FAGE SIX

THE UNION ADVOCATE, TUESDAY, OCTOBER 11, 1921

RICH IN

VITAMINES

MADE IN CANADA

The importance of

Vitamines in food is

being recognized at

the present time to a

greater extent than ever

before. It has been con-

clusively demonstrated

that yeast is rich in this

all important element.

Many people have re-

ceived great benefit

physically simply by tak-

ing one, two or three

Royal Yeast Cakes a day.

Send name and address

for free copy "Royal Yeast

Cakes for Better Bealth."

E. W. GILLE COMPANY LIMITED

THE MISERY OF HARKIN'S ACADEMY BACKACHE

Removed by Lydia E. Pinkham's Vegetable Compound.

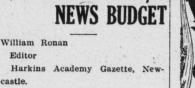
Meaford, Ont, -- "I took Lydia E. Pinkham's Vegetable Compound for backache, and I also had a female weak-ness. I felt dizzy and nervous; and mea with the aperge

and nervous, and was without energy. I had to force myself to do my work, and was always tired. Saw a Finkham ad-vertisement which induced me to take the Vegetable Com-pound, and my back gradually stopped aching and I felt lighter in spirits. I am recommending the Vegetable Com-pound, and my back gradually stopped aching and I felt lighter in spirits. I am recommending the Vegetable Com-pound, with pleasure to all I meet who complain as I did."-MILDRED BROOK, Meaford, Ont.

Woman's Precious Gift Woman's Precious Gift The one which she should most zeal-ously guard is her health, but she often neglects to do so in season until some itaelf upon her. When so affected women may rely upon Lydia E. Pink-ham's Vegetable Compound, a remedy that has been wonderfully successful in restoring health to suffering women. If you have the slightest doubt that Lydia E. Pinkham's Vegetable Com-pound will help you, write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.







Harkin's Academy Booster The debate which was mentioned in last week's edition was carried on with much success by both affirmative and negative sides. The

castle.

life

result was a tie. The following points were emphasized by the affirmative side. The poor as a rule are stronger physicaly, and mentally because they use their faculties; and they use those faculties because of necessity. In the case of the rich man the necessity is lacking. Through idleness the rich often fall into evil. In this way the rich often make failure of their lives. Many poor men can be quoted who have become great as Lloyd George. It is difficult to cite examples of rica men who have become failures because their name have sunk into oblivion. To quote from the Bible. It is easier for a camel to go through the eye of an needle

than for a rich man to enter heaven. This means that the rich man, cumbered with superficial things,

Points given by negative side

finds it difficult to lead the ideal Hall's Catarrh Medicine Those who are in a "run down

It is better to be born poor than rich as all the noted men were born condition will motice that Catarrh Victoria and Carpoor when they began their career bothers them much more than when The rich men depend on t.e.r goal they are in good health. This fact and if they lose it they have noth- proves that while Catarrh is a local disease, it is greatly influenced by York and Sunbury

The poor people have to work to CATARRH MEDICINE is a Tonic onstitutional conditions. HALL'S gain their place in life and when they gain them they appreciate them while the rich may buy their places. Poor marents encourase of the body, thus reducing the inflaplaces. Poor parents encourage mmation and restoring normal condi their children more than rich par- tions. ents do.

All druggists. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

The word rich is not confined to strictly financial sense but can be are committed by the poor classes taken in a broader sense. The affir- because they form the majority of mative side have already pointed to the population.

the men born poor that have ac- Often the best churches are found hieved great success but this is in the poorer districts. Some rich not so as these were born rich in men are very mean, so if poor means intellectual power and self-determean, then the rich are very often mination. poor. This argument means finan-

The philanthropy of the rich ce, and to say it is not is beggreatly over-balances any good ging the question.

done by the poor. There would be A school master in England pro no churches and colleges if not for mised a crown to any boy who the large donation of the rich men. could give a ridile he couldn't ans-Charitable institutions are built by wer. One bright boy said why am rich men to keep the poor from go- 1 like the Prince of Wales? The ing to utter destruction and if it school master couldn't guess. Bewas better to be born poor these cause I am waiting for the crown, would not need to be built. said the boy.

A num how stong his odu

N.B. POPULATION IS 388,092 IN 1921

Ottawa, Sept. 130-New Brunswick' population by the 1921 census is 388,092 as against 351,889 in 1911 and 331,120 in 1910, an increase of 10.29 per cent in the last ten years as compared with a 6.27 per cent increase in the preceding ten years. Nova Scotia's population is 524,579 as compared with 492,338 in 1911 and 459,574 in 1901, a 6.55 per cent gain in the last ten years as against a 7.13 per cent gain from 1901 to 1911. Prince Edward Island's population is 88.536 as compared with 93,728 in 1911 and 103,259 in 1901, thus showing a progressive decrease of 9.23 per cent from 1901 to 1911, and of 5.54 per cent from 1911 to 1921.

The comparative population of New Brunswick constituencies in 1921, 1911 and 1901 respectively are as follows:

Constituency. 1921 1911 1901 Charlotte 21,323 21,147 22,415 Gloucester : 38,642 32,662 27,936 Kent 23,673 24,376 23,958 Northumberland 33,915 31,194 28,543 Restigouche and

Madawaska ... 43,056 32,356 22,897 Royal (Kings and

Queens) 31,956 31,491 32,832 St. John and Albert 69,868 63,232 62,684

leton 33,927 32,990 30,446 Westmorland ... 53,576 44,621 42,060

38,156 37,780 37,349 DOING BETTER

The Sunday Express, one of Lord Beaverbrook's string of newspapers, announces that it has succeeded in reducing its weekly deficit from one thousand pounds to thirty-four pounds at the present time.



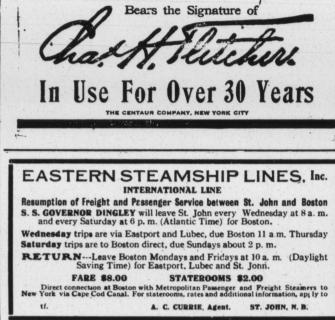
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been mad? for it that its use for over 30 years has not proven.

What is CASTORIA?

1

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains reither Opium, Morphine nor other nercotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.







To MRS, R. D. BAMBRICK : The Rectory, Yarmouth, N.S. Dear Mother :-	before it is finished while the rich boy does not. He can travel which	h Geese is a low heavy set bird,	Northumberland County National
I am keeping well, have good food and well protected from the weather, but have some difficulty keeping uninvited guests from visiting me.	is part of his education. Queen Elizabeth was one of the greatest women in England and she was rich.	t thers. His head sits on one side	Liberal and Conservative Party
• Have you any patriotic drug- gists that would give something for a gift overses-if so do you know something that is good for everything 1 ido-Old MINARD'S Liniment. Your affectionate son, Ros.	The majority of crimes in the	tween to his toes and he carries a toy balloon in his stomach to keep him from sinking. Some geese when they get big are called gan-	CONVENTION!
Manufactured by the Minard's Liniment Co. Ltd. Yarmouth, N.S.	deceitful. The neg side said that poor meant mean. Therefore she was poor. The majority of crimes	Ganders don't have to sit or hatch.	A Convention of the Northumberland County National Liberal and Conservative Party will be held in the
		On 'a history examination in Grades X. and XI. I. In earl" times the products of Egypt were cucumbers, melons, and	Town Hall, Newcastle
		in fact all the vegetables produced in North America. 2. The great wall was a wall built around the Chinese country to keep back the Huns and the Mongrels. 3. Egypt had a good geographical	Wednes., Oct. 12th At 3.00 O'clock, p.m.
Cakes made from Purity Flour are just as wholesome		position being near water. 4. Brahminism is a great religion found by a Hindu Prince. The chief branches of the Aryans are the Mongois and Chinese. A unique translation from Caesar	For the purpose of nominating a Candidate to contest the County at the forth-coming Federal Election. The respective Parishes of the County are being notified to organize and appoint delegates to attend this convention.
and nutri- tieus as they are delicious.	FLOUR	The day they controlled the cause Irgetorix to collect all his houseohold to ten miles and all five who inhabited great numbers, be led them through it, he spoke the	James Stables, Newcastle, N [·] B. Oct. 4th 1921. President