

foundation of health and strength, such firmness of muscle, such well-strung nerves, such well-developed brains (for it must not be forgotten that the size and quality of the brain is largely influenced by the muscular development of the body), that they will be able to accomplish without strain a very large amount of intellectual work; able, in fact, to do any kind of intellectual work which they deliberately elect to do. And we shall be no more assailed with pitiful tales of girls crushed under the weight of competitive examinations, of over-active brains in feeble bodies, giving way for years or for life. We shall hear no more, in short, of those disgraceful breakdowns of health on the

threshold of adult life which bring such discredit on the movement for the higher education of women, although they are by no means confined to the female sex. For a girl to break down under pressure of intellectual work is, I contend, a disgrace to those who have been entrusted with her early training, no less than a discredit to herself, and a dishonour to the woman's cause; and it is high time to raise our voices in strong protest against such waste of precious young human life, such violation of physiological laws, and such criminal ignorance of the conditions and requirements of healthy development in women.

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UPPER CANADA COLLEGE.

BY REGIODUNENSIS.

UPPER Canada College stands pre-eminently alone among the High Schools of Ontario. The grounds upon which it becomes entitled to this distinction among its compeers, is the amazing extent to which it receives aid from its Legislative Endowment—some \$23,000 per annum. A questionable spirit of localism has for years past prevented the Toronto press from exposing this scandalous and totally unjustifiable waste of public money. Self-interest strangled their patriotism.

The fact of the matter is that the endowment of Upper Canada College was, at the outset, a grave mistake, and the wisdom of the Legislature in continuing it to the present time may well be disputed. It was bad enough that the injustice should have been at

first perpetrated; it is infinitely worse that it should be longer continued. That previous legislators should have committed a serious wrong is no reason why our present ones should culpably refuse or neglect to right it. The endowment was more than a mistake. It was accomplished only by the spoliation of the outlying Grammar Schools—an act which in itself was sufficient to gain for the whole transaction the unqualified disapproval of every true lover of education. Even the miserable excuse that there were no schools to do the work of secondary education for the Province could not be urged in defence of their action. John S. Cartwright, Robert Baldwin, Christopher Hagerman, Sir J. B. Robinson, Sir Jas. Macaulay, Chancellor Vankoughnet,