

Ah-Ah-Tee-Choo!

Menthohatum
Is a wonderful Relief for Colds, Catarrh, Chapped Skin, Etc.

The Mysteries Of Yucatan.

AN AMERICAN DOCTOR'S EXPERIENCE.

An interview with Dr. Richard B. Wetherill recently appeared in the "Lafayette Journal and Courier" of Lafayette, Ind., U.S.A., in which that well known archaeologist tells of his research work in Yucatan, which brought to light many hitherto unknown facts. Dr. Wetherill, it will be remembered, was in Newfoundland during July and August of the present year, in company with Col. Lathrop of Alabama, and when leaving he expressed himself as delighted with our country and our hospitality and hoped to visit us again. Whilst in St. John's he was a frequent visitor to the Camp of the C.L.B. Cadets at Topsail, in which he manifested great interest. The interview which follows is by Helen O. Mahlin. Does a globe-trotter never exhaust the possibilities of interest on the face of the earth? If he ever does, he can go beneath it, as long as the life of past ages lies in buried cities ready to be uncovered and revealed there will be thrill and fascination for the most seasoned traveller and profit to the world from his travels.

Dr. Richard B. Wetherill, "The Mysteries Of Yucatan."

at every corner of the world that a civilized man can visit, and some that he cannot so very easily, with the one exception of equatorial Africa; and there he contemplates going next winter, to study the black races. He has traveled by ox-cart and camel, crude boat and raft, into the strongholds of ancient civilization and the backwash of human life, studying languages and history and tribal life, piecing together traces of the stories of living and dead races.

He carried on these researches through the years of a very busy practice; and since he retired from practice in 1919 to devote practically all of his time to travel, he has been particularly interested—among other particular interests—in the early civilizations of Mexico and Central and South America.

Experience in Yucatan.

In January of 1920 Dr. Wetherill went to Yucatan.

Yucatan is that large knob of land east of Mexico and west of the Isthmus of Panama that reaches up toward Florida, partly shutting in the Gulf of Mexico. Shut your eyes and you will see it, just as it used to stand out on the map in the geography. If you don't shut your eyes the name will probably mean to you no more than some little country down toward South America—or in South America, you're not quite sure which. You have a very clear idea of South America, you feel; it is a big triangle, with the Amazon river in the north, the Andes mountains in the west, and cattle grazing among pampas grasses over the rest of it. It is a new country, we are sure; far, far behind us in all matters of development and civilization in general. That about represents the geographical and historical knowledge of the most of us, doesn't it?

Our picture of Central America is even more sketchy, but that knob of land reaching up toward Florida stands out quite distinctly. And that is one of the countries the excavations whose ancient cities Dr. Wetherill has recently, and for years past as well, been visiting and studying.

For, as to those slow young back-ward countries, there are civilizations in Mexico and in Central and

Simonds Saws

are guaranteed to cut easier, saw faster and stay sharp longer than any other brand of saw at any price.

556-1

SIMONDS CANADA SAW CO., LIMITED,
St. John Street and Avery Street,
ST. JOHN'S, N.F.D.

South America that were beginning to be old when the Christian era was new. Those cities are long since buried under the silt and soil of ages; in their day they were cut off from all the world as we know it in history; but they carried on life as varied, as bright, as full of thrilling interest as any of the eastern hemisphere.

Archaeological Study.

Their cities were built in imperishable stone and archaeologists, those men who unveil for us the storied mysteries of the past, have been uncovering them for years—long years to us, but a bare moment in the light of the ages that went into the making of those cities. One of the most distinguished of these in Prof. Edward H. Thompson, who was sent thirty years ago by the Peabody Museum to excavate the ruins of Yucatan and has ever since been uncovering tales of those far days. Dr. Wetherill has frequently visited him personally, exchanged for the information gathered here the result of his own researches among the Aztecs on the other side of the world, and given financial support

to any special work that could be done. Last year they went together to the ruins of Chichan-Itza, one of the ancient cities of Northern Yucatan that Professor Thompson has excavated. There are three ruins of this kind in Yucatan—Chichan-Itza, Uxmal, and Mayapan. Of these most is known of Uxmal, but Chichan-Itza, by all accounts, is much older. They are all cities of the Mayas, probably the most ancient of the Central and South American Indians.

Far back in the mists of past ages, scientists tell us, the floor of the Pacific was much higher than to-day in a long line reaching west of South America some 9,000 miles, a line marked now by the archipelagoes of the Polynesian Islands; and then the Polynesian, a beautiful brown race, made their way in boats across the much shorter stretches of water and finally reached the west coast of South America. From there they turned north and south; those who turned to the north went into Yucatan, and became the ancestors of the Maya Indians, some of whom, traveling around into what is now Mexico, long after founded the Toltec race and cities, which in turn, in the course of cycles, founded the Aztecs.

In the Maya and Aztec Indians of to-day are to be found many of the characteristics of the Polynesian—the same rather handsome brown faces, refined into great beauty in some of the women, and traces of the same religious customs that are kept by their neighbors across so many miles of Pacific breakers. Whatever their ancestry, they all worshipped the sun and the serpent—the same serpent god of the Hawaiians and the Chinese, Quetzalcoatl, the feathered serpent of the Aztecs, Cuicuilcan of the Mayas, the deity that is still found in the old religions of Hawaii and China. It was his figure that lay the height of the great pyramid in Chichan-Itza, at the top of which stood the temple of the serpent where lovely little Noh Ek dwelt among the vestals.

With the Aztecs and Mayas, too, feathers were held to be a mark of nobility. The feathered mantle was the supreme garb of royalty, and all deified figures were endowed with feathers.

Cough and Cold CURE

"A Pleasure To Take"

our Cough and Cold Cure, because it is composed of pure and harmless drugs.

No cough remedy has ever been discovered that will cure every cough, but we think we have one that comes a little nearer to doing it than most of them. We have prepared it for years, it has been tried in all manner of cases and given satisfaction. We ask you to remember and try this:

Because it is safe.
Because it is most certain to cure.
Because it is pleasant to take.
Because it is equally good for children or adults.

Ask for Stafford's Phorstone. Price 35c.; Postage 10c. extra.

DR. F. STAFFORD & SON,
Wholesale and Retail Chemists and Druggists,
St. John's, Newfoundland.
Write us for Wholesale Prices.
Phone 640.

thers. The same custom is found in many of the South Sea Islands to-day; in the government museum in Honolulu there is still preserved the feathered cloak which was worn by Hawaiian royalty down to the last of the monarchs, Queen Liliuokalani. And in Central America, just as in the Polynesian and in China, jade was the most precious stone.

History in Stone.

The story of the Maya cities has to be read in the cities, the architecture, and the implements that are found, and in the stories still told by the Maya Indians, the descendants of that far race—stories that have been handed by word of mouth from parent to child through long generations. There are hieroglyphic records in plenty, but no key has yet been found to decipher them, beyond the identification of places named. For when the Spanish missionaries made Christian of the Indians they taught them that everything having to do with the past life of their race was of the devil; consequently those who could read the hieroglyphics, either afraid or ashamed of their knowledge, made haste to conceal and forget it.

But the city of Chichan-Itza itself, the City of the Sacred Well, tells its own story. There is the palace with its courts, and the nunnery, and the tennis court. Strange tennis they played, a game that called for all of the skill and self-control of our tennis and basketball and football together. We know something of its rules from a similar game that is played in Central America to-day. On the inner sides of two parallel stone walls, 20 feet from the ground, were fixed two stone rings some 3 feet in diameter, forming diagonally posed goals. The ball, which had to be thrown through the ring of the opposing side, could not be touched with the hand, but must be struck with arm, shoulder, knee, or even head. And the contest did not end with the winning of the game, for the winning side were entitled to everything that their opponents wore, raiment and jewels—if they could get it. But, as the losing team took to their heels the instant the ball flew through their ring, it is doubtful whether the victors always obtained the spoils.

Pyramids not Tombs.

And there are the sacred well with its storied sacrifice and the pyramids, which are nearly always crowned with temples and are never, like those of Egypt, sepulchres. The temple of the serpent stands upon the great pyramid, 200 feet high and built of rubble faced with stone. Up the wide stairway extended the body of Cuicuilcan, his head—5 feet high—at the foot, where it still lies; his body, long since broken and fallen, undulating with the steps; his tail guarding the temple.

"In the city of the Sacred Well, stands a lofty pyramid crowned by a massive stone-built temple.

"Within the temple chamber, on the panelled surface of a square stone pillar, and clad in the rich regalia of a warrior-noble, is carved the majestic figure of a man."

So runs the description of Professor Thompson, who gave Dr. Wetherill the legend to explain the presence of a warrior's statue in a place so strange for the commemoration of a warrior. The legend he heard from the lips of a Maya Indian, perhaps a descendant of one of those who stood at the foot of the pyramid when the dead young Ah May was carried up to the Morning Star, the story that had come across the thousands of years since that far day.

(This beautiful little legend will be published Monday.)

You need have no cough if you keep Stafford's Phorstone Cough and Cold Cure on hand. Price 35c. Postage 10c. extra.—oct27

Telephone Your Order for Groceries.



The prices quoted below, and the assured High Standard of Quality, will convince you that the Royal Stores is the place to get your Groceries.

You will find hundreds of needed lines distinguished by the same low price and the same splendid quality.

EGG YOLK, Special, 75c. per lb.

One quarter of a pound equals a dozen fresh eggs.

Morris' Pork & Beans, per tin, 10c.

Choice Orange Pekoe Tea, per lb.35c.
Fine Orange Pekoe Tea, per lb.50c.
Ex. Fine Orange Pekoe Tea, per lb.60c.
Endwar Orange Pekoe Tea, per lb.65c.
Golden Pheasant Tea, per lb.90c.

Brown & Polson's Corn Flour, per pkt., 20c.

Dr. Tibble's Vi-Cocoa, 1/2's, per tin . . .45c.
Fry's Breakfast Cocoa, 1/2's, per tin . .45c.
Rowntree's Elect Cocoa, 1/2's, per tin . .45c.
Caley's Norwich Cocoa, 1/2's, per tin . .25c.
Taylor's Pearl Cocoa, per pkt.10c.

Powdered Milk, per lb., 28c.

Savory, per tin15c.
Sage, per tin15c.
Thyme, per tin15c.
Mint, per tin15c.
Parsley, per tin15c.

Nestle's Pure Thick Cream, per tin, 45c.

Boneless Codfish, per pkt.25c.
Flaked Codfish, per pkt.15c.
Smoked Caplin, per box15c.
Kippers, per doz.50c.
Smoked Salmon, per lb.28c.

Freeman's Jelly Crystals, per pkt., 15c.

Sunmaid Seeded Raisins, per pkt.32c.
Sunmaid Seedless Raisins, per pkt. . . .32c.
Dromedary Dates, per pkt.25c.
Dates, loose, per lb.15c.
Cleaned Currants, per pkt.20c.

McCormick's Jersey Cream Sodas, per tin, 70c.

Sunshine Butter, per lb.32c.
Creamery Butter, per lb.35c.
Table Butter, per lb.60c.
Lard, per lb.25c.
Cheese, per lb.32c.

The ROYAL STORES, Ltd.,

Grocery Department.

Men's Heavy Working Boots

—only—

FIVE DOLLARS A PAIR

MEN'S BLACK BELLOWS TONGUE BOOTS

WORK SHOES with Solid Leather Insoles, two full Outsoles to skank, Guaranteed Sole Leather Heel Stiffener, only

\$5.00 the pair

—Also—

Men's Dark Brown Norwegian Calf Bluchers

Half Bellows Tongue, Solid Leather Insoles and Outsoles

Only \$5.50 the pair.

Also Men's Heavy Grain Bellows Tongue Boots

Solid Leather Insoles and Outsoles

Only \$5.50 the pair

Parker & Monroe, Ltd.



DR. CHASE Has Taught the People How to Keep Well

The Dr. Chase Plan of Health

TIME was when the family physician was the most prominent character in the community.

A man of intelligence and ability, he commanded confidence and respect, and sacrificed his time, strength and pleasure for those who needed his care and skill.

These were the conditions when, after graduating from the University of Michigan, at Ann Arbor, Dr. A. W. Chase settled down to practise his profession in that well-known college town.

Every Man His Own Physician

But the doctor soon got the idea that people should know how to look after their own common ills, and set about in a large way to supply them with the necessary information.

By means of his Receipt Book, the circulation of which has since run into millions, and his well-known Almanac and Guide of many kinds, Dr. Chase has spread throughout the civilized world the gospel of "Every Man His Own Physician."

This plan enabled the doctor to devote his attention to more serious cases, and he soon became known far and wide as a specialist in the treatment of diseases of the kidneys, the liver, the heart and other vital organs of the human system.

To reach patients at a distance, the doctor had his most successful prescriptions put up in handy form for mailing. In time the demand became so great that the doctor decided to give these great medicines to the public, and arranged for their sale through the drug trade throughout Canada and the United States.

In this way Dr. Chase's Kidney-Liver Pills, Nerve Food, Ointment, Linseed and Turpentine, Catarrh Powder, and other medicines found their way into general use, until now one or more of them is found in almost every home in the land.



Home Medicines

With these time-tried medicines at hand, you can feel that you are protected against the common ills of life by the most effective treatment which Dr. Chase was able to discover during a long life of diligent study and research.

Confidence in Dr. Chase

Founded on His Integrity of Character and the Unusual Merits of His Medicines.

If there was ever a physician who commanded the confidence of his patients that physician was DR. CHASE.

No one could meet him and converse with him without realizing that he was a man of skill who was in love with his profession and only anxious to relieve the suffering and disease of his fellowmen.

You cannot read the famous Dr. Chase's Receipt Book without appreciating the untiring zeal of its author in searching out the best receipts and prescriptions which were known to the medical profession.

When his attention was turned to selecting medicines to be placed on the market for public sale it was with whole-souled effort that he tested out the prescriptions which he considered most suitable for this purpose.

And so it is that the integrity of character which marked the efforts of DR. CHASE are indelibly stamped on every medicine which bears his portrait and signature, and people have learned to have the utmost confidence in them because of the splendid results which they have accomplished.

Free Samples

After long experience with Dr. Chase's Medicines, we have found that people who try them are soon convinced of their exceptional merits.

We have published thousands of letters to give you an idea of the benefits others have obtained by their use; but if you are still skeptical we shall be glad to send you our Free Combination Package.



FREE COMBINATION PACKAGE

KEMMANSON, RATES & CO., LTD.,
Dr. Chase Bldg., Toronto.
You will please send me free:
One sample box Dr. Chase's Kidney-Liver Pills.
One sample box Dr. Chase's Ointment.
One copy Dr. Chase's Recipes.

Name, Address,
Name of this Paper,

GERALD S. DOYLE, Distributor.