

brother (*or* sister) to be in a state to receive to-day the holy sacrament of the Eucharist. Avail yourself of that opportunity to beg of Jesus-Christ, in this sacrament of his love, all the graces you stand in need of; to strengthen you in virtue; and to render you more and more faithful in the fulfilment of the duties of your state—Speak to Jesus-Christ in your heart. Have confidence in him as in your dearest friend; and you may expect every thing from his affection for you.

Prepare yourself for so great a happiness. I am going to reconcile you to God by granting you absolution. Dispose yourself for it by making a sincere act of contrition.

Go in peace, and pray God for me.

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