

STRENGTH AND ECONOMY

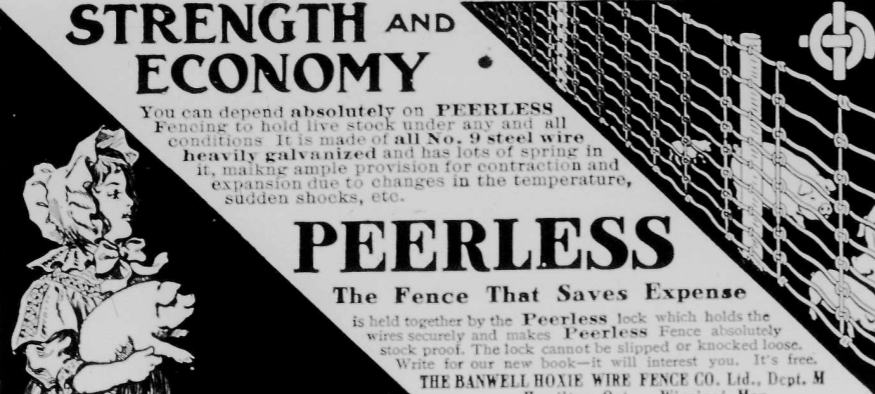
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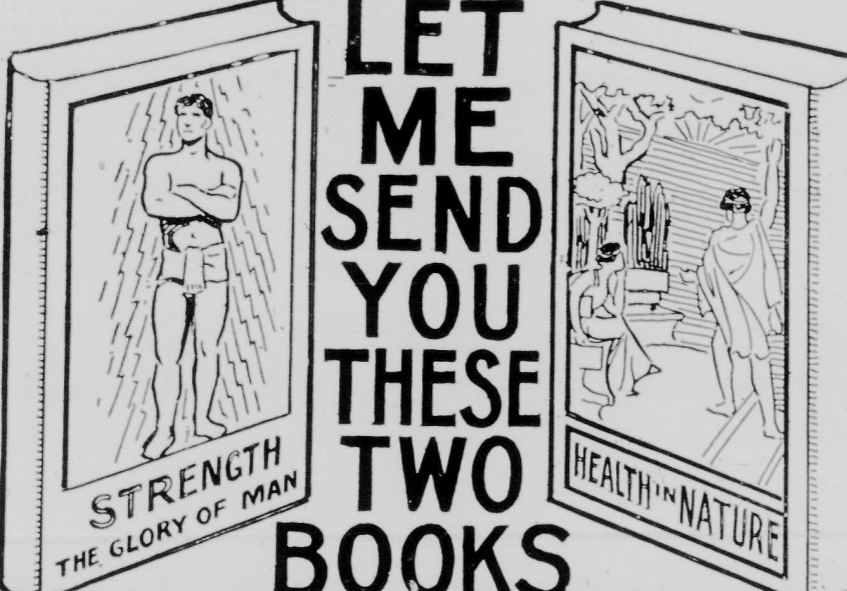
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STRENGTH THE GLORY OF MAN

HEALTH IN NATURE



To every reader of this paper who is not well and strong I will send, on receipt of coupon below, a copy of my two books, "Health in Nature" and "Strength, the Glory of Man." These books explain in a simple and logical way what we all wish to know: What life consists of, the cause of disease, and the simple, inexpensive way of becoming well, strong and happy without the use of drugs.

IF YOU ARE SUFFERING

from BACKACHE, LUMBAGO, RHEUMATISM, INDIGESTION, WEAK STOMACH, KIDNEY, LIVER OR BOWEL TROUBLE, BILIOUSNESS, DYSPEPSIA, NEURALGIA, NERVOUS DEBILITY, MELANCHOLY, etc., or if you are blue and discouraged, and feel that life is not worth living, you should by all means send for these two books.

VIM, VIGOR, VITALITY.

were given to all of us, and if we have lost our strength, perhaps we alone are to blame. Space will not permit me to explain my theory fully, but I cure by pouring into your body at night while sleeping a harmless, strength-giving, eight hours' flow of galvanic electricity; a powerful stream of real life, vitality, energy, nerve force, from the Dr. Sanden Herculex Electric Health Belt (Improved January, 1909). 500,000 now in use. My books will explain it thoroughly. They are sent, free, sealed, by mail upon request.

Or, if in this city, call at my office, test Belt, talk over your case. Advice free at the office or by mail.

DR. C. F. SANDEN,
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offered and following are prices made:

De Kol Model Prince, imported bull, J. W. Plowman, Evarts, \$125; Peitze de Kol Butter Box 2nd, yearling bull, W. L. Armstrong, Airdrie, \$105; Lulus de Kol Prince, bull calf, I. C. Carritt, Bentley, \$65; Ruth's de Kol Prince, bull calf, J. H. Morrison, Bentley, \$55; Queenie's de Kol Prince, bull calf, John Daseforde, Didsbury, \$45; Aaggie Rosa, (6277), cow, \$125; Grace Wagler, (9590), heifer, \$100; Dora Maple (10153), heifer, \$125; Maple Stockings (10154), heifer, \$100; Maple Ruth (9465), heifer, \$150; Aaggie Girl (10155), heifer, \$75; Aaggie Belle (10156), heifer, \$76; Maple Fay, (10330), heifer, \$80; Akkrum May (11383), heifer, \$100; Hazel May (11384), heifer, \$100.

All above females were purchased by John Turner, the well known Clydesdale breeder for the Demonstration Farm at Strathmore, which is being established there by the Canadian Pacific Irrigation Company. He selected the best of the offerings and has a very choice lot of females for a foundation herd. Among them are several winners at Calgary, Dominion Fair, and all are from good heavy milking strains.

The selection of the Holstein breed by the Irrigation Company for their farm at Strathmore will be a great incentive to dairying in this belt and under the able management of Mr. Fred Voss, who has had a life's experience and training in dairying, and handled this breed of dairy animals in Denmark and on this continent, they will prove their value as large and economic producers and demonstrate the great possibilities of dairying in Alberta under proper conditions.

TRADE NOTES

Our readers will be interested in the arguments for eating Quaker Oats which are appearing in our columns from time to time. The tremendous consumption of Quaker Oats, increasing as it does year after year, is evidence that the public has found it an ideal food for health, strength and economy.

THE FARM 'PHONE SOLVES MANY PROBLEMS.

That much vexed question of keeping the boy on the farm is no longer a real problem. No farmer's boy, with the right kind of stuff in him and the right kind of environment, will choose the ill-paid and uncertain life of the city in preference to the surroundings of his forebears, unless he finds those surroundings unattractive.

The farmer of Canada has come to realize and utilize the telephone as a means, not only of retaining his children in the best life mankind can live—the farmer's life—but of increasing the profit of his vocation and of developing that vocation upon the same businesslike lines as his dependent fellow, the merchant of the cities.

With the telephone at his service, every farmer can so regulate his purchases and his sales as to buy at the bottom of the market and sell at the top of it. The telephone makes him independent of the heresay, often untrustworthy, assertions of the city man's daily newspaper; for the 'phone gives him ready communication with firsthand sources of information as to prices, demand, and prospects, and, as well, is the surety he has of the readiest aid in an emergency like fire, illness, or need.

Certainly the educative literature being distributed so widely cannot fail to show the farming community as a whole the tremendous advantage the telephone gives the farmer who is enterprising enough to instal one—possesses over his less progressive neighbor. Moreover, the extension of the use of this invaluable invention must have, also, a wide and worth effect upon the social conditions of the time, inasmuch as it does such a man service in supplying an irresistible inducement to the younger generation to follow the trade of the elder—a trade without ever, any on earth would be bankrupt.

BRONCHITIS

Bronchitis is generally the result of a cold caused by exposure to wet and inclement weather, and is a very dangerous inflammatory affection of the bronchial tubes.

The Symptoms are tightness across the chest, sharp pains and a difficulty in breathing, and a secretion of thick phlegm, at first white, but later of a greenish or yellowish color. Neglected Bronchitis is one of the most general causes of Consumption.

Cure it at once by the use of



Mrs. D. D. Miller, Allandale, Ont., writes: "My husband got a bottle of Dr. Wood's Norway Pine Syrup for my little girl who had Bronchitis. She wheezed so badly you could hear her from one room to the other, but it was not long until we could see the effect your medicine had on her. That was last winter when we lived in Toronto.

"She had a bad cold this winter, but instead of getting another bottle of Dr. Wood's Norway Pine Syrup, I tried a home made receipt which I got from a neighbor but found that her cold lasted about twice as long. My husband highly praises 'Dr. Wood's,' and says he will see that a bottle of it is always kept in the house."

The price of Dr. Wood's Norway Pine Syrup is 25 cents per bottle. It is put up in a yellow wrapper, three pine trees the trade mark, so, be sure and accept none of the many substitutes of the original "Norway Pine Syrup."

Bone Spavin

No matter how old the blemish, how lame the horse, or how many doctors have tried and failed, use

Fleming's Spavin and Ringbone Paste

Use it under our guarantee—your money refunded if it doesn't make the horse go sound. Most cases cured by a single 45-minute application—occasionally two required. Cures Bone Spavin, Ringbone and Sidebone, new and old cases alike. Write for detailed information and a free copy of


Fleming's Vest-Pocket Veterinary Adviser

Ninety-six pages, durably bound, indexed and illustrated. Covers over one-hundred veterinary subjects. Read this book before you treat any kind of lameness in horses.

FLEMING BROS., Chemists
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When answering advertisements mention the Farmer's Advocate

Consumption Book FREE



This is a medical book, plain, simple, in plain, simple language how you can be cured by your own hands. If you know of anyone suffering from Consumption, Catarrh, Bronchitis, Asthma, or any throat or lung trouble, or are yourself afflicted, this book will help you to a cure. Even if you are in the advanced stage of the disease and feel there is no hope, this book will show you how others have cured themselves after all remedies they had tried failed, and they believed their case hopeless.

Write at once to the Venckerman Consumption Remedy Co., 1325 Rose Street, Kalamazoo, Mich., and they will send you from their Canadian Depot the book and a generous supply of the New Treatment, absolutely free, for they want every sufferer to have this wonderful cure before it is too late. Don't wait—write today. It may mean the saving of your life.

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