

observers, who have tried different oleaginous substances, have failed to obtain from them results as satisfactory as they have obtained from the employment of cod liver oil. Dr. Cotton in an essay "on the Nature, Symptoms and Treatment of Consumption," states, that "with a view of ascertaining the value of substances bearing more or less analogy to cod liver oil, I have made repeated trials of train oil, the oil of the spermaceti whale, and neats foot oil, as well as of linseed, almond and olive oils." The conclusion he arrived at was, that these oils possess in a very slight degree the remedial properties of the cod liver oil. A third opinion has been announced by Falker of Heidelberg, who believes its virtues depend on the gum-resin it contains.

It is our opinion, that the remarkable therapeutical properties of this oil are not to be attributed to any *one* of the ingredients entering into its composition—to the iodine, bromine, fatty matter, or gum-resin alone; but to the peculiar combination of the whole, which naturally exists in the oil as obtained from the liver of the morrhua vulgaris. And we believe, that the artificial substance which approaches nearest, in composition, to the natural oil, will be the one which approaches nearest to it in its effects in cacoplastic and aplastic diseases.

XX.—*Physician's Visiting List, Diary and Book of Engagements for 1854.*

Philadelphia: Lindsay & Blakiston. Montreal: B. Dawson.

Medical men have complained that from the hurry and complexity of business, they have often forgotten appointments of consequence, and omitted to insert entries in their blotters. As a natural consequence of this, they have suffered both in fame and pocket. This serious misfortune need not again be incurred, for the spirited publishers, Lindsay & Blakiston, have brought out a *libellus* with the above title, in which the practitioner may always have by him his list of patients, his professional engagements and his day-book, as well as a diary or memoranda. Its cost is but a trifle, and as its utility is unquestionable, no one should be without it. It can be had so as to answer for 25 or 50 patients per week. We have been favored with the smaller copy which may do for the coming year, but we hope to need the larger one in 1855, and would have our liberal friends treat us accordingly.
