CHATS WITH YOUNG MEN

A man may have brains in the top of his head,

Well covered by scalp and by hair,
But if he can't use them in earning
his bread,
Pray tell me what good are they
there?

A man may be clever and capable-He may be possessed of great skill; But if he does nothing from morning till night,
whom will his cleverness
thrill? Pray

A man may be blessed with abundance of gold
That some one has left him, we'll
And how no

I'd say 'twas misplaced—wouldn't climb over.
you?

I wish you Suppose we had wisdom, we twoyou and I— Or talents worth while all our

Or even a fortune, say-we'd have Some quick not to let it be known!

OVERLOOKING THE BRAIN Don't be afraid of overworking the brain; you can't do it. You can't think too much. The more the mind does, says a prominent medical authority, the more it can

Another well known doctor said

recently:
"In all my practice as a physician dealing with nervousness and mental diceases, I can say without hesitation that I have not met a single case of nervous or mental trouble caused by too much thinking or overstudy. What produces mental trouble is worry, emotional excitement or lack of interest in one's work."

So there is no need to be afraid. The more you think, study or plan, the better it is for you, because you are training your mental powers.

A LITTLE WEE PUP

A little wee pup with his soul in his

REBUKING JOHN

From an Irish exchange we glean the method taken by Irish audiences to get the sort of entertainment they desire. The silver-voiced McCormack had been regaling his listeners with classical music until their patience was exhausted. their patience was exhausted

"A bit of Irish now, please; we're not in Berlin, you know, all

the time. The voice boomed from the back right. For a moment there was startled stillness. John McCormack, standing back to piano, glanced up from his book of words and almost collapsed with laughter at the amazed look on the face of Mr. Edwin Schneider, the accompanist. The latter, in puzzled wonderment, glanced at the music score in front of him, stared across at the audience and once more to his friend McCormack, whose eyes were now weeping with mirth. Quickly he sensed the humor of the situation and joined with the singer in a hearty burst of laughter, which became infectious and soon swept and volleyed all over the house. Then the piano played the introduction to the "bit of Irish" that the tenor had intended to give before being called on. It was "Has Sorrow Thy Young Days Shaded."

But this I well know—by the little wee pup That compact will never be broken. Oh, little wee pup with your soul in your eyes, How can I deserve your devotion?

FRIENDSHIP

Friendship may be likened to a bed of steadily glowing coals, which emits a constant, gentle warmth. Friendship is constant, loyal, unselfish, knowing the "blessedness" of giving, forgiving ever, for friend-ship can hardly be called friendship that has never known of the sweet-

ness of forgiving. Everlasting friendship does not come by accident.

There must be similarites of ideas

and tastes, so readily sensed when kindred spirits meet. Friendship rises above the little

difficulties and misunderstandings, overlooks the little failings of a friend. For an example of real friendship

witness the meeting of boyhood chums after years of separation.

Memory takes them back again to the time when they played, perhaps, as barefoot boys. Little incidents are spoken of, hopes and disappointments are discussed, reminiscences revealed in. They are boys again. They speak in the past—reviving old incidents with "Do you remember when-

Trifling occurrences all, but friendly associations make them dear to the hearts of these worldwise men, and each one goes back to his busy life uplifted, feeling that

It is only now, after, passing through the long, hard school of years, only now, when my own hair is gray, that I understand how you have the most gracious gift of

years, only now, when my own hair is gray, that I understand how you felt.

I must have been a bitter trial to you. I believed my own petty wisdom, and I know now how ridiculous it was, compared to that calm, ripe, wholesome wisdom of yours.

Most of all, I want to confess my worst sin against you. It was the tree tries and in that you have ability, and in that you have the most gracious gift of nature if you will display it to the world. It lies within the confines of your own being; it enables you to perform your task or render your worst sin against you. It was the

That some one has left him, we'll say;
But if it lies idle till age turns him cold,
What good was it to him, I pray?

A man may have brains in the top of his head,
And skill, and a fortune or two;
But if no one knows it until he is dead,
I'd say 'twas misplaced—wouldn't left you. I and kindness.

And kindness.

And how pathetic, it now comes home to me, were your efforts to get close to me, to win my confidence, to be my pal!
I wouldn't let you. I couldn't.
What was it that held me aloof? I didn't know. But it is tragic—that wall that rises between a boy and his father, and their frantic attempts to see through it and climb over.

The Liguorian tells this refreshing little anecdote rédolent of the sweet faith of the Isle of Saints: "A young woman spending the summer at an Irish seaside place, wouldn't summer at an Irish seaside place, will the summer at an Irish seaside place, will the summer at an Irish seaside place, will the self in which you will eventually sell them to the highest bidder, and thus will you be "performing your task or rendering your service with the self in which you will eventually sell them to the highest bidder, and thus will you be "performing your task or rendering your service with the self in which you will eventually sell them to the highest bidder, and thus will you be "performing your task or rendering your service with the top the self them to the highest bidder, and thus will you be "performing your task or rendering your service with the self them to the highest bidder, and thus will you be "performing your task or rendering your service with the self them to the highest bidder, and thus will you be "performing your task or rendering your service with the self them to the highest bidder. The transfer is the self them to the highest bidder. The transfer is the self them to the highest bidder. The transfer is the self them to the highest bidder. The transfer is the self them to the highest bidder. The transfer is the self them to the highest bidder. The transfer is the self them

I wish you were here now, across the table from me, just for an hour, so that I could tell you how there's no wall any more; I understand you now, Dad, and God, how I love you and wish I could go back and be your boy again.

I know now how I could make you happy every day. I know how

It took a good many years for this prodigal son—and all sons are in a measure prodigal—to come to himself. I've come. I see it all I know what a rich and priceless

thing, and one least understood, is that mighty love and tenderness and craving to help which a father feels toward his boy. For I have a boy of my own.
And it is he that makes me want to go back to you, get down on my knees to you and ask you to hear, me Dad, and believe me.—From Commerce and Finance.

OUR BOYS AND GIRLS

A LITTLE WEE PUP

You cannot overwork the brain as long as you keep it healthy with Owns me for his lord and his mas-

outdoor exercise whenever possible.
Then it will recuperate of its own account.—Catholic Universe.

ter;
The wealth of affection his puppy heart holds heart holds
Is mine throughout joy or disaster.
He comes at my call let me call

regardless of wind or of

He'd trudge uncomplainingly num-berless miles This little wee pup with his soul in

his eyes Takes patiently all my teasing; He wriggles and wrestles and tumbles and bumps,

row of the dress circle. A crackle Just happy to know he is pleasing. of "Hear, hear!" burst from left to If I should be weary, he lies at my Alert but awaiting my pleasure,

His silky ears listening for word of release When he may be gay without

measure. My little wee pup with his soul in his eyes

How surely he'll guard me from Address danger.
Our compact of friendship perforce

must be mute— Alas that it cannot be spoken! But this I well know-by the little

your eyes, How can I deserve your devotion? How can I live up to the standard

Of friendship and tender devotion? This thing I would whisper within your soft ear-"Forever and aye I'm your debtor!
I've given you bread, but you've
given me loye!

For knowing you I shall be better.' -B. Y. WILLIAMS

OUTDONE BY A BOY A lad in Boston, rather small for his years, works in an office as errand boy for four gentlemen who do business there. One day the gentlemen were chaffing him a little about being so small, and said

"You never will amount to much, you never can do much business, you are too small."

The little fellow looked at them.
"Well," said he, "as small as I
am, I can do something which none
of you four mone and a" of you four men can do."
"Ah, what is that?" said they. "I don't know as I ought to tell on," he replied. But they were

yoù," he replied. But they we anxious to know, and urged him to tell what he could do that none of tell what he could do. "I can keep from swearing!" said the little fellow. There were some blushes on four manly faces, and there seemed to be very little anxiety for further information on the point.

lous it was, compared to that calm, ripe, wholesome wisdom of yours.

Most of all, I want to confess my worst sin against you. It was the feeling that I had that you "did not understand."

When I look back over it now, I know that you did understand. You understood me better than I did myself. Your wisdom flowed around mine like the ocean around an island.

And how patient you were with me! How full of long suffering and kindness.

service with credit."

Ability carries your efforts on of fruition; it is the force behind you that carries you through thick and thin. It is the sustaining power of the world; the fulcrum of business; the wedge of accomplishment; the harbinger of success.

The expressions: "I'll try," "I'll see what I can do," "I'll do my best," are the earmarks of ability. By them you daily display your ability to the world. You are creating a market for your wares, a market in which you will eventually

Ine Liguorian tells this refreshing little anecdote rédolent of the sweet faith of the Isle of Saints:
"A young woman spending the summer at an Irish seaside place, used every evening to pay a visit to the Church, and there she always noticed the bent figure of an old woman, knelling with here even noticed the bent figure of an old noticed the property figure of an old notice fig or two, the visitor always looked out for the woman. The sight of her inspired devotion in her visitor, and gave her, too, a certain feeling of confidence in her own prayers. One evening the two were leaving the church together. The young woman approached the bowed old-figure, and told her that she had noticed her every evening, and offered her her prayerbook, saying:
'You might like to have this, it has
many beautiful prayers.' The old
woman looked at her with a smile woman looked at her with a smile on her kindly face and thanked her but said: 'It would be of no use to me at all, alanna; I never learned to read—even if I had the eyes for that now. I just pray my own prayers. Sure, the Lord knows me well after all these years, and I just talk to Him, and I know He loves to listen."—Catholic Transcript. -Catholic Transcript.

KEEP STRONG AND HEALTHY

It is impossible to feel active and

It is impossible to feel active and energetic when the bowels are clogged from undigested food.

When this condition exists it gives rise to constipation, biliousness, sick headache, a muddy skin, blotches, pimples and other liver marks; there is lack of energy and a more or less tired feeling.

People suffering from these ailments can get speedy relief by taking one or two of Dr. Norvall's Stomach and Tonic Tablets at bedtime, and if necessary, one in the

time, and if necessary, one in the morning.

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They are sold throughout Canada at 25 cents per bottle, and if your dealer does not keep them in stock we will mail them to any part of Canada or Newfoundland for 25 cents a bottle or five bottles for one dollar.

his eyes
Barks fiercely at sight of a stranger,
Then glances protectingly at me to
Take no substitutes and insist
upon getting Dr. Norvall's Stomach
and Tonic Tablets.

The Dr. Norvall Medical Co., Ltd., 168 Hunter Street, Peterborough, Ont.

A SAD CONDITION .

MAYOR OF CHICAGO OPENS WAR ON BOOT-LEGGERS

Chicago's Catholic mayor, William E. Dever, and Catholic chief of police, Morgan Collins, are in the midst of a strenuous campaign against the sale of real beer and liquor in so-called soft drink parors, drug stores and other public

Beer running, in and about Chicago, has resulted recently in a number of revolver battles in the streets between rival operators, in which the safety of law-abiding citizens has been jeopardized. The situation became such that the mayor ordered his chief of police to close up all places handling illicit

drinks. As many as 184 licenses for soft drink saloons were revoked in one day, and in many cases the one o'clock closing rule was put into effect. The loop district, Chicago's downtown section, was particularly

downtown section, was particularly under watch by Capt. Patrick Kellaher, of the Central district, who used 200 policemen in a series of raids on places which were suspected of selling drinks.

The raids and revocations of licenses were limited at first to the bar saloons, which had held over from pre-Volstead days. Later it was extended to drug stores, pool rooms, cigar stores, lunch rooms and ice-cream parlors, where illicit drinks were sold.

wise men, and each one goes back to his busy life uplifted, feeling that there is something better than "gain."

A LETTER TO DAD

I am writing this to you though you have been dead thirty years.
I feel that I must say some things to you, things I didn't know when I was a boy in your home and things I was too stupid to say.

The world is ever anxious for men and women of ability. Men and women who are able to measure up to its standards. It wants you. You possess ability because it is part and parcel of your makeup.
Were it not for ability you would Garfield Boulevard, crowded with

Every Fragrant Cup

GREEN TEA

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automobiles and pedestrians, of two

"It is a terrible, terrible thing. It is a sad condition which ought to command the attention of every law-enforcing agency in the city to the end that their every energy be directed to the cleaning out of these nests of organized outlaws and murderers.

"I am not in total sympathy with the Volstead Act, but I am heartily and unalterably in sympathy with the rigid enforcement of every law tors in the present despicable situation."

automobiles and pedestrians, of two men in an auto, by several men in another auto, imperiling a number of innocent citizens, was set forth as follows:

"It is a torrible torrible thing."

for a moment.

"The best support I am getting in this campaign is from reputable brewers who are opposed to the present kind of beer business, and are desperately opposed to having their names associated with thieves, crooked policemen and beer run-

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MAURICE WILSON

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Why your Back aches

IF you are troubled with agonizing pains in the back—look to your kidneys. Pain in the back is one of the surest signs that these organs are becoming deranged. Unless they are set right, you will have still more serious trouble. have still more serious trouble. Correct the disorder NOW and avoid future suffering.

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