## MORE TORONTO MEN

Markham street; G. Churchill, 119 Annette street; M. Edwards, 461 Bathurst street; J. Fitzsimmons, 227 Cariton street; H. Gadenne, 84 Gladatone avenue; W. Gavin, 68 Collier street; F. Gadrey, 2103 Dufferin street; F. Harris, 40 Redpath avenue; G. Harbishoe, 150 Bartlett avenue; T. Holmes, 114 Oxford street; W. Hubbard, 93 Robina avenue; E. Hume, 76 Duport street; E. Johns, 241 Fairview avenue; F. Kelly, 103 Lauder avenue; W. Liscomb, 216 West Dundas street; J. Moffatt, 18 Sorauren avenue; W. Morris, 63 Kimberley street; J. Moffatt, 18 Sorauren avenue; W. Morris, 63 Kimberley street; J. Moffatt, 18 Sorauren avenue; W. Morris, 63 Kimberley street; J. Moffatt, 18 Sorauren avenue; W. Morris, 63 Kimberley street; J. Philicox, 55 Curzon street; J. McGregor, 206 Broadview avenue; Mention of March 24. The party includes 62 Toronto City men, 16 Hamilton meli and nearly 100 for other towns of central Ontario. Among those coming are Capt. Rev. John D. Morrow and Capt. Arthur D. Fisken, both of Toronto. The official list of the soldiers returning is as follows:

Toronto—Capt. John D. Morrow, 410 Roxton road; B. Ambler, 538 St. Clarens avenue; S. Shoemaker, S. Wardell street; W. Sazeley, 531 East Dundas street; W. Smith, 181 Vine avenue; W. Spencer, 111 Mutual street; C. Stevenson, 41 Gerard street; W. Stephens, 240 Earlscourt avenue; W. Blair, 228 Major street; G. Thompson, 788 Bathurst street; G. Thompson, 788 Bathurst street; G. Thompson, 88 Bathurst street; F. Beckers, 98 Chestnut street; T. Beckers, 98 Chestnut street; T. Hompson, 198 Chestnut street; T. Beckers, 98 Chestnut street; T. Beckers, 98 Chestnut street; T. Markham street; G. Churchill, 119 An-

ASTERS FOR A

By GEORGE W. KERR.

with some intermediate shades, such as allowed lawn lavender. There is no royal road to success in growing saters. We may all have flowers which are perfect in size, color and type, but to secure perfect plants, which will give you a bounteous supply of magnificers flowerments, we must prepare the soil thoroly and have it well enriched.

As asters do not succeed well in soil deficient in lime, this must be applied in the winter or spring, using it freely the soil, the winter or spring, using it freely size of fifteen to twenty pounds for forty square yards. When preparing the soil, it should be turned over to a depth of at least twelve inches, af the same time morporating a liberal quantity of well motted farmyard manuer cressing of acid phosphate or bone meal at the rate of four ounces to the square yard.

Altho good results follow sowing the seed in the open ground, those who have a greenhouse, hotbed or even cold findershould extransplanted asters will invariably make finer plants, the operation of transplanting inducing a more fibrous and seerous root action. Even a warm, sunny window may be employed for this early sowing, and, a she to cut at least twe weeks sooner by starting the seed under glass during March.

Sow the seed in shallow boxes containing carefully prepared soil, which may consist of cut ar parts of rich gardening the sun plants are apt to become too tail and leggy before the weather is fit to allow of planting in the open. The middle of the plants are of to be seed on the same height according to soil and location flowers are precised by the seed may be sown broadcast in the shallow flats and covered not more than a quarter of an inch with fine soil, This should be carefully prepared soil, which may consist of cauri parts of rich gardening the soil that a quarter of an inch with fine soil, This should be carefully prepared soil, which may consist of cauri parts of rich gardening the soil that a quarter of an inch with fine soil, This should be carefully prepared soil, which may consist of ca

Some of the Best Varieties and How to Grow Them

Some of the Best Varieties and Hou to Grow Them

agreed on the results are obtained by any cold, provided, the begroed and reserved from the state of the state o

Safe Home Treatment For Objectionable Hairs

(Boudoir Secrets) The electric needle is not required for the removal of hair or fuzz, for with the use of plain delatone the most subborn growth can be quickly banished. A paste is made with water and a little of the powder then spread over the hairy surface. In about 2 minutes it is rubbed off and the skin washed. This simple treat-ment not only removes the hair, but leaves the skin free from blemish. Be sure you get genuine delatone.

newsdealers and newsbeys every-where. Read what the Cobalt Red Cross Society is doing.

INQUEST ON CHINAMAN.

Coroner Russell opened an inquest last night at the morgue on the body of Wong Song, a Chinaman who died from the effects of inhaling illuminating gas in his room et 422 West Queen street a lew days ago. After the usual identification the inquest was adjourned for a few days.

FALLS FROM STREET CAR.

When he fell while getting off a Queen car at Sydenham street yesterday evening Gerard Lavelle, aged 10, of 110 Sydenham street, was severely injured about the head. He was

THE KEWPIE KORNER By ROSE O'NEILL



This Kewp says many a time and oft-A cushion makes a hard job soft He asks the Editor to print For shrewd Employers this wise hint-That working people, when at ease, Instead of shirking, try to please.

(Copyright, 1918, by Rose O'Neill).

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mail if written in ink and a stamped, self-addressed envelope is, enclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this paper.

How to Grow Thin in the Middle.

With regard to cases of very acute in

How to Grow Thin in the Middle.

Some people just want to grow thin, while others want to grow thin in the middle. It is the easiest thing in the world to grow thin if you want to. It is not so easy to reduce only the abdomen and hips, for instance. But it can be done if you mean business. The more we learn—and we are learning more nearly every day—the more convinced we feel that a determined woman can have anything and do anything she likes in the world.

Why do so many women become flabby and corpulent about the waist and hips:

Lack of proper exercise has a lot to do with it—and corsets something.

Why do so many thing the likes in the world.

Why do so many women become flabby and corpulent about the waist and hips:

Lack of proper exercise has a lot to do with it—and corsets something.

with it-and corsets something. A corset is a splint, isn't it? A splint acid intoxication occurrs. is a support which is employed as a substitute for muscles, in order to give the muscles rest. Put a muscle at rest indefinitely, and it undergoes fatty degeneration and fatty infiltration, and fatty suffocation—fat is deposited in the cells, between the cells, and all over the muscle. So the way to grow thin in the middle is to leave off the corset and exercise.

Anyway, leave off the corset for a little while every day, while you take your reducing exercise.

The Melting Pot.

1. Stand erect, arms extended straight out from shoulders to either side. Squat, and at the same time raise arms straight

The Safest Matches in the World Also the Cheapest

EDDY'S

SAFEST because they are impregnated with a chemical solution which renders the stick "dead" immediately the match is extinguished.

CHEAPEST because there are more perfect matches to the single box than in any other box on the market.

War time economy and your own good sense will urge the necessity of buying none but EDDY'S MATCHES.

E. B. EDDY COMPANY HULL, CANADA

CHARGED WITH THEFT.

Charged with the theft of \$100 from Mike George, 55 Edward street, Kinico TO WESTON HOSPITAL Karsoway, of the same address, was arrested last night by Detective Koster of West Dundas street station. Karsoway will appear in the police court this morning. this morning.

EUCHRE AND DANCE.

then is an old expression than it did yesthe one a better application than it did yesterday at Dewson Street School. Last last night in St. Julien Hall, nearly laking fall the pupils of the school joined in fall the pupils of the school joined in the school joined in the pupils of the school joined in the the great Victory Loan drive and pur- will go towards the association's new



Don't Look Old! t restore your by and faded irs to their tural color LOCKYER'S SULPHUR

This world - famed
Hair Restorer is prepared by the great Hair
Specialists, J. Pepper &
Co., Ltd., Bedford Laboratories, London, S.E.,
and can be obtained of
all stores.
Its quality of despening grayness te
the former color in a few days, thus
securing a preserved appearance, has enabled thousands to retain their position.

SOLD EVERYWHERE

soled thousands to retain their position.

SOLD EVERYWHERE.

Lockyer's gives health to the hair and restores the natural color. It cleanses the scalp and makes the most perfect Hair Dressing.



The First of the Season

"DONLANDS" MAPLE SYRUP

Now on Sale at

Michie & Co., Limited Grocers.

7 King Street West.

Place Your Orders Early as the Supply is Limited