

PERCY'S PUZZLED! WANTS Your Help!!

\$510.00 in Cash Prizes to be Awarded



MARY'S letter is surely a puzzler. She has so mixed up the letters in the names of things she would like Percy to give her for her birthday gift that they spell something different entirely. Sometimes she has even made two or three words out of one name, as in number nine, which is undoubtedly "Diamond Ring."

Each of the names in Mary's letter represents a present that any girl would like to receive for her birthday. You know one of them; now try to solve the remaining names, and when you do, re-write Mary's letter, substituting what you consider the correct names and send your solution to us. In this interesting contest we will award

\$510.00 in Cash Prizes

1st Prize \$150.00 in Cash	14th Prize \$5.00 in Cash
2nd Prize 75.00 in Cash	15th Prize 5.00 in Cash
3rd Prize 50.00 in Cash	16th Prize 5.00 in Cash
4th Prize 25.00 in Cash	17th Prize 3.00 in Cash
5th Prize 25.00 in Cash	18th Prize 3.00 in Cash
6th Prize 20.00 in Cash	19th Prize 3.00 in Cash
7th Prize 15.00 in Cash	20th Prize 3.00 in Cash
8th Prize 10.00 in Cash	21st Prize 2.00 in Cash
9th Prize 10.00 in Cash	22nd Prize 2.00 in Cash
10th Prize 10.00 in Cash	23rd Prize 2.00 in Cash
11th Prize 5.00 in Cash	24th Prize 2.00 in Cash
12th Prize 5.00 in Cash	25th Prize 2.00 in Cash
13th Prize 5.00 in Cash	26th Prize 2.00 in Cash

Fifty Cash Prizes of \$1.00 each

PERCY'S PLAN WILL HELP YOU

THE first thing Percy did was to walk through the stores and make a list of all the things that would make nice presents for a girl, so that he could compare his list with Mary's and see how many names would fit the puzzling words. He was surprised to find the number of nice things one could get for a girl, for very soon his list contained the following: Sewing set, umbrella, wrist watch, silk waist, manure set, jewel case, old gloves, lace handkerchiefs, napkin ring, earrings, silver thimble, diamond ring, candy, photo frame, necklace, books, bracelet, slippers, card case, travelling bag, purse, brooch, shawl, toilet set, perfume, flowers, set of fur, lace collar, etc., etc. These suggested presents may help you. Get a pencil and paper and try!

How to Send Your Answers

USE one side of the paper only in writing out Mary's letter and keep it the same in form as given above, merely substituting your solution of the proper names in place of the jumbled ones. In the lower left hand corner instead of the postscript put your full name (noting Mr., Miss or Mrs.) and your full address. Anything else must be written on a separate sheet of paper. Do not send fancy, drawn or typewritten answers. A contestant may send as many as three sets of answers to the puzzle but only one set may win a prize and not more than one prize will be awarded in any family. Entry in the contest is bound to all members of this Community and their relatives.

NO EXPENSE IS ATTACHED TO THIS GREAT CONTEST
ANY ONE CAN WIN A FINE CASH PRIZE

THIS interesting contest is reproduced from this month's issue of EVERYWOMAN'S WORLD—Canada's Greatest Home Magazine. IT IS OPEN TO ALL. You may enter and win a big prize whether you are a reader of EVERYWOMAN'S WORLD or not, and, moreover, you will neither be asked nor expected to take the magazine, spend a single penny, nor buy anything in order to compete. When your answers are received, the publishers of this great magazine will gladly send you FREE OF ALL COST a sample copy of the very latest issue in order that you and your friends may know what a live, interesting, up-to-the-minute magazine is published right here in Canada by Canadians for Canadians. You'll surely like EVERYWOMAN'S WORLD.

THESE is nothing in Canada like it for bright, enterprising stories, timely, interesting articles, up-to-the-minute fashions, etc. It abounds with beautiful illustrations and departments of interest to every one in the family. More than 120,000 Canadian homegirls take EVERYWOMAN'S WORLD and welcome it every month. It is outstanding Canadian magazine in the favor of Canadiana everywhere, and you will like it and agree that it is the most interesting magazine being produced in Canada.

The Contest Editor, EVERYWOMAN'S WORLD, CONTINENTAL PUBLISHING CO., LTD., 6 Continental Bldg., Toronto, Ont.

MAGNIFIED COPY OF MARY'S LETTER

Dear Percy,

Since you have so kindly asked me to suggest a birthday present that I would like I am sending you a little list to think over. If you can puzzle this out in time for my birthday I would just love to receive any of the following:

1. BALL RUME.
2. OH C ROB.
3. DEVILS KOG.
4. SORE STUFF.
5. BELT CARE.
6. SCARE CAD.
7. GRANSIRE.
8. C CAN LEEK.
9. DO MI DARNING.
10. TRaine MUSEC.

P.S. I have printed the words so that you can read them easily!

Sincerely yours
Mary.

\$150
IS
FIRST
PRIZE

Health of School Children

Continued from Page 9

frequent or habitual wrong posture of the body may result in spinal curvature. The teacher will probably insist on correct standing or sitting positions, but the parents must supplement this at home by seeing that the child is not given tasks too heavy for his physical condition, nor kept at work in an unnatural position for too long. For instance long tasks of sewing, stooping over, carrying younger children or other heavy weights, are all injurious.

Any limping or sign of lameness in the walk must receive immediate attention. Sharp pains in the knees, especially at night are usually signs of hip disease. Children never suffer from "growing pains." Such pains are frequently slight attacks of rheumatism and must never be neglected or treated lightly. Inflammatory rheumatism may leave behind it a serious heart condition, "leaking of a valve" and such a child should be more or less under medical supervision.

Most mothers know the signs of contagious disease. Remember that keeping the respiratory passages clear and clean are valuable factors in giving immunity from such diseases; that a heavy cold in the head may mean the onset of measles and that the child with the measles may die of bronchopneumonia. Therefore, keep the chest well-protected and do not let the child out of the sick room too soon. Remember that it is neither necessary nor desirable that children should catch infectious diseases—which is preventable; that sore throat, heavy headache, and vomiting may mean scarlet fever; that enlarged glands during epidemics of German measles and mumps should cause the mother to watch carefully for these diseases; that a slight rise in temperature and sore throat with grayish patches on the tonsils is very likely diphtheria; that raised temperature with "cold" in the head, drowsiness and a progressing inability to move one of the extremities are signs of infantile paralysis; that diarrhoea, headache, raised temperature at night and general weakness may be typhoid fever; that a steadily enlarging gland in the neck is probably tubercular.

It will be noticed that raised temperature accompanies the beginning of all contagious disease, therefore every mother should accustom herself and the child to the taking of temperature by clinical thermometer. She should also know how to take the pulse. And every young child must be trained to frequent inspection of the throat, not only to ascertain its condition from time to time, but to save the doctor from useless worry with an unmanageable and frightened child, whose very life may depend on a quick diagnosis of the throat trouble.

Social Responsibility

In conclusion, we are part of a community, and while the individual child is, in the eyes of his parents, the very best of his kind, he is still liable to all the ills that childhood flesh is heir to and through no fault of parents. Therefore, do not resent advice given by a trained person, whether doctor or nurse, but try to assist by co-operation with them and the school authorities, who are doing their best to raise the standard of their health. Also remember that schools are not the only, nor the main sources of infection to children in cities and small towns, but that the street car, the "movie," the department store, or a careless neighbor are just as likely to have caused measles or worse contagious diseases in the family.

The experts of the United States Department of Agriculture report that the dietary studies made by them point to an annual food waste in that country of about \$700,000,000. Of course, the waste in families of very limited means is slight, but in the families of moderate and ample means the waste is considerable.

The food waste in the household, the experts assert, results in a large measure for bad preparation and bad cooking, from improper care and handling, and, in well-to-do families, from serving an undue number of courses and an overabundant supply and failing to save and utilize the food not consumed.

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