FEEBLE NERVES MADE STRONG BY DR. CHASE'S NERVE FOOD

One Pill a Dose

One of Dr. Chase's Kidney-Liver Pills is an average dose. So prompt and direct in action are they that this dose is usually sufficient. Some people being accustomed to take two or three ordinary pills at a dose make the mistake of overdosing when they begin this treatment.

Do not take more than one pill the first time. Should this prove ineffective you can increase the dose. If too strong divide a pill and take half a one at a dose. By so doing you can regulate the dose to suit your constitution.

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How Often?

Most people find that one pill at night two or three times a week is the most satisfactory method of treatment. In severe cases it may be necessary to use the pills daily. The best way is to use your own judgment in your own case both as to size and frequency of dose. Take this medicine just as often as is required in order to keep the bowels and kidneys active and you will get the most satisfactory results.

A Blessing To Old People

The pains and aches which so frequently afflict the aged; the backaches, pains in sides and limbs, the stiffness of joints, the swelling of feet and ankles, the lumbago, rheumatism and in short nine-tenths of the suffering which creep on with the passing years are the result of deranged kidneys. Of all the bodily organs the kidneys seem to be most likely to play out, and even the nost healthy people seem to become victims of kidney disorders in old age. For this reason Dr. Chase's Kidney-Liver Pills are much appreciated by the old people-men and women alike.

Dr. Chase's Kidney-Liver Pills are so wonderfully prompt and direct in action that they seem to be effective when all other means have failed. They regulate the bowels, invigorate the liver and kidneys and bring comfort to old age. Most old people have watched the career of Dr. Chase with pride and admiration and recognize that his greatest blessing to them is the discovery of Dr. Chase's Kidney-Liver Pills.

A Well Man at 80 Years

Mr. R. J. McBain, Niagara Falls, Ont., a man of eighty years, and well-known throughout the Niagara district, writes :--"I believe if it had not been for Dr. Chase's Kidney-Liver Pills I would be in my grave before this. I was very bad with kidney disease, and suffered with dreadful pains in my kidneys. Being disappointed in the use of many medicines, I had almost given up hopes of. ever getting better. "One morning, after a night of especially severe

"One morning, after a night of especially severe suffering, a friend called to see me, and asked why I did not try Dr. Chase's Kidney-Liver Pills. " got a box at once and took two pills, which was a rather heavy dose; one pill is plenty at a dose. I used them regularly for a month, and at the end of that time was a changed man.

of that time was a changed man. "It is now about five years since I began using this pill, and since that time I have felt as good as J did forty years ago. I am almost eighty years old, and am free from all disease except rheumatism, and this is much better than it used to be before I used this medicine. I recommend Dr. Chase's Kidney-Liver Pills with all my heart, to any person, man or woman."

Legs So Swelled He Could Not Walk Kidney and Urinary troubles developed into dropsy-A severe case. Dr. Chase's Kidney Liver Pills are strong favorites among the older people and we quote Mr. Treneman's letter as representative of what scores and hundreds of men 'n advanced life write us. ME. TRENEMAN, of 536 Adelaide St., London, Ont., states :--- "Two years ago I was laid up with kidney disease and urinary troubles. Besides the pain and inconvenience caused by these troubles I became dropsical, and my legs would swell up so that I could scarcely go around at all.

MR. TRENEMAN. And am firmly convinced that if it had not been for this nedicine I would not be working to day." 9