

THE MISERY OF BACKACHE

Removed by Lydia E. Pinkham's Vegetable Compound.

Meaford, Ont.—"I took Lydia E. Pinkham's Vegetable Compound for backache, and I also had a female weakness. I felt dizzy and nervous, and was without energy. I had to force myself to do my work, and was always tired. Saw a Pinkham advertisement which induced me to take the Vegetable Compound, and my back gradually stopped aching and I felt lighter in spirits. I am recommending the Vegetable Compound with pleasure to all I meet who complain as I did."—MILDRED BROOK, Meaford, Ont.

Woman's Precious Gift
The one which she should most zealously guard is her health, but she often neglects to do so in season until some ailment peculiar to her sex has fastened itself upon her. When so affected women may rely upon Lydia E. Pinkham's Vegetable Compound, a remedy that has been wonderfully successful in restoring health to suffering women. If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.



Safeguard Your Valuables before it is too Late

It is not wise to leave money, securities, jewelry, or other valuables unprotected in your home.

Deposit your money in the Bank and your valuables in a Safety Deposit Box. Consult our Manager.

The Royal Bank of Canada

A. G. PUTNAM
Manager
Newcastle, N. B.

MINARD'S
"KING OF PAIN"
LINIMENT

Extract from a letter of a Canadian soldier in France.

To MRS. E. D. BAMBRICK:
The Rectory, Yarmouth, N.S.

Dear Mother:—

I am keeping well, have good food and well protected from the weather, but have some difficulty keeping uninvited guests from visiting me.

Have you any patriotic druggists that would give something for a gift overseas—if so do you know something that is good for everything? I do—Old MINARD'S Liniment.

Your affectionate son,
Rob.

Manufactured by the
Minard's Liniment Co. Ltd.
Yarmouth, N.S.




PURITY FLOUR

Cakes made from Purity Flour are just as wholesome and nutritious as they are delicious.

HARKIN'S ACADEMY NEWS BUDGET

William Ronan
Editor
Harkins Academy Gazette, Newcastle.

Harkin's Academy Booster
The debate which was mentioned in last week's edition was carried on with much success by both affirmative and negative sides. The result was a tie.

The following points were emphasized by the affirmative side. The poor as a rule are stronger physically, and mentally because they use their faculties; and they use those faculties because of necessity. In the case of the rich man the necessity is lacking. Through idleness the rich often fall into evil. In this way the rich often make failure of their lives. Many poor men can be quoted who have become great as Lloyd George. It is difficult to cite examples of rich men who have become failures because their name have sunk into oblivion. To quote from the Bible. It is easier for a camel to go through the eye of a needle than for a rich man to enter heaven. This means that the rich man, cumbered with superficial things, finds it difficult to lead the ideal life.

It is better to be born poor than rich as all the noted men were born poor when they began their career. The rich men depend on their goal and if they lose it they have nothing.

The poor people have to work to gain their place in life and when they gain them they appreciate them while the rich may buy their places. Poor parents encourage their children more than rich parents do.

Points given by negative side
The word rich is not confined to strictly financial sense but can be taken in a broader sense. The affirmative side have already pointed to the men born poor that have achieved great success but this is not so as these were born rich in intellectual power and self-determination.

The philanthropy of the rich greatly over-balances any good done by the poor. There would be no churches and colleges if not for the large donation of the rich men. Charitable institutions are built by rich men to keep the poor from going to utter destruction and if it was better to be born poor these would not need to be built.

A poor boy stops his education before it is finished while the rich boy does not. He can travel which is part of his education. Queen Elizabeth was one of the greatest women in England and she was rich.

The majority of crimes in the world are caused by want.

Rebuttal of Aff.—Queen Elizabeth was not the greatest English woman. She was mean, vain and deceitful. The neg side said that poor meant mean. Therefore she was poor. The majority of crimes

ROYAL YEAST CAKES RICH IN VITAMINES

MADE IN CANADA
The importance of Vitamines in food is being recognized at the present time to a greater extent than ever before. It has been conclusively demonstrated that yeast is rich in this all important element. Many people have received great benefit physically simply by taking one, two or three Royal Yeast Cakes a day. Send name and address for free copy "Royal Yeast Cakes for Better Health."

E. W. GILLE COMPANY LIMITED
WINNIPEG TORONTO CANADA MONTREAL

Hall's Catarrh Medicine

Those who are in a "run down" condition will notice that Catarrh bothers them much more than when they are in good health. This fact proves that while Catarrh is a local disease, it is greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier, and acts through the blood upon the mucous surfaces of the body, thus reducing the inflammation and restoring normal conditions.

All druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

are committed by the poor classes because they form the majority of the population.

Often the best churches are found in the poorer districts. Some rich men are very mean, so if poor means mean, then the rich are very often poor. This argument means finance, and to say it is not is begging the question.

A school master in England promised a crown to any boy who could give a riddle he couldn't answer. One bright boy said why am I like the Prince of Wales? The school master couldn't guess. Because I am waiting for the crown, said the boy.

A composition on Geese
Geese is a low heavy set bird, composed mostly of meat and feathers. His head sits on one side and he sits on the other. Geese can't because of the dampness of the moisture. There ain't no between to his toes and he carries a toy balloon in his stomach to keep him from sinking. Some geese when they get big are called ganders and have curls on their tails. Ganders don't have to sit or hatch, but just loaf and go swimming. If I was a goose I'd rater be a gander any day.

On a history examination in Grades X and XI.

1. In early times the products of Egypt were cucumbers, melons, and in fact all the vegetables produced in North America.
2. The great wall was a wall built around the Chinese country to keep back the Huns and the Mongrels.
3. Egypt had a good geographical position being near water.
4. Brahminism is a great religion found by a Hindu Prince. The chief branches of the Aryans are the Mongols and Chinese.

A unique translation from Caesar
The day they controlled the cause Irgetorix to collect all his household to ten miles and all five who inhabited great numbers, he led them through it, he spoke the cause then.

N. B. POPULATION IS 388,092 IN 1921

Ottawa, Sept. 30—New Brunswick' population by the 1921 census is 388,092 as against 351,889 in 1911 and 331,120 in 1901, an increase of 10.29 per cent in the last ten years as compared with a 6.27 per cent increase in the preceding ten years. Nova Scotia's population is 524,579 as compared with 492,338 in 1911 and 459,574 in 1901, a 6.55 per cent gain in the last ten years as against a 7.13 per cent gain from 1901 to 1911. Prince Edward Island's population is 88,536 as compared with 93,728 in 1911 and 103,259 in 1901, thus showing a progressive decrease of 9.23 per cent from 1901 to 1911, and of 5.54 per cent from 1911 to 1921.

The comparative population of New Brunswick constituencies in 1921, 1911 and 1901 respectively are as follows:

Constituency.	1921	1911	1901
Charlotte	21,323	21,147	22,415
Gloucester	38,642	32,662	27,936
Kent	23,673	24,376	23,958
Northumberland	33,915	31,194	28,543
Restigouche and Madawaska	43,056	32,356	22,897
Royal (Kings and Queens)	31,956	31,491	32,832
St. John and Albert	69,868	63,232	62,684
Victoria and Carleton	33,927	32,990	30,446
Westmorland	53,576	44,621	42,060
York and Sunbury	38,156	37,750	37,349

DOING BETTER
The Sunday Express, one of Lord Beaverbrook's string of newspapers, announces that it has succeeded in reducing its weekly deficit from one thousand pounds to thirty-four pounds at the present time.

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

EASTERN STEAMSHIP LINES, Inc.
INTERNATIONAL SERVICE

Resumption of Freight and Passenger Service between St. John and Boston
S. S. GOVERNOR BINGLEY will leave St. John every Wednesday at 8 a. m. and every Saturday at 6 p. m. (Atlantic Time) for Boston.

Wednesday trips are via Eastport and Lubec, due Boston 11 a. m. Thursday Saturday trips are to Boston direct, due Sundays about 2 p. m.

RETURN—Leave Boston Mondays and Fridays at 10 a. m. (Daylight Saving Time) for Eastport, Lubec and St. John.

FARE \$8.00 STATEROOMS \$2.00

Direct connection at Boston with Metropolitan Passenger and Freight Steamers to New York via Cape Cod Canal. For staterooms, rates and additional information, apply to
A. C. CURRIE, Agent. ST. JOHN, N. B.

REST—and a cup of Tea

Of very great benefit to health, doctors tell us, is the habit of completely relaxing for a while during the afternoon even if only for a few minutes.



A delicious cup of tea at this time not only refreshes but makes it an event in the day to look forward to.

KING COLE
Orange Pekoe is
"the Extra" in
Choice Tea"



Northumberland County National Liberal and Conservative Party CONVENTION!

A Convention of the Northumberland County National Liberal and Conservative Party will be held in the

Town Hall, Newcastle

Wednes., Oct. 12th
At 3.00 O'clock, p.m.

For the purpose of nominating a Candidate to contest the County at the forth-coming Federal Election. The respective Parishes of the County are being notified to organize and appoint delegates to attend this convention.

James Stables,
Newcastle, N. B.
Oct. 4th 1921.
President