

answer to that question?

ACK

What Docs Health

Or are you like the great majority, To mos who only appreciate good health after it is ing capital. lost?

to avoid serious disease.

The old way of waiting until you are seriously ill before sending for the doctor is all wrong.

We all know the old saying, "an ounce of prevention is worth a pound of cure," but we neglect to carry it out in actual practice.

If you are familiar with Dr. Chase's Re-ceipt Book you know that "Dr. Chase's Plan of Health" is built up on this idea of pre-venting disease, and the same applies to his well-known medicines.

Take Dr. Chase's Nerve Food for example. This food cure has established a wonderful record as a cure for nervous prostration, nervous exhaustion, nervous for \$2.75, all dealers, or Edmanson, Bates & Co., Limited, Toronto. Every box of the genuine bears the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author.

Mean to You? H AVE you ever waited to think out the dition and thereby preventing serious nervous disorders.

To most of us our health is our work-

We cannot afford time or money for Slowly, but certainly, we are getting rest cure in a sanitarium or expensive trips round to the idea of preserving health so as down South. For this reason we must seek other means of keeping the health up to high water mark.

So long as the blood is kept rich and pure the nervous system is well nourished, and it is by this means that Dr. Chase's Nerve Food effects such splendid results in 'the building up of the system when there are signs of exhaustion.

When you cannot sleep and begin to feel tired and irritable it is time to call in the aid of Dr. Chase's Nerve Food. You may also find your appetite falling and your di-gestion slow, for as the nerves become ex-hausted every organ of the human body is bound to lag in its work.

all Druggists and Dealers, GERALD S. DOYLE, St. John's, Sole Agent.

water waggon's at the door." Thus men would

vow, in olden times, when they their course could pick and MAT MACCH choose. 'They would abandon sins and crimes, the

chief of which were based on booze. The water waggon goes its way, and there is room for every toff, for every rube and hick and jay, and when they're on they can't fall off. In olden days the men of vows would boast that they had cut out gin, and they had haloes o'er their brows, and were all pure and white within. A

retired farmer, in Valparaiso, whenwhile they kept their vows on ever the subject of groceries and destraight, their high endeavors moved livery boys is mentioned in the hearthe heart, but in six weeks, or maybe ing of the master of the household. eight, they lost their places on the There's a reason: Mrs. Wilt telephon cart. But now the cart is barred about with hogtight fencing none can

atmosphere in the home of Isaac Wilt,

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210]

bend, and it's a cinch that every scout will go the journey to the end. There is no soothing morning horn, the winecup's broken at the stem; men used to cut out Barleycorn, now Barleycorn has cut out them.

Warts are Contagious.

Warts are contagious, as is proved experiments on their own finger ade by Drs. Udo J. Wile and Lyle B. Kingery, of the University of Michigan Medical School. These physicians seen to have proved that the warts are used by some sort of a virus that passes easily through a filter and through the sound human

Flashlights & Batteries ALL SIZES. SPECIAL PRICES TO THE TRADE. 0 **JOBS STORES, Limited** ed a C. O. D. order. There was the so precisely has the selection of suit-When He Wilted

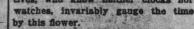
There is a distinct frigidity to the

Flowers That

customary delay in delivery and Mrs. able plants been made that it is pos-Wilt stepped across the street to a sible to tell the time of day by the neighbor's, leaving Mr. Wilt to receive opening of any one flower. The plants are arranged in the following and pay for the groceries.

The boy with an armful arrived and order: 1, rose; 2, helitotrope; 3, watlaid his load on the table. Mr. Wilt er lily; 4, hyacinth; 5, convolvulus; scanned the bill and paid it from a, 6, genanium; 7, migonette; 8, caruapocketbook in which reposed five \$20 tion; 9, cactus; 10, lilac; 11, pansy; alls. He, laid the purse on the table 12, violet. The originator claims that

and proceeded to confirm the bill by a botanist can tell the time by this an inspection of the goods, depositing means or within a few minutes. In the wrappings on that part of the Brazil there is a variety of magnolia table where the pocketbook lay. Every-thing being found satisfactory, he opens and closes at the same which, for a few weeks in the year, swept the wrappings and purse into every day, regardless of both light a bundle and threw it into the stove. and temperature. Certain of the naevery day, regardless of both light tives, who know neither clocks nor -Indianapolis News.



CARBONA Cleaning Fluid removes grease spots without injury to fabric or color. Cleans silk, satin, velvet,

velour, flannel, serge, lace, wool, chifclock composed entirely of grow ing plants and flowers has been made by a botanist. The dial of this clock which is to be seen in a glasshouse at the Botanical Gardens just outside fon, cashmere, cottons, white kid shoes and gloves, feathers, upholstery, etc., with entire satisfaction. Selling S5c. per bottle at BISHOP, SONS & Paris, is simply a large circular flow-er-bed with twelve divisions, one for CO., LTD., Dry Goods Departs

Tell the Time.

sion a certain plant is growing, and Ehand's Liniment Cures Dandruff.