PRESERVES and cranberries, if stewed together, make delicious filling for pies or for tarts or may even be used as a sauce.

CELERY SALT added to the dressing for Potato and other salads gives an agreeable flavour. It is preferred by many cooks tow celery extract for soups also.

OUR HEALTHY CITY.—Toronto mortality ic considerably lower than in other cities in the Dominion, as seen by the statistics published by the Government every month. Why?
One reason is the people eat the right kind of fond. food. The choice Breakfast cereals and hygenic foods, manufactured in this city by the Ireland National Food Co., undoubtedly contribute much to the health and longevity of the people who use them, and they are d-e-l-i-c-i-o-u-s.

PRESBYTERY MEETING.

PRESBYTERY OF GUELPH.—The ordinary meeting of this Presbytery was held recently, Mr. R. J. Beattie, Moderator, and Dr. Middlemiss, Clerk, pro were occupied with the ordinary business of the Presbytery, and Tuesday evening and the whole of Wednesday were devoted to conference on the moral and religious interests of the Church and its members and adherents. Eighteen ministers and ten elders were present, with a considerable number of California and of the Christian ber of Sabbath school teachers and of the Christian People. The Rev. John Porteous, late of Beverley, was associated. The Finance Committee reported balance of \$157 in the Presbytery Fund, and arrears of congregational rates to the amount of \$171. The Clerk was instructed to write to delinquent congregations. The members and adherents at Preston who have been for some time past keeping up a Calback afternoon service, presented. ing up a Sabbath afternoon service, presented, through Mr. Dickson, a request that the Presbytery would sanction their securing a suitable student for the summer. After prolonged discussions, which after being adjourned, occupied a good part of the afternoon sendernot it was agreed to grant the reafternoon sederunt, it was agreed to grant the re-quist, notwithstanding the difficulty that was felt in connecting the station with Knox College Mission-ary Association. ary Association. After resolving that the commis-sioners to the General Assembly should be appointed by rotation, in accordance with the practice of the last few years, the following were appointed ministers: Dr. James Middlemiss, Mr. William Millican, Mr. John Davidson, Dr. Thos. Wardrope, Mr. James B. Mullen, Mr. Don. Strachan, and Mr. Geo. Haigh and the elders representing the Sec. Geo. Haigh; and the elders representing the Sessions of Acton, Alma, Berlin, Hespeler, Dracon, Eden Mills and Elora (Chalmers Church). It was tesolved that deputations should visit augmented congregations, with a view to such arrangements as may render aid from the Home Mission Commit tee unnecessary. The Presbytery expressed grati-fication that Hawkesville and Linwood had made a marked advance, in seeking for a smaller amount of aid. The annual report of the Women's Foreign Mission Presbyterial Society, whose annual hual meeting was held some time ago, was pre-sented, showing that one auxiliary and one Mission Band had been formed during the year, and that \$1,900—an increase of near \$400—had been raised by the societies within the Presbytery. It was resolved to record the earnest thanks of the Presbytery to the members (1,070) of the different congregational Amelicaica and Mission Rands for the report tional Auxiliaries and Mission Bands for the report of their work now submitted, and their great joy and gratitude to God for the manifest growing zeal of our Christian ladies in the cause of God and humanity. The Presbytery also resolved to take such steps as may be necessary to the formation of at least one branch in every congregation within the bounds. An application from St. Andrew's

Church, Berlin, for leave to borrow for the building of a school room was granted, the Clerk to sign the proper documents. Mr. Mitchell, of Waterloo, reported, to the great satisfaction of the Presbytery, that his congregation was now entirely free from debt. A committee, consisting of Professor Panton and Messrs. J. C. Smith, Winchester and Mitchell, was appointed to prepare resolutions expressive of the mind of the Presbytery, as it may be brought out in the course of the conferences about to be held. At the evening meeting, Professor Panton, Convener of the Presbytery's Sabbath School Committee, presented the report for the year on the Sabbath schools within the bounds. The report was very full, all the congregations having reported except two. It was also very encouraging in respect of the increased amount devoted to missions and benevolent purposes. On the motion of Dr. Smellie, seconded by Dr. Middlemiss, the cordial thanks of the Presbytery were given to Professor Panton for his great care in securing full and accurate returns, and his labour in tabulating them. Discussion followed on the best methods of accomplishing the teacher's work, after which Professor Shaw introduced, in a most practical and helpful address, the subject of secur ing the attendance of the young men at the Bible

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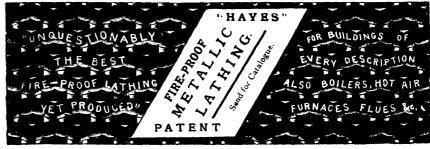
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