The palate, the nostrils, the windpipe, as Are all of them lined with this inner coat,

Which through every partie made to extend Lungs, liver, and bowels from end to end. The outside skin is a marvellous plan While the inner extracts from the food an

While it goes well with the outer skin, You may feel pretty sure all's right within; For if anything puts the inner skin out The doctor you know, examines the tongue

To see if your stomach or bowels are wron If he feels that your hand is hot and dry Too much brandy, whiskey or gin

Is apt to disorder the skin within; While, if dirty or dry, the skin without Good people all! have a care of your skin, Both that without and that within; To the first you'll give plenty water and so

But always be very particular where For if these be tainted, or rendered impure, It will have its effect on your blood—be sure The food which will ever for you be the bes Is that you like most and can soonest digest All unripe fruit and decaying flesh Beware of, and fish that is not very fresh.

Your water, transparent and pure as you think it,
Had better better be filtered and beiled ere

you drink it; Unless you know surely that nothing unsou Can have got to it over or under the ground. But of all things the most I would have you

Of breathing the poison of once breathed air When in bed whether out or at home you may With clothing and exercise keep yourself

And change your clothes quickly if drenched in storm;
For a cold caught by chilling the outside Skin All you who thus kindly take care of you

skin,
And attend to its wants without and within, Need never of chelera feel any fears,
And your skin may last you a hundred year

Fashion's Fancies.

Lapis lazuli is the newest shade of blue Parasols have canopy, round and Jersey corset covers bid fair to super

Hats have mostly sugarloaf crowns and

More and more popular grows the jer sey jacket, waist and webbing. The eleft brim bonnet grows slowly in

favor with American women. Parasois match the costumes of those nord everything they They are often made to order of th

same material as the dress. Colored and bordered handkerchiefs of every conceivable color and fantastic pat-tern are in the height of their glory. But the fashion will collapse suddenly before long.

Collars and cuffs of red and blue per cale, combined, are a novelty. A pretty

as a bird, butterfly or serpent, at the back. The design is ornamented with jewels, either diamond, ruby, sapphire or emerald. Diamonds are frequently mixed with the beautiful colored stones.

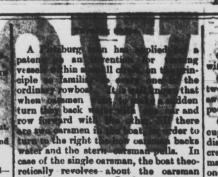
Polonaises with bodices fastening from left to right across the chest are seen upon some of the latest models in overdresses. They accompany admirably the fashion of raising the skirt of the polonaise high on one side. These bodices necessitate a seam down the centre of the front to secure a perfect fit.

Some crank in a New York newspaper started the story that bracelets and large diamonds were vulgar and no longer worn by ladies of refinement. To this the fashion writer of The Jewelers' Ciring more bracelets than at present, and when a lady has a large and beautiful gem you don't catch her hiding its light under a bushel.

Gospel is not Free.

The strange custom of selling the re version of church livings in England still These livings number about twelve thousand in all, about one half of them belonging to the crown or to the church and the other half to private persons. The person owning a church living has a right to appoint a successor on the death or removal of an incumbent, and this power of appointment called an advowson, is still a remarkable commodity, to be bought and in the auc-English papers give accounts tion-room. of these sales under such a heading as this, which appears in a late number of the London Telegraph: "Advowsons going cheap." At the sale the age of the incumbent is mentioned and considered,

The best fire escape is when your wife gets up in the morning and makes it. After an absence of two years the Canadian steamer Campana has returned to her old route between Collingwood and Duluth. The wrecked steamer City of Owen Sound of the same line will also run on the same route in connection with the Campana after her repairs are com-



himself as a centre. In the second case the two oars are paralled, and the boat revolves about the intersection of the diagons's of the parallelogram formed. More leverage is gained in case of the two oarsmen, and the boat revolves more nearly about the point which theory points cut. This, then, is the case on which the inventor bases his apparatus. Taking an iron cigar-shaped gunboat as an example, a large open cylinder is run through the boat at each end, perpendicularly to its longitudinal axis, and below the water-line. In each cylinder is mounted a screw propeller, connected by himself as a centre. In the second case mounted a screw propeller, connected by rectangular gearing and a shaft, with an motion of each screw is entirely inde-pendent of that of the other, and is managed by the pilet through the enmanaged by the pilet through the engiueer. Nor has either of the screws
any connection with the stern propeller.

The working of the apparatus now is
easily explained. If the water is still
and the boat has no inertia of motion, by
and the boat has no inertia of motion, by
more water, the juice of three lemons, revolving the turning propellers in op-posite directions the boat can be resolved within its own length. The motion of the screws will send currents of water through the cylinders in opposite directions, and the boat moves like a waterturret. If the boat is in motion the

A Newspaper Man's Requisites.

Curtis Guild, in a lecture before the Boston newspaper men, said: "What, then, some men may inquire, are the requites for the newspaper business? An answer to this suggests itself in a reply, in somewhat powerful terms, I will admit, that I made to a pale, hollow chested young man of twenty-two or three, who once watted upon me with an inquiry of a similar nature. He had a few thousand dellars and had just graduated from college, and wanted to join with somebody to start a paper. Start a paper! This is thought by almost every one outside the business one of the easiest and pleasantest things in the world to do—and so it is, if you have plenty of money to start with; but it is not the starting, but the keeping of it going at a profit, that calls for brains. recall now the reply, probably prompted by a day's severe and exhausting work, when, after listening as patiently as possible to the young man's crude notions respecting a business in which he had no experience, he begged I would tell him, tions necessary to prosecute the business successfully. He was somewhat startled by the assertion that they were as fol-

A brain as flexible and elastic as steel. A memory as tenacious as iron. A temper even as that of a saint. A digestion equal to that of an ostrich And the endurance of adamant."

The Little Things of Life.

It is often easier to make great sacrifices than little ones, to right some great wrong than to prevent a multitude of est shade of old gold, or cream color. ces than little ones, to right some great wrong than to prevent a multitude of small ones. It is easier to do battle for a grand idea than to give up a prejudice, to establish a man's right to citizenship than to respect in silence his right to dress as he pleases. Yet it is the little things of life that contribute most larger ly to fact and worry, or to peace and gladness; and he who possesses the true spirit of conciliation knows that no sight set are of blue checked percale, lined with red. The corners are turned back, showing the red lining. Either side can be worn outward.

Bracelets are fashionable in small gold hoops, with an elegant tiny design, such houterfly or sarpant, at the life is too insignificant to command con sideration.

Fermented Cow Feed.

"Brewers' grains and other equally unhealthy products" are disfavored as dairy feed by The National Stockman.

"We do not believe, despite all the analyses and kindred tests, that a sour, fermented or putrefactive food can proraisers will stick to sweet feed.

Beer and Wine Question.

whiskey or brandy, will guzzle on beer a lilac bush leaf, and buttonhole each or wines, and it is only a question of a one all around, excepting across the few more drinks to reach the "paralyzed" square end using any kind of gay color-

Wheelers Tissue Phospates TT MUST BE EVIDENT TO MANY

Cottage Pudding : One cup sugar, one ream tartar in the flour. make stiff as pound cake, about one and one-half cups. Bake forty-five minutes. The same can be made with two gunces of butter and two ergs.

The pastures are greatly damaged in the spring, and their whole aummer's growth retarded, by having the stock turned on them too early. The pastures should be allowed a good start, to get well noted and the ground be thoroughly settled before any stock is allowed to mange on them.

Hair Tonic: To prevent the hair from falling out after sickness, bathe the scalp each day with a tonic prepared as follows: Pour over three ourses of sulphur one pint of alcohol. Shake well and add one-half pint of castor oil. If, after setting some time, it should become too thick for use, add alcohol and oil in the same proportions; if too thin, add

same proportions; if too thin, add sulphur.

more water, the juice of three lemons, the rind of two (cut very thin), and rather more than one quarter pound of loaf sugar. Let it boil five minutes, strain through a sieve, and place in a Chinese Charm Cake: Three eggs

revolution is as quick, but the radius is one cupful sugar, one and one half cup-increased by the distance the boat moves talk flour, one-fourth cupful batter, scalt while it is revolving. poonfuls baking powder. Beat the susar and butter together, then add the milk, best well, then break in one egg; toat all together, then add another egg; beat well, then add the other egg; beat well, then add the other egg; beat well, then at it in the flour and bake. This is then stir in the flour and bake. This is good cake and easily made.

A useful article to hang on a bedroom or closet is a case made of linen, in which umbrellas and canes can be kept. The umbrella—that is, it should slope from the top to the bottom gradually. There should be a division, so that the cane will not be in the same pocket with the unbeells; bind this all around with brown ribbon or a heavy braid, and with brown crewel embroider on the frent the

outlines of an umbrella and a cane.

Dr. J. R. Irwin says that one of the best and most pleasant things that are be used to cure toothache is chewing canamon bark. If destroys the sensibility the nerves, and suspends the pain mediately, if the bark is of good quality. After repeated trials, and in different cases, he is convinced that it is generally as efficacious as any of the other remedies suggested for odontalgis, and and return the second.

Best and lengthy description. There was some tresome scoring, but when the horses did get away Elsie Groff settled into first place each time, and though once or twice George B, looked and a little left and went away again. Red, and victor were not acting very, well, and neither of them had enough the second of the place of the plac remedies suggested for odontagia, and not attended with the unpleasant conse-vences of creosote, carbolic acid, etc., which relieve the pain, but leave the mouth as sore and painful as the tooth was previously; though these results are usually due to carelesaness in using. HOW TO MAKE A QUILT.

A fan quilt is a decided improvemen

HOW TO KNIT A CHILD'S SKIRT. Set up one stitch, and knit on to the needle one hundred and twenty stitches. The needles should be long and made of bone or wood, 1st row. Knit across plain, 2nd row. Purl etitch all across. 3rd row. Knit one, thread over, knit three, slip one, narrow and bind slipped unhealthy products" are disfavored as dairy feed by The National Stockman, The same matter is made the subject of a leading article in The Germantown Telegraph. The editor of The Farmer of Orange County—a region where brewery glucose and starch refuse has been tested in practice—has reached this conclusion:

"We do not believe, despite all the "Tow". Purl. 10th row. Knit plain. The content of the products" as the turned to his own content and the switch affection as well as pride, gave the necessary orders for their disposal. Mr. Mackenzie says that the majority of the police were eager to go out and the product of the product of the product of the price were eager to go out and the prod This will give three rows of purling the right side. Repeat the pattern from duce healthful milk, or be otherwise than third row as high up the skirt as you injurious to the cow in the long run, like, and finish it off by knitting ribbed We should attach much more value to stitch for a finger or two in depth, i.e., give us one prolonged through an entire season. Two months is too shorts a time in which to judge of the effects of a food upon cattle. We know farmers whose experience in brewers' grains feeding has taught them that while they were apparently profitable at first, they soon wore out the cows and compelled frequent changes in the herd. We hope our milk raisers will stick to sweet feed."

purl two and knit two plair. Saxony yarn and fine bone needles will make a very pretty skirt for a little child. It can be knitted in light blue, pink, crimison or cream colored wool, a pretty edge ing can be knitted and sewed upon the edge. This pattern is also very handsome in Germantown or "Midnight wool," knitted with needles as large as a small slate pencil. the Doctor's experiments if he would purl two and knit two plair. Saxony HOW TO MAKE A RUG.

Cut leaves of any kind of woolien cloth and of all sorts of colors, two and one half inches in length and two inches in A drinking man, if he can't obtain width. Round one end of the leaf like state of intoxication. If it is baneful to become intoxicated on two or three whiskies or brandies we cannot see that it is commendable to attain the same end by double that number of glasses of a milder intoxicant.—[Ayr Recorder.] leaves upon it making a side pleat in the centre of each leaf so it will stand up gentlemen in the navy keep lists of superior officers which they frequently consult to note their changes of promotion.

A whisker dye must be convenient to slightly. Let the leaves lap over each row, nearly half their length. In the control of control of the leaves of cloth with two layers to place over fit, and button the leaves lap over each row, nearly half their length. In the convenient to slightly. Let the leaves lap over each row, nearly half their length. In the convenient to slightly. Let the leaves lap over each row, nearly half their length. In the convenient to slightly. Let the leaves lap over each row, nearly half their length. In the convenient to slightly. Let the leaves lap over each row, nearly half their length. In the convenient to slightly. Let the leaves lap over each row, nearly half their length. In the convenient to slightly. kers unites in itself all these metits, the centre, put a piece the size of a silver dollar, worked around the edges. This system. Phosphatine is not a Medecine, will make a very durable rug and it will but a Nutriment, because it contains no use up the smallest pieces of the rag bag vegetable or Mineral Poisons, Opiates

posit a forfair that the horse had so record better than 1611. At first Sallivas at and Lambert were the choices in the betting. It was Boy, former wandly, Mr. Frank Post of this city, out-trotted the party in the first and second heats, though Sullivan made a good finishment thin in the second. In the third heat Sullivan at a Post Boy med all the way the first half, but Sullivan carried the Boy of his feet and he at the stand. He increased his lead all the way and conessed his the confidence in Sullivan's ability to win the next two heats and race that he the field. Just after getting away in the feurth heat Sullivan was out out a the horses swung into the first turn and he was out of the race from that time. He did not trot half a mile in th

mile, and the heat and race were won SUMMARY. SUMMARY.
2.50 trat. \$200 divided; \$100 to 1st, \$75 to 2a², \$25 to 3rd, Lamba (London) by Fost Boy ... 1 1 2 1
A.M. Polly's (Goderich) b.g. John
L. Sullivan ... 2 2 1 4
C. James (Hamilton) b.m. Gunhilda 5 3 3 2
Geo. Robertson's (St. Catherines) ch. A. Well's (Francisco) one 3. 3.5 Lambert R. T. Wilson's (Brantford) blk h Roscoe 2.391, 2.391, 2.391, 2.391, 2.391

THE OPEN TROT. The open trot had for starters Elsie Groff, Tom Bolf, George B. and Victor, four of the fastest horses in Canada Elsie Groff was picked on as the winner. Victor's phances were considered good.
The performance of George B. was somewhat of a surprise, and a lot of unday could have been made by backing aim for second place. The race does not need any lengthy description. There

after winning a heat and was backed at 10 to 3 after the second.

STATE ARY.

Cand. 330 to 3rd.

A.M. Bolly's (Golderick) rn m Elsie Groff 1 11 H. G. Stingen's (Brantford) u.g. George B 4 2 2 J. C. Walker's (Arins Ornig) b.g. Tokken. 2 4 4 J. Forbes (Woodstock) b.g. Tom Rolf ... 3 3 3 Time, 2 231, 231, 232,

The meeting afforded excellent racing are made of stripes of satin and velvet, work, except an idea that Sullivan wa with black stripes for the side sticks, and not driven to win in the first two heats the small sticks at the bottom are made of the 50 trot. However, when he was of black satin with alternate rows of very driven out it was too late and he could

Win Little Devils. WINNIPEG, June 2. - Jas. Mackenzie,

a Prince Albert settler who has just ar-rived, mays that the advent of Gen. Itid dicton and his blood-stained troops was a joyous event for the beleagued settlers. Irvine paraded his men and made excuses for their appearance, whereupon Middleton pointed to the 90th and Grenadiers and said:—"Look at my little devils." And they were a sight, black with smoke and dust, their clothing in tatters and their toes sticking to their boots. It was Middleton who applied the term "gophers" to the police, as he turned to his own command and,

"Malden, Mass., Feb. 1, 1880. Gentlemen-I suffered with attacks of sick headache," Neuralgia, female trouble, for years in the most terrible and excruciating man-

'The first bottle

'And I have been so to this day. My husband was an invalid for twenty years with a serious

'Kidney, liver and urinary complaint,
'Pronounced by Boston's best physi-

'Incurable !

Seven bottles of your bitters cured him, and I know of the 'Lives of eight persons' In my neighborhood that have been saved by your bitters,
And many more are using them with

Do miracles! Mrs. E. D. Slack.

great benefit.

To the Medical Protession, and all whom the may concen.

Phosphatine, or Nerve Food, a Phosphate Element based upon Scientific Facts, Formulated by Professor Austin, M. D. of Boston, Mass., cures Pulmonary Consumption, Sick Headache, Nervous Attacks. Vertig and Neuralgia and all wasting diseases of the human Vegetable or Mineral Poisons, Opiates Narcotics, and no Stimulants, but simp

T MUST BE EVIDENT TO MANY invalids who have been taking strychning and alcoholic preparations for old ingering complaints, who still find themselves in the same state of chronic debility as becore using them, with increased nervous prostration from over-stimulation, that it is not sound nor judicious medication. A more physiological restrative method is secured by Wheeler's Phosphates and Calisays, agents of nutrition, which supply the food element of vital force,

GEORGE RHYNAS, - Druggist,

MISS WILKINSON Begs to announce that she has in stock in large and varied profusion,

The Very Latest Winter and Spring Fashions and she would respectfully invite the ladies to call and see the display at

The Chicago House



Merchants: Get your Printing at this Office. Quality of Work and reasonable Prices Guaranteed to please all who may give us a trial.

DANIEL GORDON. CABINETMAKER

Has on hand now the LARGEST STOCK of

First - Class Furniture in the County, and as I now purchase for cash will not be undersold by any one. I offer Tapestry Carpet Lounges, from \$5.5 upwards. Whatnots, good, from \$2.50 up. Bow Back Chairs, from 37 c. up, and every thing else in the same proportion, AT THE OLD STAND

Between the Post Office & Bank of Montreal GODERICH. Oct. 18th, 1883.

GODERICH BOILER WORKS Have just received allarge stock of

No medicine or doctor could give me relief or cure until I used Hop Bitters.

Nearly cured me;
The second made me as well and strong BOILERS & ENGINES
when a child.
'And I have been so to this day.' New Salt Pans and Boilers Built on Shortest Notice.

> Mail orders for new work and repairs wi CHRYSTAL & BLACK, Works near G. T. R. Station. Goderich, Feb. 28, 1884.

BRUCE'S

JNO. A. BRUCE & CO., Hamilton, Ont



WILL CURE OR RELIEVE BILIOUSNESS, DIZZINESS, DYSPEPSIA, INDIGESTION. FLUTTERING JAUNDICE. OF THE HEART, ERYSIPELAS. THE STOMACH. HEARTBURN, DRENESS HEADACHE,

OF THE SKIN. And every species of disease arising from disordered LIVER, KIDNEYS, STOMACH, BOWELS OR BLOOD, T. MILBURN & CO., Proprietors

The People's Livery



The subscriber is prepared to furnish the pub-lic with

The Finest Rigs AT REASONABLE PRICES,

EALL AND SEE US Opposite the Colborn

Hotel, Goderich. Goderich, Feb. 14th, 1884.

HIDES! HIDES!



BECKS' TANNERY, Saltford Saltford Dec. 4, 1884, 1972 A. & J. BECK.

was married only about t Brown-eyed dates s field of cream" is what alle freckies on the face Our slangy contributor not a disease known the ulge on a man" quicker t If there is ever a time when he is tempted to live assessor begins to ask per

leap year.

It is passing strange howes you thirty cents will his attention attracted to before he pays the preson undertaker. An At mover out of town and a can't touch him. It is fo as these that our forefath volution.

The other day a very over the bay said to her wift the bay said to ner William, nurse says that only six pounds. I'm sare you glad, growled the gusted at receiving so money. Because the fathat light kide are all the Sallie Ward, the Kentu has buried three hush married a fourth, bus a ment, bearing the 'simp To my husbanda.' That simple, and will neces

My hair is eighteen y my whiskers, said a few not understand why my turn grey first. Because

Words of B George Eliot : Love insight often gives torbo Lord Bases They Locke: If punished the mind and makes hardens the offender. Cervantes: The mass according to the disc

preeding of his servante L'Estrange : Wicked Jean Ingelow: My world about me, came cummine, and the wafte Aristotle: Some me as if they were to live to

so profuse as if they we Addison : The pers Addison: The persetrust in the Supreme in his power, wise by he by his happiness.

Seneca: What must that which is a necessary when it is a necessary willing.

Honor makes a gree ward of all honorable It is very unfair in a ploy ignorance and ma cause it gives his answe Human nature is plis the place sates as pris

forced. cording to the temper no two are alike or re same treatment. Sincerity is an openifound in a very few which we see commo dence of others.

Nothing hinders the ment of people to live ity and selfishness. humanity and benev discord and disagre banished from the ho

When we are in men we ought to be talking too much, le things—their good op we know not.

The following extr

letter from a promine Albert may be taken of the popular feeling The principals have will be here tomorro hope Riel will be co shot at once, as his save him. Sir John may do it again. Bu stand to have such pr of Elliot, Capt. Mo Riel's blood or streti The Indians can time now Big Bean a few more should a Dewdney should a he is the cause of The people will dem

worst kind."