

Health, security and accident avoidance are *your* responsibility and should be considered before, during and after travel abroad.

Protecting the health of Canadian travellers

The Public Health Agency of Canada provides information to help you stay healthy while

abroad. Visit the Agency's website at www.travelhealth.gc.ca for:

- travel health notices;
- information on specific diseases and health conditions; and
- recommendations about preventing illness and reducing risk while abroad.

Sign up for the *Registration of Canadians Abroad* service

Who should register?

All Canadians travelling or living abroad.

Why register?

To allow us to contact and assist you in an emergency abroad, such as a natural disaster or civil unrest, or inform you about a family emergency at home.

How do I register?

To register online, visit the Consular Services website at www.travel.gc.ca. You can

also register in person at a Canadian government office abroad.

Will my information be shared with other parties?

Personal information obtained through registration is confidential and is used in accordance with the provisions of the Privacy Act.

Where can I find out more?

Call **1-800-267-6788** or **613-944-6788** (in Canada), or contact the nearest Canadian government office abroad.