

## SUFFERS NO MORE WITH HEADACHES

"Fruit-a-lives" freed her from years of pain

The Fruit Treatment seems to be the only way of completely ridding the system of the cause of Headaches. Miss Annie Ward, of 112 Hazen St., St. John, N.B., says: "I was a great sufferer for many years from Nervous Headaches and Constipation. I tried everything, but nothing seemed to help me until I tried 'Fruit-a-lives'."

After taking several boxes, I was completely relieved and have been well ever since."

Practically all Headaches come from poisoned blood—that is, the blood is laden with impurities which should be carried from the body by the kidneys and bowels.

"Fruit-a-lives"—made from the juices of oranges, apples, figs and prunes—regulate the vital organs of the body—insure a pure blood supply and completely relieve Headaches. 25c. and 50c. a box—at druggists or Fruit-a-lives Limited, Ottawa.

**MURINE**  
Keeps EYES  
Clear, Bright and Beautiful  
Write Murine Co., Chicago, for Eye Care Book

A SAFE AND SURE  
REMEDY FOR  
AILING CHILDREN  
**MILLER'S  
WORM  
POWDERS**

CONTAIN NO NARCOTICS.  
EASILY TAKEN, GENTLY AND  
THOROUGHLY CLEANSE EVEN  
THE MOST DELICATE SYSTEM.  
AS SWEET AS SUGAR

Genuine **BAYER**  
**ASPIRIN**  
Say "Bayer Aspirin"

INSIST! Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 24 years.

Safe Accept only a Bayer package

which contains proven directions Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetene, a division of Salicylic Acid

**WILSON'S  
FLY PADS**

Kill them all, and the germs too. 10c a packet at Druggists, Grocers and General Stores.

Have You Tried Our  
**Malto Cream  
Bread**  
IT'S REAL -  
Not an Imitation

**F. H. Lovell**  
Bakery and Confectionery

## Inwood Opens Community Park

What is to be known in future as the Inwood Community Athletic Park was officially opened to the public on Friday last under auspices which were particularly pleasing to both the committee who were responsible for the affair and the public who were enjoying the entertainment.

The weather was as near perfection as could be obtained. The receipts of the day which amounted to over six hundred and sixty four dollars, exceeded the most sanguine expectations of the association and taking everything into consideration, the day was a real success from every point of view.

To those who do not know the history, a short account of the methods by which the park came into existence might not be out of place. Last year, those in Inwood who were interested in clean sport, banded themselves together in an association known as the Inwood Athletic Association, the object being to obtain and beautify a park for the use of Inwood and its neighboring vicinity and also to promote clean sport for both old and young. Four acres of land immediately west of the Presbyterian church grounds was purchased and then began the struggle to obtain funds to pay for and improve the grounds. Early in the season the Women's Institute of Inwood came forward with a very handsome donation for the purpose of erecting a front fence and suitable gates and this work was at once undertaken and has just been completed. The Association also planted sixty maple trees in the park early this spring and these have had a wonderfully successful season and are nearly all living.

The front enclosure includes two Milton rug brick piers with caps and balls of Indiana limestone supporting the Main entrance gate, and two smaller piers of the same material at the east side between which is placed the turnstile for the entrance of the patrons on foot, the whole being joined up with a five foot picket fence. Several substantial donations were received on Friday from people from both the village and the surrounding country as a token of their appreciation of what was being done to beautify the village and community. The association has only begun its work and it is the intention to erect swings and slides for the kiddies and a grandstand for the public as soon as funds are available.

The sports on Friday opened with a baseball game between Brigden and Inwood teams, the result being eleven runs for Inwood and two runs for Brigden. Then followed a softball game between the girls of Walkers and Inwood, resulting in a win for the latter team by a score of 12-4.

At one o'clock Mr. Johnson Vance the honorary president of the association took the platform and asked

for a few moments of time for to officially open the park. Mrs. R. J. Richardson, the immediate past president of the Women's Institute, was invited to say a few words on behalf of the Institute and in a well-delivered address expressed her personal appreciation and the thanks of the women for the work which has been done. Mr. W. R. Dawson, secretary of the association, was then called upon to speak for the Association and thanked the audience for their attendance, in a short address. Scotty Thomson welded the bat, Willie Wilcox pitched the ball and Albert McCabe was behind the bat, after which the park was declared officially open to the public and the games were continued.

The next game of baseball was between Bothwell and Walkers and resulted in a score of 3-2 in favor of Walkers.

The game between the two winners followed, Inwood vs. Walkers, Inwood winning 10-8.

The two remaining teams, Brigden and Bothwell then played off, Bothwell winning 9-1.

During the afternoon a series of running and jumping contests were enjoyed by the boys and girls and in the evening a dance was held in the Masonic Hall at which Thompson's Orchestra furnished music.

## WHEN FOOD FAILS

Defective Digestion is the Cause and Misery Follows

There are thousands of people who do not get the proper nourishment from the food they eat, because their digestion is defective. Food that lies undigested in the stomach is not merely wasted, but will ferment and poison your system. Flatulence and sour risings in the throat follow and unless you are careful you will become a chronic dyspeptic.

By toning up the stomach to do the work nature intended, you will remove the cause of the trouble. Nothing will more promptly restore the digestive organs than good new blood. Stomach, nerves and glands all depend on the blood, and when it gets thin and watery they are at once weakened. It is because of their action in building up and enriching the blood that Dr. Williams' Pink Pills have proved successful in so many cases of indigestion where ordinary medicines have failed. The new rich blood quickly tones up the digestive organs; the appetite improves and you are able to eat with comfort and get full nourishment from your food.

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Many mothers can testify to the virtue of Mother Graves' Worm Exterminator, because they know from experience how useful it is.

The Guide-Advocate is well equipped to handle ALL printing needed

## INWOOD

Mr. and Mrs. Roy Chapman was in London on Friday last.

Miss Vera Vance of Chatham Hospital spent the weekend at her home.

Mrs. J. Bishop has been visiting her sister in Windsor.

Mr. Percy Barber spent last week with relatives in Detroit.

Frank Myers motored to Detroit on Saturday.

Mr. Herman Atkin of Sarnia spent a few days last week with his brother, Bert Atkin.

Mrs. (Dr.) McLean and son Raymond, were in Alvinston on Thursday.

Mrs. Bailey has returned home after being away with relatives for weeks.

Rev. Hagelstine occupied the pulpit of the Presbyterian church on Sunday.

Mr. and Mrs. W. R. Dawson and Mr. and Mrs. Courtwright returned from their motor trip to Muskoka on Sunday.

Mr. and Mrs. L. D. Brown and daughter was at Corunna on Sunday last.

Mr. Finlayson of London is relieving at the Royal Bank during the absence of Mr. Crawford.

Mr. Smith of the M.C.R. spent Sunday at Rodney.

Mr. Beattie of the Royal Bank, Florence, is the new assistant of the Inwood Branch.

Mr. and Mrs. Eli Carroll and daughter, May, was with Mr. and Mrs. R. J. Richardson on Sunday.

Mr. Finlayson and Mr. Arnold of the Royal Bank, were at their homes in London during the weekend.

Mrs. Silk is in Inwood for a few days, the guest of her sister, Mrs. Bailey.

Mr. Alden Monroe of Detroit is spending his holidays with Mr. and Mrs. Andrew Monroe.

The many friends of Mrs. Wm. Monroe will be pleased to hear that she is doing well after her recent operation at St. Joseph's Hospital, London.

Mr. and Mrs. R. C. Smith and family and Mr. and Mrs. J. Brewer of London were guests of Mr. and Mrs. Bert Atkin on Sunday.

Mrs. Monroe of Alvinston was with Mrs. Wm. Chapman last Sunday.

Mr. and Mrs. Howard Shepherd of Lapeer, Mich., were with Mr. and Mrs. Clarence Atkin over the weekend.

Mr. and Mrs. John Secord and Jessie of Detroit, were visiting Mr. and Mrs. Roy Chapman over Sunday.

Mr. and Mrs. McEachern of Alvinston was calling on Mrs. Geo. White and other friends Sunday.

Mr. Albert Atkin is holidaying this week in London.

## ALVINSTON

A very enjoyable evening was spent on Friday last when the choir of Guthrie Presbyterian church held a corn roast. At the conclusion of the evening Miss Effadore Campbell, the organist, was called forward and presented with a handsome leather club bag as a slight token of the esteem in which she is held. She will be engaged in Hamilton as teacher in a public school.

Mrs. D. M. Leitch and Miss Audrey Bissett returned home on Friday after spending the past two weeks as the guest of the former's sister, Mrs. S. J. Pavay.

Mr. Clarence Reid has returned home after visiting for the past week as the guest of relatives in Toronto.

Mr. and Mrs. Boyington of Brigden spent Sunday as the guests of the latter's sister, Mrs. Fred Bennett.

Rev. W. A. Montiech preached at the anniversary of the Oil Springs church on Sunday.

Archie McEachern of Thorndale, spent the weekend at his home here.

Newton Jones of Sarnia visited at his home here.

## Celebrated 85th Birthday

A very happy family reunion took place on Sept. 1st, at the home of Dan Maddock, Walnut, the event being the eighty-fifth birthday of Mr. B. A. Zavitz, who was one of the oldest settlers of Brooke township. A very jolly afternoon and evening was spent. Tables were spread on the spacious lawn laden with all the good things of the season. An interesting event was the three-story birthday cake with eighty-five pink and white candles, lighted by the three granddaughters, Miss Barbara Zavitz, Dawn, and Gladys and Mae Edwards of Chilliwick B.C. Among those present were Mr. Zavitz' surviving family, one sister, Mrs. John Lambert and brother George of Watford, Jonas and wife of Walnut and two sisters-in-law Mrs. Alfred and Mrs. Joram Zavitz of Poplar Hill. Also all of his own children. Alvin of Inwood Elton of Dawn, Morley of Brooke, was held and Mrs. J. T. Edwards of was held, and Mrs. J. T. Edwards of B. C., who is at present visiting her parents and friends in the vicinity.

## PETROLIA

Petrolia will hold an "Old Home Week" next year. At a public meeting held on Friday evening, a nominating committee was named to appoint officers and committees and enthusiasm runs high for a reunion. Petrolia has citizens scattered to the four corners of the earth as drillers and a big home-coming is being planned.

F. T. Zimmer who has conducted a shoe business in the Kelly block for the past two years, has closed his store and will open a new shoe store on Bloor St. Toronto.

Petrolia Rugby Club reorganized last week and will enter both intermediate and junior teams in the O.R.F.U. this fall.



TEACHERS FEDERATION VISITS WINDERMERE BUNGALOW CAMP

Here are seen a group of Ontario teachers members of the Canadian Teachers Federation, who, with colleagues from every other province in the Dominion attended the annual convention of the Federation at Victoria, B.C. The Canadian Pacific provided special trains for their accommodation in both directions. Many of them returned via the Kettle Valley and the British Columbia Lake district, but this party preferred to pass through the Rockies again. They are seen at Windermere Bungalow Camp to which they made excursion. At Banff and Lake Louise they were entertained and to afford the delegates to the convention whatever entertainment time allowed. The next annual meeting of the Canadian Teachers Federation will be held in Toronto.