#### This and That ... . 36

# TRAIN THE CHILOREN.

When God wanted a strong man. Sam m—he and an angel to tell the mother that neither she nor the child wirs to tast ine nor atrong drink (ludges 13<sup>th</sup> chap-ter). And when God wanted a good man —John the Baptist—he sent an angel to the father to any that the child was neither 1 drink wine or strong drink, for he was to be great in the sight of the Lord (Luke, stat chapter). So, my dear friends, I sak you in God's name, and with a heart full of lore, will yon aign the piedge to abstair up the little children in the same way, so that like Samson and John the Baptist they will be strong and good, and ab'e to fight life's battles.—Elizabeth A. Lewis. When God wanted a strong man. Sam

### HOW TO EVEN THINGS UP.

If all the stockings that ever were made Were hung up Christmas night, If every toy in the whole wide world Were packed in them real tight,

Then if each dear child all over the land were told to take just one. It would be the merriest Christmas Day, r-imful of joy and fun.

I wish we could even up things this way, To show the glad good will The beautiful angels sang through the

sinies, O'er fair Judea's hill.

e can remember our gifts o' love ... his dear name to share, With the sick and the poor right at our door

ted by him to our care.

ZIE DRARMOND, In S. S. Advocate:

### TRUSTED.

hing is more likely to give hope and to the despairing than the thought l ere are people who still believe in

ing man for persistent wrong-doing ( victed of felony, and sent to the pitiary. He came out at the end of more hardened than ever, an

of shame, distrust and suspic'on F : brazen enough to return to his

own, where everybody gave him

t. shoulder save a poor old woman o known him from a child She

- near her little home on the day 04

ot his . turn. of his. turn. • "Why Harry," she said, as if nothing had ha ened, "I'm glad to see you. I didn't know you'd come back " "Well I have," he said, gruffl .

"Yes, see; where are you staying?" "On the street." 'Dear me ! That's no place for any one

to stay. Come home with me, and stay to

# · ONE WEEK

Postum Coffee Remade the Dominie in a Week

Week: Where a person has no troubles except-ing those caused by coffee Postum Food Coffice if ithfully used will manally act with remarkable quickness. Here is an example even where the coffice habit has been one of long standing. "I had been a coffee drinker for 20 y are and until recently regarded it as one of the 'sava of life', ' writes a Teanessee clergy-man.

<text><text><text><text>

aupper. I can't give you very choice. but you're welcome to what I have." "Aren't you afraid I'll rob and murder

MESSENGER AND VISITOR.

Dysentery.

Diarhoea.

Cholera Morbus.

"Why Harry I'm no more straid of you than when you used to sit in my lap in your baby dresses. Come right along "I will," he answered, "for I'm half-

starved. After supper she said : "Now, Harry, you must stay here to night, and sleep in the little room my own boy slept in be fore he died."

In the morning she said : ' You'd better stay here till you find something to do.''

'Do you suppose any one would give me anything to do?" 'No, I don't. I thought about that

while you slept, and tell you what you'd better do.'

She went to her bureau, took from it something in an old silk handkerchief, containing a roll of bills.

containing a roll of bills.
<sup>2</sup> "Now, Harry, here's a hundred dollars which I've saved penny by penny, as the savings of my life. I've beeu saving it un to be used in my last sickn ss, and give me a decent burial. I didn't want the town to bury me. I want you to take this money, go away off where you re not known, and begin life over again. I can true you to pay me back if able, and if not, all right. I ain't afeered to trust you.

you ' She cou'd say no more, for Harry was on his knees, his face in her lap, crying as he had not since the days of his chid-

as he had not since the days of bis childhood. "Bay It again." "Say what?" "That you're not afraid to trust me." "Why, I'm not." "Then I'll take the money and do as you say, bad as I've been, to prove to you that I'm worthy of your trust. Her confidence pioved to be his salva-tion. He put hundreds of miles between him and his old haunts, and began ilfe snew with hope and courage, because one trasted him. In a few months the old woman's money was returned with more than compound interest. In the letter sent her with the money ass: "I owe may salvation to the three words you spoke, when all the world was against me: "I trust you." They led me to the belief and trust you." —Stilcted.

# EATING HIS WAY

Freddie despised the multiplication table. It was easy enough to learn to read and spell, and writing wasn't anything. But it made you ache all over to say your tables. My ! how it made you ache ! And you could't remember. Mamma got up and went out of the room. When she came back she had the glass jur of tiny colored back she had the glass jir of tiny colored candies, that you put on birthday cakes, in her hand She was opening it and pouring out a splend d heap on the table-cloth. "My!" breathed the bow, who could not remember and didn't like mul-tiplication. "Now," said she, brightly, "here are eight rows. How many candy dote?" "Forty," prompily "Yes N.w, make seven times five and four times five the rest. When you have made the whole table, learn it. When you have learned it. eat ut?" O.A."

make seven times five and rout that the whole the rest When you have made the whole table, learn it When you have learned it, eat it !'' Oh. I'' It was the most spiendid way to learn your tables! Fredate torgot the were tables. They were thay red and yellow and white candles He went to work with a will, and when the teacher—that is mam-ma-sait. School's out,'' he had learned his five tables. He did it est is thill after school.

school. The next day they went back and re-viewed two tables, and the next day after three and the next day after that four. Freddle had little picates out in the back yard and shared multiplication tables—I mean the candy dots—with the next-door

yard and shared multiplication tables--lmean the caudy dots--with the next-down twins. The next-door twins were six, like Fred-die; but they went to a school with black bards and deaks in it. One day the next-door twins' teacher was making their mother a call. Freddle was making one on the next-door twins. "Don't you so to school, little boy ?" the teacher asked him. "Oh, yea'm," politely. "Oh, you do? Well I suppore you think the multiplication table is per-fectly dreadful, too?" she asked, smillingly. "Oh, no'm I' experiy; 'I'm very fond of mine." "Indeed! How far slong are you?" 'I ve only esten asfar as seven times serven, yet, ' said Freddle. And he went home wondering why the next-door twins' teach-er had opened her eyes so wide.-Annie H. Donnell, in Youth's Companion.



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