experimental farms were organized actual demonstrations were commenced at the western stations as well as a distribution of seeds and seedlings in small quantities with information on tree culture to the settlers. The principal work of the experimental farms is of course in conducting experiments connected with the ordinary farm crops, stock and horticulture. The time and money therefore which can be devoted to tree culture and to the general encouragement of planting throughout the West is necessarily very small and quite inadequate when we consider the immense territory and the great number of settlers pouring into the country who for the most part are totally ignorant of western conditions particularly of the ordinary factors affecting tree growth.

In the spring of 1901, soon after its establishment, the Forestry Branch organized a cooperative system, with a view to encouraging general tree planting throughout the prairie districts on a more extensive scale than had been done up to that time. The chief features of this scheme is the free distribution of considerable numbers of seedlings of the native western forest trees. It was realized that unless this was done no amount of advice or instruction could in itself induce any general movement in favor of a more extensive system of tree planting. As before mentioned, the very lack of cheap plant material has been one of the chief hinderances, making it almost impossible for a farmer dependent upon commercial nurseries for his stock, to set out more than a few hundred trees at the most. Such a distribution as is now made by the Forestry Branch is necessarily carried on under comparatively strict regulations which ensure the proper care and planting of the seedlings and the ultimate success of any plantation set out under the system.

Under these regulations any settler desirous of setting out a windbreak or plantation is required to send in his application a year previous to that in which the planting is to be done. He is then sent instructions as to the cultivation required to prepare his ground for the trees, and some time during the summer he is personally visited by an inspector of the Department who sees for himself whether the ground is suitably worked and gives the applicant further instructions as to the method of planting, the general layout of the plantation and the best arrangement of the trees. In reporting to the office he sends in a rough sketch of the proposed



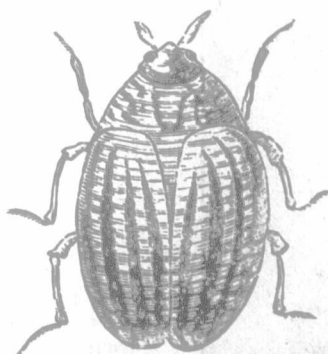
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Write for new illustrated  
catalogue — sent free.

**Brandon Pump & Windmill Works**

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Box 410, BRANDON, MAN.



## Spray, Brothers Spray

(Canadian Potato Growers' Song)

Quickly when comes the growing-time,  
The potato plant grows and potato bugs climb,  
Soon as the blossoms have fallen down,  
The codling moth gets a big hustle on;  
Spray, brothers, spray, the Bugs grow fast,  
And the fungi strike like a baneful blast,  
Spray, brothers, spray the harvest comes on  
When good, mealy potatoes reward work well done.

The Canada Paint Company's Pure Paris Green is the Death Blow to the Potato Bug.  
Be sure that the packages of Paris Green are labelled thus—

**The Canada Paint Co., Ltd.**

## IDEAL FENCE

**WHEN YOU FENCE, FENCE FOR GOOD.**  
A good fence adds its price to the value of the land. A poor fence soon becomes unsightly and worthless. The job must be done over again. You must go to all of the expense of erecting a fence again. This costs lots of money in time and labor; it means piling expense on top of expense. It pays to do the job right in the first place. Put up the Ideal woven wire fence as shown above, and you will have done with that piece of fencing for many years. It's not going to rust out in a few years because it is heavily galvanized and it always looks well. It stands up. It holds its shape perfectly on any surface, hilly or level. There is a reason for this, and the reason is that Ideal Fence has the weight. It's all made of No. 9 hard steel wire, and has the famous Ideal lock at every wire crossing. Slipping wires are impossible with this lock. Any strain or pressure is distributed and borne by all of the wires. That means strength. There is no domestic animal living that can go through or over it. And there is no trouble about hot or cold weather. It adjusts itself to all temperatures. If you cannot be sure of these things, investigate. Let us send you a book giving all details about Ideal fence. It is free; write for it.  
**THE MCGREGOR-BARWELL FENCE CO., Limited,**  
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## SEED WHEAT!

**IMPROVED FIFE WHEAT.**  
A quantity of Minnesota No. 163 for sale. Imported from Minnesota in 1890 and grown on summer-fallow and on new land every year since. Free from bearded wheat and noxious weed seeds. Price and samples on application.

**D. W. McCUAIG, Portage la Prairie, Man.**

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Every Machine **GUARANTEED**  
You run no risk.  
All kinds of Poultry Supplies  
Catalogue free.  
**A. J. MORGAN, London**

## Duke of York Potato—Earliest Grown

Sold for \$5.00 per lb. two years ago. We offer this great potato for \$5.00 per bushel. Catalog of our hardy fruits, trees, shrubs, etc., free.

**Buchanan Nursery Co., St. Charles, Man.**

## FOR SALE

Scotch Shorthorns and Leicester Sheep, three young bulls—one 20 months old—got by Royalist. Dam, Miss Ramsden 8th, a good one.  
**LEICESTER RAM LAMBS BOOKED NOW.**  
Will meet visitors at Elkhorn Station. Write your wants to  
**GEO. ALLISON, Burnbank, Man.**